

Section 8A True Team
International Falls - 5/7/2024
Results

Event 101 Girls 4x800 Meter Relay

School	Finals	Points
Finals		
1 Roseau	11:13.46	33
2 West Marshall	11:16.96	30
3 Warroad	11:21.47	27
4 Bagley/Fosston	11:36.59	24
5 International Falls	12:31.52	21
6 Crookston	12:47.10	18
7 Northome/Kelliher/Blackduck	13:54.77	15

Women - Team Rankings - 1 Events Scored

1) Roseau	33	2) West Marshall	30
3) Warroad	27	4) Bagley/Fosston	24
5) International Falls	21	6) Crookston	18
7) Northome/Kelliher/Blackduck	15		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 103 Girls 100 Meter Hurdles

Name	Year	School	Finals	Points
Section 1				
1 Hannah Pederson	12	West Marshall	17.58	22
2 Jillian Bilben	12	International Falls	19.02	19
3 Izabel Marcussen	12	Ada-Borup-West	20.51	15
4 Laraya Lynch	10	Walker-Hacke	20.84	13.50
5 Aubrie lee	10	Roseau	23.86	9
6 Zepora Lilly	10	Warroad	24.05	8
Section 2				
1 Emily Duquette	9	Northome/Kel	18.99	20
2 Ava Hayes	9	Bagley/Fosston	19.39	17
3 Keira Hesseldahl	12	International Falls	20.15	16
4 Katie Seaver	9	Crookston	21.73	12
5 Ruby Easthouse	10	Roseau	26.99	7
-- Kyra Hovde	8	Warroad	DQ	
Section 3				
1 Nora Osowski	11	West Marshall	18.72	21
2 Kaelan Rockensock	11	Northome/Kel	19.33	18
3 Aurbrey Bartrum	9	Crookston	20.84	13.50
4 Brielle Duppong	8	Bagley/Fosston	22.55	11
5 Sora Bauerly	9	Walker-Hacke	23.37	10

Event 103 Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points
Finals					
1 Hannah Pederson	12	West Marshall	17.58	1	22
2 Nora Osowski	11	West Marshall	18.72	3	21
3 Emily Duquette	9	Northome/Kel	18.99	2	20
4 Jillian Bilben	12	International Falls	19.02	1	19
5 Kaelan Rockensock	11	Northome/Kel	19.33	3	18
6 Ava Hayes	9	Bagley/Fosston	19.39	2	17
7 Keira Hesseldahl	12	International Falls	20.15	2	16
8 Izabel Marcussen	12	Ada-Borup-West	20.51	1	15
9 Laraya Lynch	10	Walker-Hacke	20.84	1	13.50
9 Aurbrey Bartrum	9	Crookston	20.84	3	13.50
11 Katie Seaver	9	Crookston	21.73	2	12
12 Brielle Duppong	8	Bagley/Fosston	22.55	3	11
13 Sora Bauerly	9	Walker-Hacke	23.37	3	10
14 Aubrie lee	10	Roseau	23.86	1	9
15 Zepora Lilly	10	Warroad	24.05	1	8
16 Ruby Easthouse	10	Roseau	26.99	2	7
-- Kyra Hovde	8	Warroad	DQ	2	

Women - Team Rankings - 2 Events Scored

1) West Marshall	73	2) International Falls	56
3) Northome/Kelliher/Blackduc	53	4) Bagley/Fosston	52
5) Roseau	49	6) Crookston	43.50
7) Warroad	35	8) Walker-Hackensack-Akeley	23.50
9) Ada-Borup-West	15		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 105 Girls 100 Meter Dash

Name	Year	School	Finals	Points
Section 1				
1 Kenley Marquis	8	West Marshall	13.70	21
2 Ashlyn Bailey	10	Crookston	13.71	20
3 Lily Rosson	9	Northome/Kel	14.03	17
4 Mary Versteeg	10	International Falls	14.17	16
5 Kiera Hagen	9	Roseau	14.42	15
6 Danika Gustafson	11	Warroad	15.90	6
Section 2				
1 Ava Phrakonkham	11	Bagley/Fosston	12.64	22
2 Claire Klinkhammer	9	Bagley/Fosston	13.79	19
3 Claire Zika	7	International Falls	14.71	14
4 Gabriella Olson	10	Roseau	14.75	13
5 Macie Cavett	12	Ada-Borup-West	15.01	10
6 Annika Idstrom	12	Walker-Hacke	15.21	8
Section 3				
1 Markelle Pederson	10	West Marshall	13.82	18
2 Taylor Henry	9	Northome/Kel	14.86	11.50
2 Addi Olafson	11	Warroad	14.86	11.50
4 Aubrie Trautner	9	Ada-Borup-West	15.10	9
5 Calleigh Fanfulik	12	Crookston	15.54	7
6 Ella Hopén	11	Walker-Hacke	17.49	5

Event 105 Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Ava Phrakonkham	11	Bagley/Fosston	12.64	2	22
2 Kenley Marquis	8	West Marshall	13.70	1	21
3 Ashlyn Bailey	10	Crookston	13.71	1	20
4 Claire Klinkhammer	9	Bagley/Fosston	13.79	2	19
5 Markelle Pederson	10	West Marshall	13.82	3	18
6 Lily Rosson	9	Northome/Kel	14.03	1	17
7 Mary Versteeg	10	International Falls	14.17	1	16
8 Kiera Hagen	9	Roseau	14.42	1	15
9 Claire Zika	7	International Falls	14.71	2	14
10 Gabriella Olson	10	Roseau	14.75	2	13
11 Addi Olafson	11	Warroad	14.86	3	11.50
11 Taylor Henry	9	Northome/Kel	14.86	3	11.50
13 Macie Cavett	12	Ada-Borup-West	15.01	2	10
14 Aubrie Trautner	9	Ada-Borup-West	15.10	3	9
15 Annika Idstrom	12	Walker-Hacke	15.21	2	8
16 Calleigh Fanfulik	12	Crookston	15.54	3	7
17 Danika Gustafson	11	Warroad	15.90	1	6
18 Ella Hopén	11	Walker-Hacke	17.49	3	5

Women - Team Rankings - 3 Events Scored

1) West Marshall	112	2) Bagley/Fosston	95
3) International Falls	86	4) Northome/Kelliher/Blackdu	81.50
5) Roseau	77	6) Crookston	70.50
7) Warroad	52.50	8) Walker-Hackensack-Akeley	36.50
9) Ada-Borup-West	34		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 107 Girls 4x200 Meter Relay

School	Finals	Points
Section 1		
1 West Marshall	1:54.27	33
2 Bagley/Fosston	1:56.44	30
3 Ada-Borup-West	1:56.77	27
4 International Falls	1:58.48	24
5 Roseau	2:03.21	12
Section 2		
1 Crookston	1:58.68	21
2 Northome/Kelliher/Blackduck	1:58.72	18
3 Warroad	2:02.92	15
4 Walker-Hackensack-Akeley	2:13.86	9

Event 107 Girls 4x200 Meter Relay

School	Finals	H#	Points
Finals			
1 West Marshall	1:54.27	1	33
2 Bagley/Fosston	1:56.44	1	30
3 Ada-Borup-West	1:56.77	1	27
4 International Falls	1:58.48	1	24
5 Crookston	1:58.68	2	21
6 Northome/Kelliher/Blackduck	1:58.72	2	18
7 Warroad	2:02.92	2	15
8 Roseau	2:03.21	1	12
9 Walker-Hackensack-Akeley	2:13.86	2	9

Women - Team Rankings - 4 Events Scored

1) West Marshall	145	2) Bagley/Fosston	123
3) International Falls	110	4) Northome/Kelliher/Blackdu	99.50
5) Crookston	91.50	6) Roseau	89
7) Warroad	67.50	8) Ada-Borup-West	61
9) Walker-Hackensack-Akeley	45.50		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 109 Girls 1600 Meter Run

Name	Year	School	Finals	Points
Finals				
1 Annie Peterson	10	West Marshall	5:59.87	22
2 Jorie Miska	10	West Marshall	6:10.90	21
3 Allison Lundin	10	Northome/Kel	6:14.52	20
4 Marrison Mills	11	Northome/Kelliher/Black	6:15.13	19
5 Jenna Goulet	10	Warroad	6:15.54	18
6 Caroline Marvin	11	Warroad	6:26.59	17
7 Lola Hall	8	International Falls	6:27.46	16
8 Ashlynn Omdahl	10	Roseau	6:39.41	15
9 Heidi Steinbrenner	9	Bagley/Fosston	6:39.81	14
10 Marissa Lilliquist	11	Walker-Hacke	6:51.65	13
11 Katelyn Christensen	12	Crookston	6:56.36	12
12 Grace Weisz	7	International Falls	7:00.82	11
13 Lillian Nelson	9	Bagley/Fosston	7:13.24	10
14 Maddie Barbott	11	Crookston	7:13.96	9
15 Paige Larsen	10	Roseau	7:21.64	8

Women - Team Rankings - 6 Events Scored

1) West Marshall	230	2) Bagley/Fosston	171.50
3) International Falls	167	4) Northome/Kelliher/Blackdu	155.50
5) Crookston	146	6) Roseau	128
7) Warroad	127.50	8) Ada-Borup-West	96
9) Walker-Hackensack-Akeley	73.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 111 Girls 4x100 Meter Relay

School	Finals	Points
Section 1		
1 West Marshall	54.10	30
2 International Falls	55.01	27
3 Roseau	56.20	24
4 Ada-Borup-West	58.63	18
5 Northome/Kelliher/Blackduck	59.77	12
Section 2		
1 Bagley/Fosston	51.55	33
2 Warroad	58.26	21
3 Walker-Hackensack-Akeley	59.44	15
4 Crockston	1:02.11	9

Event 111 Girls 4x100 Meter Relay

School	Finals	#	Points
Finals			
1 Bagley/Fosston	51.55	2	33
2 West Marshall	54.10	1	30
3 International Falls	55.01	1	27
4 Roseau	56.20	1	24
5 Warroad	58.26	2	21
6 Ada-Borup-West	58.63	1	18
7 Walker-Hackensack-Akeley	59.44	2	15
8 Northome/Kelliher/Blackduck	59.77	1	12
9 Crockston	1:02.11	2	9

Women - Team Rankings - 8 Events Scored

1) West Marshall	292	2) Bagley/Fosston	239.50
3) International Falls	221	4) Northome/Kelliher/Blackdu	196
5) Crockston	178.50	6) Roseau	176
7) Warroad	162.50	8) Ada-Borup-West	149
9) Walker-Hackensack-Akeley	112.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 113 Girls 400 Meter Dash

Name	Year	School	Finals	Points
Section 1				
1 Isabella Warmbold	12	Bagley/Fosston	1:05.26	22
2 Jenna Thompson	9	Ada-Borup-West	1:06.75	20
3 Anna Ulvin	10	Roseau	1:08.14	19
4 Brooklyn Waldal	9	Crookston	1:08.82	17
5 Marrisona Mills	11	Northome/Kel	1:12.71	12
6 Kylea Ludwig	9	Walker-Hacke	1:14.69	10
Section 2				
1 Annika Adolphson	8	West Marshall	1:06.12	21
2 Hatty Quam	8	Bagley/Fosston	1:09.66	16
3 Julia Dykstra	10	International Falls	1:10.31	15
4 Audrey Hayden	7	Roseau	1:10.79	14
5 Madelynn Arnesen	9	Warroad	1:14.63	11
Section 3				
1 Naomi Davey	7	West Marshall	1:08.25	18
2 Brooklyn Hanson	10	Walker-Hacke	1:12.16	13
3 Angela Leach	9	Northome/Kel	1:15.24	9
4 Quianna Ford	12	International Falls	1:16.84	8
5 Elin Rolli	7	Warroad	1:17.06	7
6 Nora Groven	8	Crookston	1:17.49	6

Event 113 Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Isabella Warmbold	12	Bagley/Fosston	1:05.26	1	22
2 Annika Adolphson	8	West Marshall	1:06.12	2	21
3 Jenna Thompson	9	Ada-Borup-West	1:06.75	1	20
4 Anna Ulvin	10	Roseau	1:08.14	1	19
5 Naomi Davey	7	West Marshall	1:08.25	3	18
6 Brooklyn Waldal	9	Crookston	1:08.82	1	17
7 Hatty Quam	8	Bagley/Fosston	1:09.66	2	16
8 Julia Dykstra	10	International Falls	1:10.31	2	15
9 Audrey Hayden	7	Roseau	1:10.79	2	14
10 Brooklyn Hanson	10	Walker-Hacke	1:12.16	3	13
11 Marrisona Mills	11	Northome/Kel	1:12.71	1	12
12 Madelynn Arnesen	9	Warroad	1:14.63	2	11
13 Kylea Ludwig	9	Walker-Hacke	1:14.69	1	10
14 Angela Leach	9	Northome/Kel	1:15.24	3	9
15 Quianna Ford	12	International Falls	1:16.84	3	8
16 Elin Rolli	7	Warroad	1:17.06	3	7
17 Nora Groven	8	Crookston	1:17.49	3	6

Girls
Womens - Team Rankings - 9 Events Scored

1) West Marshall	331	2) Bagley/Fosston	277
3) International Falls	244	4) Northome/Kelliher/Blackdu	217
5) Roseau	209	6) Crookston	202
7) Warroad	180.50	8) Ada-Borup-West	169
9) Walker-Hackensack-Akeley	135.50		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 115 Girls 300 Meter Hurdles

Name	Year	School	Finals	Points
Section 1				
1 Hannah Pederson	12	West Marshall	47.47	22
2 Abbigail Hutchinson	12	International Falls	49.15	21
3 Faith Lilly	12	Warroad	51.14	20
4 Ava Hayes	9	Bagley/Fosston	54.49	18
5 Annika Idstrom	12	Walker-Hacke	57.26	15
6 Aurbrey Bartrum	9	Crookston	59.07	13
Section 2				
1 Nora Osowski	11	West Marshall	53.03	19
2 Ila Hemstad	7	International Falls	55.65	17
3 Emily Duquette	9	Northome/Kel	56.79	16
4 Izabel Marcussen	12	Ada-Borup-West	1:02.29	12
5 Laraya Lynch	10	Walker-Hacke	1:02.58	11
6 Reese Novacek	9	Roseau	1:05.00	8
Section 3				
1 Kaelan Rockensock	11	Northome/Kel	58.14	14
2 Gretchen Anderson	9	Bagley/Fosston	1:03.68	10
3 Jenna Goulet	10	Warroad	1:04.03	9
4 Teagan Fanfulik	9	Crookston	1:07.20	7
5 Aubrie lee	10	Roseau	1:07.23	6

Event 115 Girls 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
Finals					
1 Hannah Pederson	12	West Marshall	47.47	1	22
2 Abbigail Hutchinson	12	International Falls	49.15	1	21
3 Faith Lilly	12	Warroad	51.14	1	20
4 Nora Osowski	11	West Marshall	53.03	2	19
5 Ava Hayes	9	Bagley/Fosston	54.49	1	18
6 Ila Hemstad	7	International Falls	55.65	2	17
7 Emily Duquette	9	Northome/Kel	56.79	2	16
8 Annika Idstrom	12	Walker-Hacke	57.26	1	15
9 Kaelan Rockensock	11	Northome/Kel	58.14	3	14
10 Aurbrey Bartrum	9	Crookston	59.07	1	13
11 Izabel Marcussen	12	Ada-Borup-West	1:02.29	2	12
12 Laraya Lynch	10	Walker-Hacke	1:02.58	2	11
13 Gretchen Anderson	9	Bagley/Fosston	1:03.68	3	10
14 Jenna Goulet	10	Warroad	1:04.03	3	9
15 Reese Novacek	9	Roseau	1:05.00	2	8
16 Teagan Fanfulik	9	Crookston	1:07.20	3	7
17 Aubrie lee	10	Roseau	1:07.23	3	6

Women - Team Rankings - 10 Events Scored

1) West Marshall	372	2) Bagley/Fosston	305
3) International Falls	282	4) Northome/Kelliher/Blackdu	247.50
5) Roseau	223	6) Crookston	221.50
7) Warroad	209.50	8) Ada-Borup-West	181
9) Walker-Hackensack-Akeley	161.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 117 Girls 800 Meter Run

Name	Year	School	Finals	Points
Section 1				
1 Abbigail Hutchinson	12	International Falls	2:30.48	22
2 Sarah Prodzinski	12	Ada-Borup-West	2:32.95	21
3 Hannah Fonder	7	Bagley/Fosston	2:34.35	20
4 Ayla Woinarowicz	9	West Marshall	2:37.56	19
5 Allison Lundin	10	Northome/Kel	2:51.69	18
6 Adley Goulet	8	Warroad	2:53.30	17
7 Marissa Liliquist	11	Walker-Hacke	3:01.18	13
8 Ashlynn Omdahl	10	Roseau	3:03.70	9
Section 2				
1 Brianne Myers	7	Ada-Borup-West	2:54.18	16
2 Taylin Rogus	7	West Marshall	2:57.87	15
3 Ellie Kooistra	9	International Falls	2:59.30	14
4 Molly Heide	7	Bagley/Fosston	3:01.60	12
5 Katy Comstock	11	Warroad	3:02.18	11
6 Elina Gerasimova	11	Roseau	3:03.32	10
7 Sora Bauerly	9	Walker-Hacke	3:07.41	8
8 Kyra Butcher	10	Northome/Kel	3:09.37	7
9 Lyla Oman	7	Crookston	3:20.06	6

Event 117 Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
Finals					
1 Abbigail Hutchinson	12	International Falls	2:30.48	1	22
2 Sarah Prodzinski	12	Ada-Borup-West	2:32.95	1	21
3 Hannah Fonder	7	Bagley/Fosston	2:34.35	1	20
4 Ayla Woinarowicz	9	West Marshall	2:37.56	1	19
5 Allison Lundin	10	Northome/Kel	2:51.69	1	18
6 Adley Goulet	8	Warroad	2:53.30	1	17
7 Brianne Myers	7	Ada-Borup-West	2:54.18	2	16
8 Taylin Rogus	7	West Marshall	2:57.87	2	15
9 Ellie Kooistra	9	International Falls	2:59.30	2	14
10 Marissa Liliquist	11	Walker-Hacke	3:01.18	1	13
11 Molly Heide	7	Bagley/Fosston	3:01.60	2	12
12 Katy Comstock	11	Warroad	3:02.18	2	11
13 Elina Gerasimova	11	Roseau	3:03.32	2	10
14 Ashlynn Omdahl	10	Roseau	3:03.70	1	9
15 Sora Bauerly	9	Walker-Hacke	3:07.41	2	8
16 Kyra Butcher	10	Northome/Kel	3:09.37	2	7
17 Lyla Oman	7	Crookston	3:20.06	2	6

Women - Team Rankings - 11 Events Scored

1) West Marshall	406	2) Bagley/Fosston	337
3) International Falls	318	4) Northome/Kelliher/Blackdu	272.50
5) Roseau	242	6) Warroad	237.50
7) Crookston	227.50	8) Ada-Borup-West	218
9) Walker-Hackensack-Akeley	182.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 119 Girls 200 Meter Dash

Name	Year	School	Finals	Points
Section 1				
1 Ava Phrakonkham	11	Bagley/Fosston	26.18	22
2 Ashlyn Bailey	10	Crookston	29.35	20
3 Lily Rosson	9	Northome/Kel	30.17	15.50
4 Ilaina Fish	10	Warroad	30.62	14
5 Julia Miller	11	Ada-Borup-West	31.01	13
6 Greta Hedlund	9	Roseau	31.77	11
Section 2				
1 Hannah Pederson	12	West Marshall	28.06	21
2 Chloe Boll	10	Crookston	30.08	17
3 Kia Dodd	8	Northome/Kel	30.17	15.50
4 Tatum Preteau	9	Roseau	31.74	12
5 Taylor Burns	10	International Falls	32.10	9
6 Annika Idstrom	12	Walker-Hacke	32.16	8
Section 3				
1 Claire Klinkhammer	9	Bagley/Fosston	29.88	19
2 Annika Adolphson	8	West Marshall	29.91	18
3 Ila Hemstad	7	International Falls	31.81	10
4 Macie Cavett	12	Ada-Borup-West	32.89	7
5 Zepora Lilly	10	Warroad	35.17	6
6 Ella Hopfen	11	Walker-Hacke	39.39	5

Event 119 Girls 200 Meter Dash

Name	Year	School	Finals	#	Points
Finals					
1 Ava Phrakonkham	11	Bagley/Fosston	26.18	1	22
2 Hannah Pederson	12	West Marshall	28.06	2	21
3 Ashlyn Bailey	10	Crookston	29.35	1	20
4 Claire Klinkhammer	9	Bagley/Fosston	29.88	3	19
5 Annika Adolphson	8	West Marshall	29.91	3	18
6 Chloe Boll	10	Crookston	30.08	2	17
7 Kia Dodd	8	Northome/Kel	30.17	2	15.50
7 Lily Rosson	9	Northome/Kel	30.17	1	15.50
9 Ilaina Fish	10	Warroad	30.62	1	14
10 Julia Miller	11	Ada-Borup-West	31.01	1	13
11 Tatum Preteau	9	Roseau	31.74	2	12
12 Greta Hedlund	9	Roseau	31.77	1	11
13 Ila Hemstad	7	International Falls	31.81	3	10
14 Taylor Burns	10	International Falls	32.10	2	9
15 Annika Idstrom	12	Walker-Hacke	32.16	2	8
16 Macie Cavett	12	Ada-Borup-West	32.89	3	7
17 Zepora Lilly	10	Warroad	35.17	3	6
18 Ella Hopfen	11	Walker-Hacke	39.39	3	5

Women - Team Rankings - 12 Events Scored

1) West Marshall	445	2) Bagley/Fosston	378
3) International Falls	337	4) Northome/Kelliher/Blackdu	303.50
5) Roseau	265	6) Crookston	264.50
7) Warroad	257.50	8) Ada-Borup-West	238
9) Walker-Hackensack-Akeley	195.50		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 121 Girls 3200 Meter Run

Name	Year School	Finals	Points
Finals			
1 Lauren Olson	7 Roseau	13:01.02	22
2 Annie Peterson	10 West Marshall	13:18.31	21
3 Jorie Miska	10 West Marshall	13:20.06	20
4 Lola Hall	8 International Falls	13:53.91	19
5 Madison Wegand	12 Warroad	14:38.53	18
6 Grace Weisz	7 International Falls	14:41.59	17
7 Heidi Steinbrenner	9 Bagley/Fosston	14:47.26	16
8 Avri Goulet	11 Warroad	15:03.37	15
9 Lillian Jauquet	11 Roseau	15:51.29	14
10 Maddie Harbott	11 Crookston	16:34.86	13
11 Alivia Heller	9 Bagley/Fosston	17:06.95	12
12 Brooklyn Waller	8 Northome/Kel	17:55.02	11
13 Josee Lindley	10 Northome/Kel	18:32.10	10

Women - Team Rankings - 15 Events Scored

1) West Marshall	565	2) Bagley/Fosston	466
3) International Falls	432	4) Northome/Kelliher/Blackdu	380.50
5) Warroad	348	6) Roseau	330
7) Crookston	325.50	8) Ada-Borup-West	287.50
9) Walker-Hackensack-Akeley	225.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 123 Girls 4x400 Meter Relay

School	Finals	Points
Section 1		
1 International Falls	4:32.06	33
2 West Marshall	4:34.82	30
3 Bagley/Fosston	4:36.11	27
4 Northome/Kelliher/Blackduck	4:51.91	21
5 Warroad	4:58.19	18
Section 2		
1 Roseau	4:43.23	24
2 Crookston	5:05.88	15
3 Walker-Hackensack-Akeley	5:20.34	12
-- Ada-Borup-West	DQ	

Event 123 Girls 4x400 Meter Relay

School	Finals	H#	Points
Finals			
1 International Falls	4:32.06	1	33
2 West Marshall	4:34.82	1	30
3 Bagley/Fosston	4:36.11	1	27
4 Roseau	4:43.23	2	24
5 Northome/Kelliher/Blackduck	4:51.91	1	21
6 Warroad	4:58.19	1	18
7 Crookston	5:05.88	2	15
8 Walker-Hackensack-Akeley	5:20.34	2	12
-- Ada-Borup-West	DQ	2	

Women - Team Rankings - 17 Events Scored

1) West Marshall	636	2) Bagley/Fosston	530
3) International Falls	499	4) Northome/Kelliher/Blackdu	427.50
5) Warroad	385	6) Roseau	380
7) Crookston	358.50	8) Ada-Borup-West	303.50
9) Walker-Hackensack-Akeley	237.50		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 129 Girls High Jump

Name	Year	School	Finals	Points
Finals <i>Frankonkam</i>				
1 Ava Phrakonkam	11	Bagley/Fosston	<i>Height</i> 5-00.00	22
2 Markelle Pederson	10	West Marshall	4-10.00	21
3 Faith Lilly	12	Warroad	4-10.00	20
4 Nora Osowski	11	West Marshall	4-08.00	19
5 Charli Hallstrom	10	Northome/Kelliher/Blackduck	4-08.00	18
6 Hatty Quam	8	Bagley/Fosston	4-04.00	17
7 Julia Miller	11	Ada-Borup-West	4-04.00	16
8 Piper Tomczak	11	International Falls	4-02.00	15
9 Grace Boll	8	Crookston	4-02.00	14
10 Keira Hesseldahl	12	International Falls	4-02.00	13
11 Laraya Lynch	10	Walker-Hacke	4-00.00	11
11 Casey Kendrick	11	Roseau	4-00.00	11
11 Kaelan Rockensock	11	Northome/Kel	4-00.00	11
14 Makenna Ness	8	Ada-Borup-West	4-00.00	8.50
14 Zepora Lilly	10	Warroad	4-00.00	8.50
-- Chloe Boll	10	Crookston	NH	
-- Emma Olson	8	Roseau	NH	
-- Makenna Marlett	10	Walker-Hacke	NH	

Women - Team Rankings - 13 Events Scored

1) West Marshall	485	2) Bagley/Fosston	417
3) International Falls	365	4) Northome/Kelliher/Blackdu	332.50
5) Warroad	286	6) Crookston	278.50
7) Roseau	276	8) Ada-Borup-West	262.50
9) Walker-Hackensack-Akeley	206.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 125 Girls Long Jump

Name	Year	School	Finals	Points
Finals				
1 Julia Miller	11	Ada-Borup-West	15-03.25	22
2 Sienna Friesen	12	Bagley/Fosston	15-01.50	21
3 Eva Langen	11	West Marshall	14-02.50	20
4 Kia Dodd	8	Northome/Kel	14-00.50	19
5 Ashlyn Bailey	10	Crookston	14-00.50	18
6 Annika Idstrom	12	Walker-Hacke	13-11.00	17
7 Julia Dykstra	10	International Falls	13-08.50	16
8 Lilliana Gordon	11	Roseau	13-06.75	15
9 Teagan Duppong	11	Bagley/Fosston	13-06.50	14
10 Brianna Myers	7	Ada-Borup-West	13-02.25	13
11 Kenley Marquis	8	West Marshall	13-01.00	12
12 Claire Zika	7	International Falls	12-09.00	11
13 Taylor Henry	9	Northome/Kel	12-08.75	10
14 Gabriella Olson	10	Roseau	12-06.00	9
15 Danika Gustafson	11	Warroad	12-00.25	8
16 Brooklyn Hanson	10	Walker-Hacke	11-05.00	7
17 Kathrine Brekke	9	Warroad	10-11.25	6
18 Kristine Bernd	12	Crookston	10-02.25	5

Women - Team Rankings - 9 Events Scored

1) West Marshall	331	2) Bagley/Fosston	277
3) International Falls	244	4) Northome/Kelliher/Blackdu	217.50
5) Roseau	209	6) Crookston	201.50
7) Warroad	180.50	8) Ada-Borup-West	169
9) Walker-Hackensack-Akeley	135.50		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 127 Girls Triple Jump

Name	Year	School	Finals	Points
Finals				
1 Hannah Pederson	12	West Marshall	33-10.50	22
2 Abbigail Hutchinson	12	International Falls	30-11.25	21
3 Isabella Warmbold	12	Bagley/Fosston	30-10.25	20
4 Reagan Mortimer	11	West Marshall	30-08.75	19
5 Grace Boll	8	Crookston	30-06.50	18
6 Teagan Duppong	11	Bagley/Fosston	29-10.25	17
7 Jenna Thompson	9	Ada-Borup-West	29-05.50	16
8 Liliana Gordon	11	Roseau	28-11.50	15
9 Kaelan Rockensock	11	Northome/Kel	28-06.25	14
10 Claire Zika	7	International Falls	26-11.00	13
11 Charli Hallstrom	10	Northome/Kel	26-09.25	12
12 Casey Kendrick	11	Roseau	25-09.00	11
13 Zepora Lilly	10	Warroad	23-06.00	10
14 Madilyn Skogman	12	Warroad	22-08.75	9

Women - Team Rankings - 16 Events Scored

1) West Marshall	606	2) Bagley/Fosston	503
3) International Falls	466	4) Northome/Kelliher/Blackdu	406.50
5) Warroad	367	6) Roseau	356
7) Crookston	343.50	8) Ada-Borup-West	303.50
9) Walker-Hackensack-Akeley	225.50		

Section 8A True Team
International Falls - 5/7/2024
Results

Event 135 Girls Discus Throw

Name	Year	School	Finals	Points
Flight 1				
1 Sarah Prodzinski	12	Ada-Borup-West	89-09	21
2 Erin Michalski	12	West Marshall	85-10	20
3 Halle Winjum	12	Crookston	79-10	18
4 Danika Gustafson	11	Warroad	70-09	12
5 Lauren Basaraba	10	International Falls	69-09	11
6 Ava Mast	8	Roseau	63-03	10
7 Allison Lundin	10	Northome/Kel	61-07	9
8 Kensey LaCroix	12	Bagley/Fosston	59-03	7
Flight 2				
1 Emily Marquis	10	West Marshall	98-00	22
2 Jillian Bilben	12	International Falls	82-03	19
3 Norah Marquis	9	Bagley/Fosston	79-10	17
4 Kamryn Proulx	10	Crookston	77-07	16
5 Adyson Kurtz	11	Walker-Hacke	76-00	15
6 Izabel Marcussen	12	Ada-Borup-West	75-02	14
7 Ilaina Fish	10	Warroad	74-04	13
8 Joy Adegun	11	Northome/Kel	61-05	8
9 Ruby Osweiler	10	Roseau	56-04	6

Event 135 Girls Discus Throw

Name	Year	School	Finals	Points
Finals				
1 Emily Marquis	10	West Marshall	98-00	22
2 Sarah Prodzinski	12	Ada-Borup-West	89-09	21
3 Erin Michalski	12	West Marshall	85-10	20
4 Jillian Bilben	12	International Falls	82-03	19
5 Halle Winjum	12	Crookston	79-10	18
6 Norah Marquis	9	Bagley/Fosston	79-10	17
7 Kamryn Proulx	10	Crookston	77-07	16
8 Adyson Kurtz	11	Walker-Hacke	76-00	15
9 Izabel Marcussen	12	Ada-Borup-West	75-02	14
10 Ilaina Fish	10	Warroad	74-04	13
11 Danika Gustafson	11	Warroad	70-09	12
12 Lauren Basaraba	10	International Falls	69-09	11
13 Ava Mast	8	Roseau	63-03	10
14 Allison Lundin	10	Northome/Kel	61-07	9
15 Joy Adegun	11	Northome/Kel	61-05	8
16 Kensey LaCroix	12	Bagley/Fosston	59-03	7
17 Ruby Osweiler	10	Roseau	56-04	6

Women - Team Rankings - 8 Events Scored

1) West Marshall	292	2) Bagley/Fosston	239
3) International Falls	221	4) Northome/Kelliher/Blackdu	196
5) Crookston	179	6) Roseau	176
7) Warroad	162.50	8) Ada-Borup-West	149
9) Walker-Hackensack-Akeley	112.50		

**Section 8A True Team
International Falls - 5/7/2024
Results**

Event 133 Girls Shot Put

Name	Year School	Finals	Points
Flight 1			
1 Faith Lilly	12 Warroad	30-09.00	21
2 Marissa Haugen	12 Crookston	29-00.00	19
3 Lauren Basaraba	10 International Falls	28-02.50	18
4 Ava Oberg	11 West Marshall	28-00.00	17
5 Beth Mertz	8 Ada-Borup-West	24-03.00	11
6 Adyson Kurtz	11 Walker-Hacke	23-08.00	9
7 Rhynn Schackman	7 Northome/Kel	22-00.00	7
8 Ruby Osweiler	10 Roseau	20-00.00	6
9 Kensey LaCroix	12 Bagley/Fosston	19-10.50	5
Flight 2			
1 Emily Marquis	10 West Marshall	30-09.00	22
2 Joy Adegun	11 Northome/Kel	29-03.00	20
3 Norah Marquis	9 Bagley/Fosston	27-06.00	16
4 Kamryn Proulx	10 Crookston	25-04.50	15
5 Izabel Marcussen	12 Ada-Borup-West	25-02.50	14
6 Jillian Bilben	12 International Falls	24-09.50	13
7 Ava Mast	8 Roseau	24-05.00	12
8 Tarike Daudt	10 Walker-Hacke	24-00.00	10
9 Madilyn Skogman	12 Warroad	22-03.00	8

Event 133 Girls Shot Put

Name	Year School	Finals	Points
Finals			
1 Emily Marquis	10 West Marshall	30-09.00	22
2 Faith Lilly	12 Warroad	30-09.00	21
3 Joy Adegun	11 Northome/Kel	29-03.00	20
4 Marissa Haugen	12 Crookston	29-00.00	19
5 Lauren Basaraba	10 International Falls	28-02.50	18
6 Ava Oberg	11 West Marshall	28-00.00	17
7 Norah Marquis	9 Bagley/Fosston	27-06.00	16
8 Kamryn Proulx	10 Crookston	25-04.50	15
9 Izabel Marcussen	12 Ada-Borup-West	25-02.50	14
10 Jillian Bilben	12 International Falls	24-09.50	13
11 Ava Mast	8 Roseau	24-05.00	12
12 Beth Mertz	8 Ada-Borup-West	24-03.00	11
13 Tarike Daudt	10 Walker-Hacke	24-00.00	10
14 Adyson Kurtz	11 Walker-Hacke	23-08.00	9
15 Madilyn Skogman	12 Warroad	22-03.00	8
16 Rhynn Schackman	7 Northome/Kel	22-00.00	7
17 Ruby Osweiler	10 Roseau	20-00.00	6
18 Kensey LaCroix	12 Bagley/Fosston	19-10.50	5

Women - Team Rankings - 14 Events Scored

1) West Marshall	524	2) Bagley/Fosston	438
3) International Falls	396	4) Northome/Kelliher/Blackdu	359.50
5) Warroad	315	6) Crookston	312.50
7) Roseau	294	8) Ada-Borup-West	287.50
9) Walker-Hackensack-Akeley	225.50		