

R&J BROADCASTING INC.

WINTER SPORTS

2025-26 GUIDE



- Ada Borup-West
- Bagley
- Bagley-Fosston
- BGMR
- Carrington
- Central Cass
- Climax Fisher
- Clearbrook-Gonvick
- Dilworth-Glyndon-Felton
- Fertile-Beltrami
- Fosston
- Goodridge-Grygla
- Hawley
- Hillsboro Central Valley
- Kindred
- Kittson County Central
- Lake Park Audubon
- Lake of the Woods
- Lisbon
- Mahanomen-Waubun
- Maple River
- MayPort-CG
- Norman County
- East-Ulen Hitterdal
- Northern Cass
- Park Christian
- Red Lake County Central
- Red Lake County
- Red Lake Falls
- Roseau
- Sacred Heart
- Stephen-Argyle
- Thief River Falls
- Thompson
- Warroad
- Win-E-Mac

KRJB 106.5 • KRJM 101.5 • KKCQFM 96.7 • KKCQ AM • 1480 & 99.7 FM

rjrbroadcasting.com

KRJB

106.5 FM Ada

KRJM

101.5 FM Mahanomen

KKCQ96.7 FM-1480 AM-99.7FM
Bagley-Fosston

LETTER TO THE READER

We've reached the Winter Sports Seasons and we welcome it with open arms! After a successful run in the fall sports for our region, we look ahead to winter sports on the ice, mat and court. R&J Sports will be there, bringing the action to you on radio, on live stream video and via our website www.rjbroadcasting.com. You may be familiar with KRJB 106.5FM, KRJM 101.5FM, KKCQ 96.7FM, KKCQ 1480AM/99.7FM and our video streaming platform with partnership with Halstad Telephone Company, Yourliveevent.com. We welcome along new signals into our family, R&J Broadcasting Inc, KKWQ 92.5FM Warroad and KRWB 1410AM/102.9FM Roseau. We look forward to more opportunities to share great programming and local sports coverage this winter. We have broadcast schedules throughout the guide as well to help share our programming, including the specific broadcast opportunities with yourliveevent.com and we hope you'll continue to enjoy our coverage, and support our sponsors with your patronage. We always ask you thank our sponsors with your patronage, at the very least, tell them thank you, for helping make our coverage possible.



Our footprint continues to be Eastern North Dakota and Northwest Minnesota, and we look forward to keeping you entertained and informed this winter sports season. Thanks for looking into this winter sports guide, and thank you for adapting to the digital version as well. More to come, thanks for listening and watching and reading!

Kevin Kochmann, R&J Broadcasting Inc.

www.rjbroadcasting.com | www.yourliveevent.com

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TO SELECT GAMES FEATURING AREA TEAMS

Ada-Borup-West, Climax Fisher, Mahanomen/Waubun, Warroad, Central Cass, Northern Cass, Hillsboro Central Valley, Thompson, Maple River, Kindred, Lisbon and Sargent County

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PROPOSED BROADCAST SCHEDULE

WINTER 2025-26 SCHEDULE

FRIDAY, NOVEMBER 21

GIRLS BASKETBALL

Red Lake County vs Mahnomen-Waubun – KRJM & YLE
Clearbrook-Gonvick vs Win-E-Mac – KKCQ-AM

BOYS HOCKEY

Park Rapids vs Bagley/Fosston – KKCQ-FM

TUESDAY, NOVEMBER 25

GIRLS BASKETBALL

Ada-Borup-West vs Sacred Heart – KRJB
Mahnomen-Waubun vs Clearbrook-Gonvick – KRJM
Fosston vs Northern Freeze – KKCQ-FM
Kittson County Central vs Climax-Fisher (5 JV, 6:30 Varsity)
*GAME IN CLIMAX)

BOYS WRESTLING

Hillsboro/Central Valley Triangular with Lisbon & Grand Forks
Central – YLE

BOYS HOCKEY

May-Port CG vs Grafton-Park River – YLE

MONDAY, DECEMBER 1

BOYS BASKETBALL

Bagley vs Fosston – KKCQ-FM

GIRLS BASKETBALL

Goodridge/Grygla vs Win-E-Mac – KKCQ-AM

TUESDAY, DECEMBER 2

BASKETBALL DOUBLEHEADER

Ada-Borup-West vs Park Christian – KRJB & YLE
Sacred Heart vs Mahnomen-Waubun – KRJM & YLE

GIRLS BASKETBALL

Bagley vs Fosston – KKCQ-AM
Climax-Fisher vs Hillsboro/Central Valley (5:30 JV, 7 Varsity)
*GAME IN CV) – YLE
Lisbon vs Northern Cass (6 JV, 7:30 Varsity) – YLE
Medina-Pingree/Buchanan vs Maple River
(5:30 JV, 7 Varsity) – YLE

BOYS BASKETBALL

Red Lake vs Clearbrook-Gonvick – KKCQ-FM

WRESTLING DOUBLEHEADER

Devils Lake vs Central Cass – YLE

YLE – yourliveevent.com KRJB – 106.5FM
KKCQ FM – 96.7FM KRJM – 101.5FM
KKCQ AM – 1480AM/99.7FM

BOYS HOCKEY

Fargo North vs Grafton-Park River – YLE

THURSDAY, DECEMBER 4

BASKETBALL DOUBLEHEADER

Ada-Borup-West vs Mahnomen-Waubun – KRJM & YLE

GIRLS BASKETBALL

Fertile-Beltrami vs Bagley – KKCQ-FM
Norman County East/Ulen-Hitterdal vs Lake Park Audubon – KRJB
Hillsboro/Central Valley vs Central Cass (5:30 JV, 7 Varsity) – YLE
Barnesville vs Kindred – YLE
Maple River vs Oak Grove – YLE

BOYS BASKETBALL

Fosston Holiday Tournament – KKCQ-AM
TEAMS: Blackduck & Clearbrook-Gonvick, Fosston,
Win-E-Mac

BOYS WRESTLING

Oakes vs Lisbon – YLE

FRIDAY, DECEMBER 5

BASKETBALL DOUBLEHEADER

Mahnomen-Waubun vs Lake Park Audubon – KRJM
Littlefork-Big Falls vs Bagley – KKCQ-AM

BOYS BASKETBALL

Fosston Holiday Tournament – KKCQ-AM
TEAMS: Blackduck & Clearbrook-Gonvick, Fosston,
Win-E-Mac
Norman County East/Ulen-Hitterdal vs Park Christian – YLE

SATURDAY, DECEMBER 6

GIRLS WRESTLING

9:30 a.m. – Lisbon Dual Tournament – YLE

BOYS WRESTLING

Hillsboro-Central Valley Dual Tournament – YLE

MONDAY, DECEMBER 8

GIRLS BASKETBALL

Norman County East/Ulen-Hitterdal vs Fosston – KKCQ-AM
Clearbrook-Gonvick vs Red Lake – KKCQ-FM
Medina-Pingree/Buchanan vs Griggs-Midkota – YLE

TUESDAY, DECEMBER 9

BASKETBALL DOUBLEHEADER

Walker Hackensack Akeley vs Bagley – KKCQ-FM
Northern Freeze vs Mahnomen-Waubun – KRJM & YLE
Park Christian vs Climax-Fisher – YLE

GIRLS BASKETBALL

Barnes County Basketball Tournament at VCSU – YLE
Carrington vs Hillsboro/Central Valley (5:30 JV,
7 Varsity *GAME IN HILLSBORO) – YLE

BOYS BASKETBALL

Ada-Borup-West vs Cass Lake-Bena – KRJB
Fertile-Beltrami vs Win-E-Mac – KKCQ-AM

BOYS WRESTLING

Thompson Triangular – YLE

BOYS HOCKEY

Jamestown vs Grafton – YLE

THURSDAY, DECEMBER 11

BOYS BASKETBALL

Clearbrook-Gonvick vs Ada-Borup-West (6 JV, 7:30 Varsity) –
KRJB & – YLE
Fosston vs Fertile-Beltrami – KRJM
Red Lake vs Red Lake County – KKCQ-FM

GIRLS BASKETBALL

Clearbrook-Gonvick vs Fosston – KKCQ-AM
Barnes County Basketball Tournament at VCSU – YLE
Central Cass vs Kindred – YLE

FRIDAY, DECEMBER 12

BASKETBALL DOUBLEHEADER

Bagley vs Win-E-Mac – KKCQ-FM
Climax-Fisher vs Fosston – KKCQ-AM
Park Christian vs Mahnomen-Waubun – KRJM & YLE

BOYS BASKETBALL

Ada-Borup-West vs Fergus Falls Hillcrest – KRJB
North Border vs Northern Cass (5:30 JV, 7 Varsity) – YLE
Valley City vs Sargent County (5:30 JV, 7 Varsity) – YLE
Wahpeton vs Thompson (5:45 JV, 7:15 Varsity) – YLE

GIRLS BASKETBALL

Barnes County Basketball Tournament at VCSU – YLE
Hillsboro/Central Valley vs Oak Grove – YLE
Richland vs Ada-Borup-West – YLE
Oakes vs Lisbon – YLE

SATURDAY, DECEMBER 13

BOYS BASKETBALL

Lisbon vs Maple River (Noon JV, 1:30 Varsity) – YLE
Hillsboro/Central Valley vs Central Cass (2:30 JV, 4 Varsity) – YLE

MONDAY, DECEMBER 15

GIRLS BASKETBALL

Fosston vs Red Lake County Central – KKCQ-FM
Sacred Heart vs Fertile-Beltrami – KRJM
May-Port CG vs Hillsboro/Central Valley – (5:30 JV, 7 Varsity)
*GAME IN HILLSBORO) – YLE
Northern Cass vs Central Cass (6 JV, 7:30 Varsity) – YLE

BOYS BASKETBALL

Medina-Pingree/Buchanan vs Maple River
(5:30 JV, 7 Varsity) – YLE
May-Port CG vs Thompson (6 JV, 7:30 Varsity) – YLE
LaMoure-Litchville/Marion vs Sargent County (6 JV, 7:30 Varsity)
*GAME IN FORMAN) – YLE

TUESDAY, DECEMBER 16

BASKETBALL DOUBLEHEADER

Norman County East/Ulen-Hitterdal vs Ada-Borup-West – KRJB
Clearbrook-Gonvick vs Red Lake County – KKCQ-FM

GIRLS BASKETBALL

May-Port CG vs Thompson (5:45 JV, 7:15 Varsity) – YLE
Oak Grove vs Lisbon – YLE
Harvey-Wells County vs New Rockford-Sheyenne – YLE

BOYS BASKETBALL

Cass Lake-Bena vs Mahnomen-Waubun – KRJM & YLE
Kindred vs Hillsboro/Central Valley (5:45 JV, 7:15 Varsity) – YLE

BOYS WRESTLING

West Fargo Horace vs Kindred – YLE

BOYS & GIRLS WRESTLING

Northern Cass Triangular – YLE

BOYS HOCKEY

Shanley vs Grafton-Park River – YLE

THURSDAY, DECEMBER 18

BASKETBALL DOUBLEHEADER

Clearbrook-Gonvick vs Bagley – KKCQ-FM
Win-E-Mac vs Climax-Fisher *GAME IN FISHER – YLE

BOYS BASKETBALL

Langdon Area/Munich vs Central Cass (5:30 JV, 7 Varsity) – YLE
Griggs-Midkota vs Maple River (5:30 JV, 7 Varsity) – YLE
Grafton vs Kindred – YLE

PROPOSED BROADCAST SCHEDULE

WINTER 2025-26 SCHEDULE CONTINUED**GIRLS BASKETBALL**

Ada-Borup-West vs Rothsay – KRJB
 LaMoure-Litchville/Marion vs Sargent County (6 JV, 7:30 Varsity)
 *GAME IN GWINNER) – YLE
 Central Cass vs Oak Grove – YLE
 Northern Cass vs Kindred – YLE

BOYS WRESTLING

Central Cass Triangular with West Fargo Sheyenne & Fargo
 North – YLE

FRIDAY, DECEMBER 19**BASKETBALL DOUBLEHEADER**

Mahnomen-Waubun vs Norman County East/
 Ulen-Hitterdal – KRJM
 West Fargo vs Fargo North – YLE

GIRLS BASKETBALL

Fosston vs Win-E-Mac – KKCQ-FM
 Maple River vs Hillsboro/Central Valley (5:30 JV, 7 Varsity) – YLE
 Midway-Minto vs Griggs-Midkota – YLE

BOYS BASKETBALL

Red Lake County vs Ada-Borup-West (6 JV, 7:30 Varsity) –
 KRJB & YLE

SATURDAY, DECEMBER 20**BASKETBALL DOUBLEHEADER**

Shiloh Christian vs Kindred (GBB 12:30, BBB 2) – YLE

BOYS BASKETBALL**COBBER CLASSIC – 9:30 AM (7 GAMES) – YLE**

9:45am – Oak Grove (ND) – Barnesville (MN)
 11:30am – Breckenridge (MN) – Underwood (MN)
 1:15pm – St. Peter (MN) – Central Cass (ND)
 3:00pm – Park Christian (MN) – Perham (MN)
 4:45pm – Henning (MN) – Pelican Rapids (MN)
 6:30pm – Detroit Lakes (MN) – Fargo Davies (ND)
 8:10pm – Moorhead (MN) – Horace (ND)

MONDAY, DECEMBER 22**GIRLS BASKETBALL**

Fertile-Beltrami vs Mahnomen-Waubun – KRJB & YLE
 Crookston vs Ada-Borup-West – KRJB & YLE
 Thompson vs Central Cass (5:30 JV, 7 Varsity) – YLE

BOYS BASKETBALL

Fertile-Beltrami vs Clearbrook-Gonvick – KKCQ-AM
 7:30 – Thief River Falls vs Ada-Borup-West – KRJB & YLE

YLE – yourliveevent.com KRJB – 106.5FM
 KKCQ FM – 96.7FM KRJM – 101.5FM
 KKCQ AM – 1480AM/99.7FM

BOYS HOCKEY

Wadena-Deer-Creek vs Bagley/Fosston – KKCQ-FM

MONDAY, DECEMBER 29**GIRLS BASKETBALL**

Grafton vs Maple River (3:30 JV, 5 Varsity) – YLE

TUESDAY, DECEMBER 30**BASKETBALL DOUBLEHEADER**

May-Port CG vs Kindred (GBB 12:30, BBB 2) – YLE
 Hatton-Northwood vs Sargent County (GBB JV Noon, GBB 1:30,
 BBB 3 *GAME IN MILNOR) – YLE
 Hillsboro/Central Valley vs Thompson (GBB JV 4, GBB 5:30,
 BBB 7:15) – YLE

FRIDAY, JANUARY 2**BASKETBALL DOUBLEHEADER**

Norman County East/Ulen-Hitterdal vs Bagley – KKCQ-FM

GIRLS BASKETBALL

Climax-Fisher vs Fertile-Beltrami – KRJM
 Edgeley-Kulm-Montpelier vs Maple River
 (5:30 JV, 7 Varsity) – YLE
 Sargent County vs Four Winds-Minnewaukan – YLE

BOYS BASKETBALL

Sargent County vs Lisbon – YLE
 May-Port CG vs Hillsboro/Central Valley (JV 5:30, 7 Varsity)
 *GAME AT CV) – YLE
 West Fargo Horace vs Wes Fargo – YLE

SATURDAY, JANUARY 3**GIRLS BASKETBALL**

Kindred vs Thompson (Noon JV, 1:30 Varsity) – YLE

MONDAY, JANUARY 5**BOYS BASKETBALL**

Mahnomen-Waubun vs Fosston – KKCQ-FM
 Harvey-Wells County vs Thompson (5:30 JV, 7 Varsity) – YLE
 Wahpeton vs Central Cass (6 JV, 7:30 Varsity) – YLE
 Linton-HMB vs New Rockford-Sheyenne – YLE

GIRLS BASKETBALL

Lake Park Audubon vs Fertile-Beltrami – KRJB
 Crookston vs Mahnomen-Waubun – KRJM & YLE
 Warren-Alvarado-Oslo vs Climax-Fisher (6 JV, 7:30 Varsity)
 *GAME IN FISHER) – YLE

TUESDAY, JANUARY 6**BASKETBALL DOUBLEHEADER**

Ada-Borup-West vs Win-E-Mac – KKCQ-FM
 Oak Grove vs Northern Cass (GBB JV 4:30, GBB 6,
 BBB 7:30) – YLE

GIRLS BASKETBALL

Fosston vs Mahnomen-Waubun – KRJM & YLE
 Wahpeton vs Central Cass (6 JV, 7:30 Varsity) – YLE

BOYS BASKETBALL

Barnes County Basketball Tournament – YLE
 Kittson County Central vs Climax-Fisher (6 JV, 7:30 Varsity)
 *Game in Fisher) – YLE

GIRLS WRESTLING

Kindred Triangular with Hillsboro/Central Valley & Oakes – YLE

BOYS WRESTLING

Kindred Triangular with Hillsboro/Central Valley & Oakes – YLE

THURSDAY, JANUARY 8**BASKETBALL DOUBLEHEADER**

Warroad vs Bagley – KKCQ-FM
 Win-E-Mac vs Lake Park Audubon – KRJM
 Climax-Fisher vs Ada-Borup-West (GBB JV 4:30, GBB 6,
 BBB 7:30) – KRJB & YLE
 Oak Grove vs Kindred (6 BBB, 7:30 GBB) – YLE

BOYS BASKETBALL

Roseau vs Clearbrook-Gonvick – KKCQ-AM
 Barnes County Basketball Tournament – YLE
 Oakes vs Lisbon – YLE

GIRLS BASKETBALL

Blackduck vs Clearbrook-Gonvick – KKCQ-AM
 Mahnomen-Waubun vs Park Christian – YLE
 Oakes vs Sargent County (5:30 JV, 7 Varsity)
 *GAME IN GWINNER) – YLE
 Nelson County vs New Rockford-Sheyenne – YLE

BOYS WRESTLING

South Border vs Lisbon – YLE
 Thompson Triangular with Larimore & Hatton-Northwood – YLE

FRIDAY, JANUARY 9**GIRLS BASKETBALL**

Fosston vs Bagley – KKCQ-AM
 Frazee vs Ada-Borup-West – KRJB & YLE
 Drayton/Valley Edinburg vs Hillsboro/Central Valley (5:30 JV,
 7 Varsity *GAME IN CV) – YLE
 Devils Lake vs Thompson (5:45 JV, 7:15 Varsity) – YLE
 Wyndmere/Lidgerwood vs Lisbon – YLE

BOYS BASKETBALL

Goodridge/Grygla vs Clearbrook-Gonvick – KKCQ-FM
 Barnes County Basketball Tournament – YLE
 Fargo North vs Kindred – YLE

BOYS WRESTLING TOURNAMENT

Lettermen's Tournament at Central Cass – YLE

SATURDAY, JANUARY 10**GIRLS BASKETBALL**

LaMoure-Litchville/Marion vs Maple River (1 JV, 2:30 Varsity) – YLE
 Bottineau vs Kindred – YLE

BOYS BASKETBALL

Dilworth-Glyndon-Felton vs Mahnomen-Waubun – KRJM & YLE

BOYS WRESTLING TOURNAMENT

Lettermen's Tournament at Central Cass – YLE

BOYS HOCKEY

Ely vs Bagley/Fosston – KKCQ-FM

MONDAY, JANUARY 12**BASKETBALL DOUBLEHEADER**

Bagley vs Climax-Fisher *GAME IN FISHER – YLE
 Kindred vs Lisbon (6 GBB, 7:30 BBB) – YLE

BOYS BASKETBALL

Win-E-Mac vs Fertile-Beltrami – KKCQ-FM
 Bottineau vs Four Winds-Minnewaukan – YLE

GIRLS BASKETBALL

Red Lake County vs Win-E-Mac – KKCQ-AM
 Kittson County Central vs Ada-Borup-West (7:30 Varsity Only) –
 KRJB & YLE

BOYS HOCKEY

7 – Crookston vs Grafton-Park River – YLE

TUESDAY, JANUARY 13**BASKETBALL DOUBLEHEADER**

Park Christian vs Ada-Borup-West (GBB JV, 4:30, GBB 6,
 BBB 7:30) – KRJB & YLE
 Norman County East/Ulen-Hitterdal vs Mahnomen-Waubun –
 KRJM & YLE
 Valley City vs Northern Cass (GBB JV 4:30, GBB 6,
 BBB 7:30) – YLE

GIRLS BASKETBALL

Fertile-Beltrami vs Win-E-Mac – KKCQ-FM
 Grafton vs Thompson (5:45 JV, 7:15 Varsity) – YLE

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PROPOSED BROADCAST SCHEDULE WINTER 2025-26 SCHEDULE CONTINUED

YLE – yourliveevent.com KRJB – 106.5FM
KKCQ FM – 96.7FM KRJM – 101.5FM
KKCQ AM – 1480AM/99.7FM

BOYS BASKETBALL

Warren-Alvardo-Oslo vs Fosston – KKCQ-AM
Enderlin vs Maple River (5:30 JV, 7 Varsity) – YLE
Fertile-Beltrami vs Hillsboro/Central Valley (5:45 JV, 7:15 Varsity) – YLE

WRESTLING DOUBLEHEADER

Central Cass vs Lisbon – YLE

THURSDAY, JANUARY 15

BASKETBALL DOUBLEHEADER

Ada-Borup-West vs Lake Park Audubon – KRJB
Bagley vs Mahnomen-Waubun – KRJM & YLE
Lisbon vs Central Cass (4:30 GBB JV, 6 GBB, 7:30 BBB) – YLE
Wahpeton vs Kindred (6 GBB, 7:30 BBB) – YLE

GIRLS BASKETBALL

Wyndmere/Lidgerwood vs Maple River (5:30 JV, 7 Varsity) – YLE

BOYS BASKETBALL

Fertile-Beltrami vs Fosston – KKCQ-FM
Rugby vs Thompson (5:45 JV, 7:15 Varsity) – YLE

BOYS WRESTLING

Wahpeton vs Central Cass – YLE
QUAD AT NORTH SARGENT
(Lisbon, Kindred, Napoleon-GS and Northern Cass) – YLE

BOYS HOCKEY

West Fargo vs Grafton-Park River – YLE

FRIDAY, JANUARY 16

BOYS BASKETBALL

Ada-Borup-West vs Fertile-Beltrami – KRJB
Goodridge/Grygla vs Win-E-Mac – KKCQ-AM
Maple River vs Sargent County (5:30 JV, 7 Varsity *GAME IN MILNOR) – YLE
Hillsboro/Central Valley vs Lisbon – YLE

GIRLS BASKETBALL

Fertile-Beltrami vs Fosston – KKCQ-FM

BOYS WRESTLING

LaMoore-Litchville/Marion vs Kindred (DUAL) – YLE

BOYS HOCKEY

Bottineau vs Grafton-Park River – YLE

SATURDAY, JANUARY 17

BASKETBALL DOUBLEHEADER

Carrington vs Northern Cass – YLE

BOYS BASKETBALL

Lake Park Audubon vs Norman County East/Ulen-Hitterdal – KRJB
Thompson vs Central Cass (11:30 JV, 1 Varsity) – YLE

GIRLS WRESTLING

11 am. – Storhaug in Lisbon – YLE

MONDAY, JANUARY 19

BASKETBALL DOUBLEHEADER

Red Lake vs Mahnomen-Waubun – KRJM & YLE
Hatton-Northwood vs Maple River (GBB JV 4:30, GBB 6, BBB 7:30) – YLE

GIRLS BASKETBALL

Fertile-Beltrami vs Norman County East/Ulen-Hitterdal – KRJB
Goodridge-Grygla vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX) – YLE
Park River/Fordville-Lankin vs Hillsboro/Central Valley (5:30 JV, 7 Varsity *GAMES AT CV) – YLE

TUESDAY, JANUARY 20

BASKETBALL DOUBLEHEADER

Wyndmere/Lidgerwood vs Sargent County (GBB JV 4:30, GBB 6, BBB 7:30 *GAME IN MILNOR) – YLE
Northern Cass vs Lisbon (GBB 6, BBB 7:30) – YLE
Kindred vs Central Cass (4:30 JV, 6 GBB 6, 7:30 BBB) – YLE

GIRLS BASKETBALL

Ada-Borup-West vs Thief River Falls – KRJB

BOYS BASKETBALL

Fosston vs Bagley – KKCQ-FM
Ada-Borup-West vs Norman County East/Ulen-Hitterdal – KRJM
Thompson vs Oak Grove – YLE

GIRLS WRESTLING

Central Cass Tri with Fargo & Wahpeton – YLE

THURSDAY, JANUARY 22

BASKETBALL DOUBLEHEADER

Mahnomen-Waubun vs Ada-Borup-West – KRJB & YLE

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WINTER 2025-26 SCHEDULE CONTINUED

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BOYS BASKETBALL

Fertile-Berrami vs Norman County East/Ulen-Hitterdal – KKQC-FM
 Fosston vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX) – YLE
 Oak Grove vs Hillsboro/Central Valley (5:45 JV, 7:15 Varsity) – YLE
 North Prairie vs New Rockford-Sheyenne – YLE

GIRLS BASKETBALL

Harvey-Wells County vs Thompson (5:30 JV, 7 Varsity) – YLE
 Hankinson vs Maple River (5:30 JV, 7 Varsity) – YLE
 Valley City vs Kindred – YLE

GIRLS WRESTLING

Lisbon Quad (Fargo, South Border & Valley City) – YLE

WRESTLING DOUBLEHEADER

Northern Cass Triangular – (May-Port CG and Kindred) – YLE

FRIDAY, JANUARY 23**BASKETBALL DOUBLEHEADER**

Bagley vs Red Lake – KKQC-FM
 Fosston vs Lake Park Audubon – KKQC-AM

Hillsboro/Central Valley vs Northern Cass (4:30 GBB JV, 6 GBB, 7:30 BBB) – YLE
 May-Port CG vs New Rockford-Sheyenne – YLE

GIRLS BASKETBALL

Ada-Borup-West vs Fertile-Beltrami – KRJB
 Win-E-Mac vs Mahnomen-Waubun – KRJM & YLE
 Richland vs Sargent County (5:30 JV, 7 Varsity *GAME IN MILNOR) – YLE
 Lisbon vs Oak Grove – YLE

BOYS WRESTLING

Storhaug in Lisbon – YLE

SATURDAY, JANUARY 24**BOYS WRESTLING**

Storhaug in Lisbon – YLE

GIRLS BASKETBALL

Four Winds/Minnewaukan vs Hillsboro/Central Valley (12:30 JV, 2 Varsity *GAME IN HILLSBORO) – YLE

MONDAY, JANUARY 26**GIRLS BASKETBALL**

Crookston vs Fosston – KKQC-FM
 Northern Freeze vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN FISHER) – YLE
 Oak Grove vs Central Cass (6 JV, 7:30 Varsity) – YLE
 LaMoure-Litchville/Marion vs New Rockford-Sheyenne – YLE

BOYS BASKETBALL

Carrington vs Hillsboro/Central Valley (5:30 JV, 7 Varsity *GAME IN CV) – YLE

TUESDAY, JANUARY 27**BASKETBALL DOUBLEHEADER**

May-Port CG vs Northern Cass (4:30 JV, 6 GBB, 7:30 BBB) – YLE
 Barnes County North vs Maple River (4:30 GBB JV ONLY, 6 BBB JV ONLY, 7:30 BBB) – YLE

GIRLS BASKETBALL

Wahpeton vs Lisbon – YLE

BASKETBALL DOUBLEHEADER

Hillsboro/Central Valley vs Grafton (4:15 JV, 5:45 GBB, 7:15 BBB) – YLE

BOYS BASKETBALL

Ada-Borup-West vs Pelican Rapids – KRJB
 Fertile-Beltrami vs Mahnomen-Waubun – KRJM & YLE
 Tri-State vs Sargent County (5:30 JV, 7 Varsity *GAME IN GWINNER) – YLE
 Valley City vs Kindred – YLE
 Lisbon vs Oak Grove – YLE

BOYS WRESTLING

Hillsboro/Central Valley Meet – YLE

BOYS HOCKEY

Moose Lake-Willow River vs Bagley/Fosston – KKQC-FM

THURSDAY, JANUARY 29**BASKETBALL DOUBLEHEADER**

Bagley vs Fertile-Beltrami – KKQC-FM
 Fosston vs Ada-Borup-West – KRJB & YLE
 Lake Park Audubon vs Mahnomen-Waubun – KRJM & YLE

GIRLS BASKETBALL

Maple River vs Sargent County (5:30 JV, 7 Varsity *Game in Milnor) – YLE
 7:30 – Valley City vs Lisbon – YLE
 7:30 – Northern Cass vs Oak Grove – YLE

BOYS BASKETBALL

Norman County East, Ulen-Hitterdal vs Win-E-Mac – KKQC-AM
 Drayton-Valley-Edinburg vs Northern Cass (6 JV, 7:30 Varsity) – YLE

BOYS WRESTLING

Thompson Quad – YLE

BOYS HOCKEY

Fargo Davies vs Grafton-Park River – YLE

FRIDAY, JANUARY 30**BASKETBALL DOUBLEHEADER**

Win-E-Mac vs Bagley – KKQC-FM

BOYS BASKETBALL

Stephen-Argyle vs Clearbrook-Gonvick – KKQC-FM
 Cherry vs Fertile-Beltrami – KRJM
 Four Winds/Minnewaukan vs Thompson (5:45 JV, 7:15 Varsity) – YLE
 Oak Grove vs Central Cass (6 JV, 7:30 Varsity) – YLE
 Wahpeton vs Lisbon – YLE

GIRLS BASKETBALL

Ada-Borup-West vs Norman County East/Ulen-Hitterdal – KRJB
 Crookston vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX) – YLE
 Kindred vs Northern Cass (6 JV, 7:30 Varsity) – YLE

GIRLS WRESTLING

Central Cass Tri with Carrington & Napoleon-GS – YLE

BOYS WRESTLING

East-West Classic (HCV, Kindred, Lisbon, Northern Cass) – YLE

SATURDAY, JANUARY 31**GIRLS WRESTLING**

9:30 – Belle of the Brawl at Casselton – YLE

BOYS WRESTLING

East-West Classic – YLE

MONDAY, FEBRUARY 2**BOYS BASKETBALL**

Park Christian vs Fertile-Beltrami – KRJM
 Valley City vs Lisbon – YLE
 Northern Cass vs Oak Grove – YLE
 Barnes County North vs Griggs-Midkota – YLE

GIRLS BASKETBALL

Win-E-Mac vs Fosston – KKQC-AM
 Enderlin vs Maple River (5:30 JV, 7 Varsity) – YLE
 Tri-State vs Sargent County (5:30 JV, 7 Varsity) – YLE

TUESDAY, FEBRUARY 3**BASKETBALL DOUBLEHEADER**

Ada-Borup-West vs Bagley – KRJB



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PROPOSED BROADCAST SCHEDULE

WINTER 2025-26 SCHEDULE CONTINUED

YLE – yourliveevent.com KRJB – 106.5FM
 KKQC FM – 96.7FM KRJM – 101.5FM
 KKQC AM – 1480AM/99.7FM

BOYS BASKETBALL

Win-E-Mac vs Mahanomen-Waubun – KRJM & YLE
 Hankinson vs Maple River (5:30 JV, 7 Varsity) – YLE
 Richland vs Sargent County (5:30 JV, 7 Varsity *GAME IN MILNOR) – YLE

GIRLS BASKETBALL

Park Christian vs Fertile-Beltrami – KKQC-FM
 Wahpeton vs Northern Cass (6 JV, 7:30 Varsity) – YLE
 Kindred vs Oak Grove – YLE

THURSDAY, FEBRUARY 5**BOYS BASKETBALL**

Fosston vs Red Lake County – KKQC-FM
 Devils Lake vs Hillsboro/Central Valley (5:45 JV, 7:15 Varsity *GAME IN CV) – YLE
 Valley City vs Central Cass (6 JV, 7:30 Varsity) – YLE
 Kindred vs Oak Grove – YLE
 North Star vs New Rockford-Sheyenne – YLE

GIRLS BASKETBALL

Norman County East/Ulen-Hitterdal vs Win-E-Mac – KKQC-AM
 Fosston vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX) – YLE
 Carrington vs Thompson (5:45 JV, 7:15 Varsity) – YLE
 Lisbon vs Sargent County (6 JV, 7:30 Varsity *Game in Gwinner) – YLE

BOYS HOCKEY

Devils Lake vs Grafton-Park River – YLE

FRIDAY, FEBRUARY 6**BASKETBALL DOUBLEHEADER**

Mahanomen-Waubun vs Climax-Fisher (4:30 GBB JV, 6 GBB, 7:30 BBB *GAME IN FISHER) – YLE
 May-Port CG vs Lisbon (6 GBB, 7:30 BBB) – YLE

BOYS BASKETBALL

Fosston vs Win-E-Mac – KKQC-FM
 Carrington vs Thompson (5:30 JV, 7 Varsity) – YLE
 West Fargo Sheyenne vs West Fargo – YLE

GIRLS BASKETBALL

Bagley vs Red Lake County Central – KKQC-AM

SATURDAY, FEBRUARY 7**BOYS BASKETBALL**

1:30 – Dilworth-Glyndon-Felton vs Kindred – YLE

GIRLS BASKETBALL

Carrington vs Central Cass (1 JV, 2:30 Varsity) – YLE

GIRLS WRESTLING

East Regional Duals at Fargo Davies – YLE

BOYS WRESTLING

Region 1 Duals at Napoleon – YLE
 Region 2 Duals at Pembina County North – YLE

MONDAY, FEBRUARY 9**BASKETBALL DOUBLEHEADER**

Lisbon vs Kindred (6 BBB, 7:30 GBB) – YLE

BOYS BASKETBALL

Goodridge/Grygla vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX) – YLE
 Thompson vs Hillsboro/Central Valley – (5:45 JV, 7:15 Varsity *GAME IN HILLSBORO) – YLE
 Wyndmere/Lidgerwood vs Maple River (5:30 JV, 7 Varsity) – YLE

GIRLS BASKETBALL

Win-E-Mac vs Red Lake County Central – KKQC-FM
 Norman County East/Ulen-Hitterdal vs Park Christian – YLE

TUESDAY, FEBRUARY 10**BASKETBALL DOUBLEHEADER**

Stephen-Argyle vs Fosston – KKQC-FM
 Dilworth-Glyndon-Felton vs Ada-Borup-West – KRJB & YLE
 Nevis vs Mahanomen-Waubun – KRJM & YLE
 Fertile-Beltrami vs Climax-Fisher (4:30 JV GBB, 6 GBB, 7:30 BBB *GAME IN FISHER) – YLE
 Shanley vs West Fargo – YLE

BOYS BASKETBALL

Cavalier vs Northern Cass (5:30 JV, 7 Varsity) – YLE
 Oakes vs Sargent County (5:30 JV, 7 Varsity) – YLE
 Edgeley/Kulm/Montpelier vs Medina-Pingree/Buchanan – YLE

GIRLS BASKETBALL

Oak Grove vs Thompson (5:45 JV, 7:15 Varsity) – YLE

BOYS HOCKEY

West Fargo Sheyenne vs Grafton-Park River – YLE

THURSDAY, FEBRUARY 12**BASKETBALL DOUBLEHEADER**

Central Cass vs Lisbon (6 GBB, 7:30 BBB) – YLE

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 KKQC AM – 1480AM/99.7FM

BOYS BASKETBALL

Ada-Borup-West vs Sacred Heart – KRJB
 Lake Park Audubon vs Bagley – KKQC-FM
 Grafton vs Thompson (6 JV, 7:30 Varsity) – YLE
 Park River/Fordville-Lankin vs Hillsboro/Central Valley (5:45 JV, 7:15 Varsity *GAME AT CV) – YLE

GIRLS BASKETBALL

Mahnomen-Waubun vs Red Lake County Central – KRJM

FRIDAY, FEBRUARY 13

BASKETBALL DOUBLEHEADER

Fosston vs Cass Lake-Bena (Girls at 2, Boys at 4 – Sanford Center in Bemidji) – KKQC-FM
 Ada-Borup-West vs Hillsboro/Central Valley – (4:15 GBB JV, 5:45 GBB, 7:15 BBB) – KRJB & YLE

GIRLS BASKETBALL

District 1 Tournament in Lisbon – YLE
 Grafton vs Kindred – YLE

BOYS BASKETBALL

Mahnomen/Waubun vs Deer (Sanford Center in Bemidji) – KKQC-FM
 Bagley vs Pine River-Backus (Sanford Center in Bemidji) – KKQC-FM

GIRLS WRESTLING

East Individual Regional at Valley City – YLE

SATURDAY, FEBRUARY 14

BOYS BASKETBALL

Pine To Prairie Championships – YLE

GIRLS BASKETBALL

District 1 Tournament in Lisbon – YLE
 Devils Lake vs Central Cass – YLE

BOYS WRESTLING

Region 1 Boys Individuals at Valley City – YLE
 Region 2 Boys Individuals at Pembina County North – YLE

MONDAY, FEBRUARY 16

GIRLS BASKETBALL

District 1 Tournament in Lisbon – YLE
 Central Cass vs Northern Cass (6 JV, 7:30 Varsity) – YLE
 Grafton vs Hillsboro/Central Valley (5:30 JV, 7 Varsity) – YLE

BOYS BASKETBALL

Thief River Falls vs Win-E-Mac – KKQC-FM
 Benson County vs Griggs-Midkota – YLE

TUESDAY, FEBRUARY 17

GIRLS BASKETBALL

Ada-Borup-West vs Barnesville – KRJB
 Wahpeton vs Thompson (5:45 JV, 7:15 Varsity) – YLE
 Sacred Heart vs Climax-Fisher (6 JV, 7:30 Varsity) – YLE
 Carrington vs Lisbon – YLE

BOYS BASKETBALL

Blackduck vs Fosston – KKQC-FM
 Mahnomen-Waubun vs Red Lake County – KRJM
 Thompson vs Ada-Borup-West (6 JV, 7:30 Varsity) – YLE
 Barnes County North vs Northern Cass (5:30 JV, 7 Varsity) – YLE
 South Border vs Sargent County (6 JV, 7:30 Varsity *GAME IN GWINNER) – YLE
 Central Cass vs Kindred – YLE
 Benson County vs New Rockford-Sheyenne – YLE

THURSDAY, FEBRUARY 19

BASKETBALL DOUBLEHEADER

Stephen-Argyle vs Mahnomen-Waubun – KRJM & YLE

BOYS BASKETBALL

Ada-Borup-West vs Hawley – KRJB
 Red Lake County vs Fertile-Beltrami – KKQC-FM
 LaPorte vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX)
 East Grand Forks vs Thompson (5:45 JV, 7:15 Varsity) – YLE
 Lisbon vs Northern Cass (6 JV, 7:30 Varsity) – YLE

GIRLS BASKETBALL

Warren-Alvarado-Oslo vs Fosston – KKQC-AM

FRIDAY, FEBRUARY 20

BOYS BASKETBALL

Fertile-Beltrami vs Goodridge/Grygla – KKQC-AM
 East Grand Forks vs Ada-Borup-West (6 JV, 7:30 Varsity) – KRJB & YLE
 Devils Lake vs Central Cass (6 JV, 7:30 Varsity) – YLE
 Harvey-Wells County vs Hillsboro/Central Valley (5:30 JV, 7 Varsity) – YLE

BASKETBALL DOUBLEHEADER

Bagley vs Clearbrook-Gonvick – KKQC-FM

SATURDAY, FEBRUARY 21

BOYS BASKETBALL

East Grand Forks vs Ada-Borup-West – KRJB & YLE
 Sacred Heart vs Thompson (2 JV, 3:30 Varsity) – YLE

MONDAY, FEBRUARY 23

GIRLS BASKETBALL

Minnesota Section Pig Tails
 Division A Region 1 Tournament at VCSU
 Division B Region 1 Tournament at Jamestown Civic Center
 Division B Region 2 Tournament at Devils Lake High School

TUESDAY, FEBRUARY 24

GIRLS BASKETBALL

Division A Region 1 Tournament at VCSU
 Division B Region 1 Tournament at Jamestown Civic Center
 Division B Region 2 Tournament at Devils Lake High School

BOYS BASKETBALL

Goodridge/Grygla vs Fosston – KKQC-FM
 Red Lake County vs Win-E-Mac – KKQC-AM
 Mahnomen-Waubun vs Clearbrook-Gonvick – KRJM

THURSDAY, FEBRUARY 26

GIRLS BASKETBALL

Minnesota Sectional Tournament Play-In
 Division A Region 1 Tournament at VCSU
 Division B Region 1 Tournament at Jamestown Civic Center
 Division B Region 2 Tournament at Devils Lake High School

FRIDAY, FEBRUARY 27

BOYS BASKETBALL

Clearbrook-Gonvick vs Fosston – KKQC-FM
 Ada-Borup-West vs Rothsay – KRJB
 District 1 Boys Basketball Tournament at VCSU
 Northern Cass vs Central Cass (6 JV, 7:30 Varsity) – YLE
 Stephen-Argyle vs Climax-Fisher (6 JV, 7:30 Varsity *GAME IN CLIMAX) – YLE
 Oak Grove vs Lisbon – YLE
 Four Winds/Minnewaukan vs Hillsboro/Central Valley (5:45 JV, 7:15 Varsity *GAME IN HILLSBORO) – YLE

SATURDAY, FEBRUARY 28

GIRLS BASKETBALL

State Qualifiers at University of Jamestown – Newman Arena
 Minnesota Girls Basketball Quarterfinals at Perham

MONDAY, MARCH 2

BOYS BASKETBALL

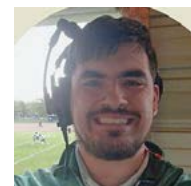
Minnesota Section Pigtail Games
 District 1 Boys Basketball Tournament at VCSU
 Central Cass vs Oak Grove – YLE
 Northern Cass vs Kindred – YLE

TUESDAY, MARCH 3

BOYS BASKETBALL

District 1 Boys Basketball Tournament at VCSU
 Grafton vs Hillsboro/Central Valley (5:30 JV, 7 Varsity *GAME IN HILLSBORO) – YLE

ANNOUNCER PROFILES



BRANDON BARGER



BRADY SIEBELS

continued on page 16

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ANNOUNCER PROFILES



**JAKE
BIRKEMEYER**

Years in Broadcasting: 14



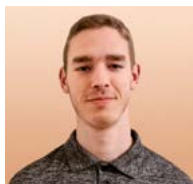
**JIM "BIRK"
BIRKEMEYER**

Years in Broadcasting: 44



SEAN BJERK

Years in Broadcasting: 26



JOSH BOYKO

Years Broadcasting: 6



GREG GRENZ

Years in Broadcasting: 16



**KEVIN
KOCHMANN**

Years in Broadcasting:
20, with 19 of those full time



JOE LANCELLO

Years in Broadcasting:
36 years in radio plus 12 in TV
(behind the scenes stuff)



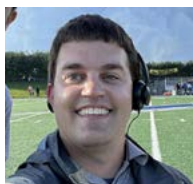
TOM LANO

Years in Broadcasting: 46



JON MICHAEL

Years in Broadcasting:
28 years at KKWQ-FM...
First radio job August of 1991 so 35 total



CHASE MILLER

Years in Broadcasting: 16



**DAWSON
PETERSON**

Years in Broadcasting: 7



GRAHAM SCHER

Years in Broadcasting:
7 years broadcasting sports

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2024-25 PINE TO PRAIRIE BOYS BASKETBALL ALL CONFERENCE TEAMS

1st TEAM

PLAYER NAME	SCHOOL	GRADE
Cayden Dahl	Ada-Borup-West	12
Austin McCraven	Ada-Borup-West	12
Preston Hanson	Fertile-Beltrami	11
Isaac Jacobson	Park Christian	11
Tyler Loeb	Park Christian	11

2nd TEAM

Mason Larson	Ada-Borup-West	12
Drew Gullickson	Fertile-Beltrami	11
Bridger Carlson	Park Christian	12
Daniel Swiers	Park Christian	12
Joe Courneya	Win-E-Mac	10

3rd TEAM

Anders Tinjum	Ada-Borup-West	10
Will Christen	Fosston	12
Luca Beske	Lake Park-Audubon	11
Brody Lhotka	Mahnomen-Waubun	12
Ian Jacobson	NCE-UH	12

HONORABLE MENTION

PLAYER NAME	SCHOOL	GRADE	PLAYER NAME	SCHOOL	GRADE
Jackson Kaiser	Bagley	12	Bryce Braseth	NCE-UH	11
Gage Hendrickson	Fertile-Beltrami	11	Gavin Giese	Park Christian	11
Bryer Strem	Fertile-Beltrami	11	Braylon Hamre	Win-E-Mac	12
Ryne Duppong	Fosston	12	Hayden Johnson	Win-E-Mac	10
Brayden Sandland	Lake Park-Audubon	12			

MOST VALUABLE PLAYER

Austin McCraven – Ada-Borup-West

DEFENSIVE PLAYER OF THE YEAR

Tyler Loeb – Park Christian

COACH OF THE YEAR

Nate McCraven – Ada-Borup-West

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Lake Park-Audubon • Mahnomen-Waubun • NCE-UH • Park Christian • Win-E-Mac

Ada Borup West

Cougars Boys' Basketball

12/2	@ Park Christian
12/4	@ Mahnomen/Waubun
12/9	@ Cass Lake Bena
12/11	Clearbrook Gonvick
12/12	@ Hillcrest
12/16	NCE-UH
12/19	Red Lake County
12/22	TRF
1/6	@ Win-E-Mac
1/8	Climax Fisher
1/13	Park Christian
1/15	@ LPA
1/16	@ Fertile Beltrami
1/20	@ NCE-UH
1/22	Mahnomen/Waubun
1/27	@ Pelican Rapids
1/29	Fosston
2/3	@ Bagley
2/6	LPA
2/10	DGF
2/12	@ Sacred Heart
2/13	@ Hillsboro-Central Valley
2/17	Thompson
2/19	@ Hawley
2/21	East Grand Forks
2/27	@ Rothsay

COACH'S COMMENTS
NATE McCRAVEN**Conference Name:** Pine-to-Prairie**Section:** 6A**Number of Years Coaching:** Entering 3rd**Last Year's Record:** 24-6**Returning Starters:** Brody Menge (Sr) and Anders Tinjum (Jr)**Please provide a few stats for returning players:**

Anders Tinjum – 10.6 ppg, 4.1 rpg, 3.1 apg

Brody Menge – 9.9 ppg, 5.5 rpg, 1.1 apg

Players to Watch: Brody Menge (Sr), Anders Tinjum (Jr), Connor Nelson (Sr)

Coach's Outlook/Expectations: We have some heavy shoes to fill from the past two seasons, but we have a nice mix of length and athleticism which gives us the potential to be a contender in Section 6A. If our guys buy into their roles, whether that be big or small, we can compete with everyone on our schedule. We will look to rely on our defense and transition throughout the year. Anders Tinjum (Jr) and Brody Menge (Sr) will need to lead us in all aspects of the game. Connor Nelson (Sr), Braeden Bueng (Sr) and Tyler Catlett (Sr) will see some heavy minutes and bring many intangibles to the team. We also have a handful of under-classmen who put together a solid summer and it'll be fun to see them grow into some bigger roles.

Your Pick(s) Section Favorite: 6A – Pelican Rapids, Henning, Park Christian**Where are they now? Notable alumni:**

Mason Miller – Detroit Lions

Aiden Marcussen – Mayville State University Football

Cameron Spaeth – Mayville State University Football

Cadyn Dahl – University of Minnesota Morris Basketball

Austin McCraven – Dakota State University Basketball



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Cougars Girls' Basketball

11/25	@ Sacred Heart
12/2	@ Park Christian
12/4	@ Mahnomen/Waubun
12/9	@ Hawley
12/12	Richland
12/16	NCE-UH
12/18	@ Rothsay
12/22	Crookston
1/6	@ Win-E-Mac
1/8	Climax Fisher
1/9	Frazee
1/13	Park Christian
1/15	@ LPA
1/17	@ Clearbrook Gonvick
1/20	@ TRF
1/22	Mahnomen/Waubun
1/23	@ Fertile Beltrami
1/29	Fosston
1/30	@ NCE-UH
2/3	@ Bagley
2/6	LPA
2/10	DGF
2/13	@ Hillsboro-Central Valley
2/17	@ Barnesville

COACH'S COMMENTS

DAVE SMART

Conference Name: Pine to Prairie

Section: 6A

Number of Years Coaching: 26 as head coach

Last Year's Record: 13-12

Returning Starters: Morgan Engel Malayna Syverson, Avery Johnson, Leighton Odden (with injuries we had multiple starters)

Please provide a few stats for returning players: Morgan 17.6ppg/10.9rpg/3.5apg, Malayna 14/7.5/2.5bpg, Brianne 7/4/2apg Leighton 4/4.5/2apg

Players to Watch: Morgan Engel, Malayna Syverson, Brianne Myers, Leighton Odden, Audrina Eggen, Madi Nitschke, Avery Johnson, Adeliza Bitker, Jenna Thompson, Kaylee Trautner

Coach's Outlook/Expectations: We have two big roles to fill with the graduation of our seniors but if we can keep improving we have a chance to be a very solid team. We will have some length and pretty solid guard play this season. These kids worked hard in the off season and I am excited to see that hard work pay off! We worked a lot on our depth this summer so hopefully that will show up more and more as the season wears on. The key for us with our limited numbers will be to stay healthy and keep developing our less experienced kids. This group will present match up challenges but a big key will be how we adjust to what the other teams throw at us! I am looking forward to coaching this group, they all get along and are very coachable which makes for a fun year!

Your Pick(s) Section Favorite: Besides ABW, I feel Hillcrest, Park Christian, Underwood, all will have solid teams

What is your projected starting lineup? Morgan Engel, Malayna Syverson and TBD

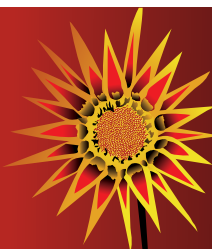
Where are they now? Notable alumni: Kelli Smart-Trudeau Hunter, ND, Nicole Smart-Haugen Hanover, MN, Katy Ness-Vanhavermaet Hawley, MN Vicki Ellefson Florida, Laura Kolness-Mitteness Benson, MN, Katie Koness-Staebler Hillsboro, ND Haley Poehler-Fargo, ND, Lexi Merckens Ada, MN, Miki Lee Ada, MN, Elizabeth Birkemeyer-Reiten Washington DC, Brooke Ruebke Ada, MN



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will be like a wise man who built his house on the rock."
Matthew 7:24



2024-25 PINE TO PRAIRIE GIRLS BASKETBALL ALL CONFERENCE TEAMS

1st TEAM

PLAYER NAME	SCHOOL	GRADE
Morgan Engel	Ada-Borup-West	11
Lexi Mahlen	Fosston	11
Kendra Nelson	Lake Park-Audubon	11
Ellen Schauer	Lake Park-Audubon	11
Libby Suckert	Park Christian	11

2nd TEAM

Morgan Smart	Ada-Borup-West	12
Bailey Iverson	Fertile-Beltrami	10
Kaycee Endreson	Park Christian	12
Annika Johnson	Park Christian	11
Lauren Kaupang	Win-E-Mac	11

3rd TEAM

Lucy Paulsrud	Climax-Fisher	10
Taylor Schauer	Lake Park-Audubon	12
Savannah Keezer	Mahnomen-Waubun	12
Brenna Olson	NCE-UH	12
Ashlynn Forde	Park Christian	10

HONORABLE MENTION

PLAYER NAME	SCHOOL	GRADE	PLAYER NAME	SCHOOL	GRADE
Brielle Engelstad	Ada-Borup-West	12	Teagan Duppong	Fosston	12
Kira Thompson	Bagley	12	Gracie Olson	Lake Park-Audubon	11
Mya Erickson	Fertile-Beltrami	10	Dakiya Smith	Mahnomen-Waubun	12
Madison Stueness	Fertile-Beltrami	11			

MOST VALUABLE PLAYER

DEFENSIVE PLAYER OF THE YEAR

COACHES OF THE YEAR

Morgan Engel – Ada-Borup-West Ellen Schauer – Lake Park-Audubon Jon Syverson – Mahnomen-Waubun
Zach Kakela – Park Christian



Ada-Borup-West • Bagley • Climax-Fisher • Fertile-Beltrami • Fosston
Lake Park-Audubon • Mahnomen-Waubun • NCE-UH • Park Christian • Win-E-Mac

Bagley

Flyers Boys' Basketball

12/1	@ Fosston	1/20	Fosston
12/2	@ Laporte	1/23	@ Red Lake
12/5	Littlefork-Big Falls	1/26	@ Cass Lake Bena
12/9	WHA	1/29	@ Fertile Beltrami
12/11	@ Climax Fisher	1/30	Win-E-Mac
12/12	@ Win-E-Mac	2/3	Ada-Borup-West
12/16	@ Park Christian	2/5	@ Kelliher Northome
12/18	Clearbrook Gonvick	2/9	@ LOW
1/2	NCE-UH	2/10	@ Clearbrook Gonvick
1/5	Blackduck	2/12	Lake Park Audubon
1/8	Warroad	2/13	@ Pine River Backus
1/12	Climax Fisher	2/20	@ Crookston
1/15	@ Mahnomen/Waubun	2/26	@ Wadena Deer Creek

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Bagley

Flyers Girls' Basketball

11/21	Lake Park Audubon
11/25	@ Nevis
12/2	@ Fosston
12/4	Fertile Beltrami
12/5	Littlefork-Big Falls
12/9	WHA
12/11	Climax Fisher
12/12	@ Win-E-Mac
12/16	@ Park Christian
12/18	Clearbrook Gonvick
12/19	Laporte
1/2	NCE-UH
1/5	Blackduck
1/8	Warroad
1/9	Fosston
1/12	@ Climax Fisher
1/15	@ Mahnomen/Waubun
1/16	TBA
1/23	@ Red Lake
1/29	@ Fertile Beltrami
1/30	Win-E-Mac
2/3	Ada-Borup-West
2/6	@ RLCC
2/9	@ LOW
2/10	@ Clearbrook Gonvick
2/17	@ Warroad

COACH'S COMMENTS

MATT HOIE

Conference Name: PTP

Section: 8A

Number of Years Coaching: 2nd

Last Year's Record: 12-13

Returning Starters: Makalyn Hoie, Whitney Plante

Coach's Outlook/Expectations: With a young team, we have lots of new pieces trying to figure out this year.

Your Pick(s) Section Favorite: Sacred Heart, Kelliher Northome



APPLICATION FORMS MAY BE DOWNLOADED FROM THE DISTRICT WEBSITE BAGLEY.K12.MN.US, PICKED UP IN THE DISTRICT OFFICE OR YOU MAY EMAIL NEKRE@BAGLEY.K12.MN.US. FOR MORE INFORMATION, PLEASE CALL JENNIFER HECHT AT 218-694-6184. SUCCESSFUL CANDIDATES MUST PASS A CRIMINAL BACKGROUND CHECK. POSITIONS WILL REMAIN OPEN UNTIL FILLED.

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- SUBSTITUTE TEACHER
- SCHOOL READINESS LONG TERM SUB TEACHER
- SPEECH AND LANGUAGE PATHOLOGIST - \$49,294
- DIRECTOR OF COMMUNITY EDUCATION - \$64,000 - \$74,309



Bagley Fosston

Brawlers Boys' Wrestling

12/6	Fosston Tournament
12/9	@ TRF Triangular
12/12	@ Grand Forks Central Tournament
12/13	@ Grand Forks Central Tournament
12/19	@ Pine River Backus Tournament
12/20	@ Pine River Backus Tournament
12/22	@ Fertile Beltrami
1/8	@ Park Rapids Triangular
1/10	@ Superior Tournament
1/13	Crookston
1/17	@ TRF Tournament
1/20	@ BGMR
1/22	@ Menahga Triangular
1/27	Quad vs Barnesville, BGMR, Roseau
1/29	Frazee
1/30	@ WHA Tournament

COACH'S COMMENTS

PAT WOLFE

Conference: NorthStar Wrestling Conference Section: 8A

Number of Years Coaching: 28

Last Year's Record: 12-7

Returning Starters: Seniors: Koltyn Larson, Ian Phrakonkham, Jonathan Rose & Domanick Thompson; Juniors: Parker Nelson & Shane Thompson; Sophomores: Gunner Nolan & Kamryn Thompson; Freshmen: Jack LaCroix, Eli Phrakonkham & Kiptyn Thompson.

Wrestlers to Watch: We return 4 state entrants to this year's team in Ian Phrakonkham, Shane Thompson, Kamryn Thompson & Kiptyn Thompson. We have others that have put in time in the off season and are looking to have a solid season.

Coach's Outlook: We graduated 4 seniors this past spring, which will leave some big holes to fill. However, we have a nice group of kids coming back this winter. Our team goal will be to get back to the "final four" of Section 8A. We will lean on our four seniors (Koltyn Larson, Ian Phrakonkham, Jonathan Rose & Domanick Thompson) to provide leadership in the practice room.

If we can keep the weight classes filled, we look to have a competitive team this winter.

Section Favorite: UNC

What is your projected starting lineup? This will be determined on a weekly basis and will likely change a fair amount this season.



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Bagley-Fosston

Flyers Boys' Hockey

11/21	Park Rapids Area
11/25	@ Greenway
12/2	LOW
12/4	@ Wadena Deer Creek
12/5	@ Ely
12/8	Crookston
12/11	@ Red Lake Falls
12/12	@ Moose Lake Willow River
12/16	KCC
12/18	Breckenridge/Wahpeton
12/22	Wadena Deer Creek
12/29	@ International Falls
12/30	@ International Falls
12/31	@ International Falls
1/3	@ Wahpeton Breckenridge
1/8	@ MayPort-CG
1/10	Ely
1/13	@ LOW
1/15	@ Crookston
1/20	Red Lake Falls
1/24	@ Becker Big Lake
1/27	Moose Lake Willow River
1/29	MayPort-CG
2/3	@ Park Rapids Area
2/10	@ KCC

COACH'S COMMENTS
ANDREW FLOYD**Conference:** Northwest**Section:** 8A**Number of Years Coaching:** 11 years**Last Year's Record:** 15-11**Returning Starters:** Wyatt Gerbracht, Logan Dillich, Grant Merschman, Reid Gerbracht, Dakota Erickson, Cole Johnson, Trenton Wiese, Camron Benson, James Palmer, Hayden Hanse, Issac Decoteau**Please provide a few stats for returning players:**

Logan Dillich had 16 goals and 13 assists, Wyatt Gerbracht had 23 goals and 11 assists, James Palmer had 11 goals and 19 assists, and Reid Gerbracht had 6 goals and 18 assists

Players to Watch: Logan Dillich had another solid year, Wyatt Gerbracht led the team in goals, James Palmer led the team in assists, Grant Merschman, and Reid Gerbracht, and Hayden Hanse solid defenseman**Coach's Outlook/Expectations:** With many returning players, the team will build on last year's success and be competitive in the Northwest Conference or try and win the Northwest Conference and be more competitive in our section.**Your Pick(s) Section Favorite:** Warroad, East Grand Forks**What is your projected starting lineup?**

Goalie- Brookston Hildebrandt, Center- James Palmer, Wing- Wyatt Gerbracht, Wing- Logan Dillich, Defense- Grant Merschman, Defense- Reid Gerbracht

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Community Pride Growth

Badger Greenbush Middle River

Gators Girls' Basketball

11/25	@ WAO
12/1	@ KCC
12/4	@ Warroad
12/5	@ RLCC
12/9	@ Fertile Beltrami
12/11	Mahnomen/Waubun
12/12	Northern Freeze @ TRF
12/29	@ Pelican Rapids Tournament
12/30	@ Pelican Rapids Tournament
1/5	Stephen Argyle
1/8	@ Goodridge Grygla
1/9	Roseau
1/12	@ Kelliher Northome
1/15	Climax Fisher
1/16	KCC
1/19	RLCC
1/20	@ Sacred Heart
1/27	@ TRF
1/29	@ Roseau
2/2	@ Stephen Argyle
2/5	Warroad
2/6	Sacred Heart
2/10	Goodridge Grygla
2/13	Win-E-Mac
2/19	Northern Freeze
2/20	WAO

COACH'S COMMENTS
BRAD DAHL**Conference Name:** We are in two conferences: North Border and Northern Galaxy**Section or Region:** 8A**Number of Years Coaching:** This is year 28 total for basketball... year 11 as head coach for the girls program**Last Year's Record:** 16-12**Returning Starters:** Teagan Landsrud, Kayle Vacura**Please provide a few stats for returning players:**

Teagan: 10 ppg, 8 rpg

Kayle 4 ppg, 5 rpg Addison Dvergsten 5 ppg

Players to Watch: Addison Dvergsten Teagan Landsrud**Coach's Outlook/Expectations:** We will lean on pressure defense to create more offensive opportunities for our team. We return some experience, but not a ton. All will have to up their contribution to the stat lines (rebounds, steals, points, etc) in order for us to be successful.**Your Pick(s) Section or Region Favorite:** Sacred Heart, WAO, KCC, F/C**What is your projected starting lineup?** Not sure yet...**Where are they now? Notable alumni:** Jade Reese ('23), Sierra Westberg ('24) and Kenzie Dahl ('25) are playing basketball at Northland Community and Technical College this year.

Badger Greenbush Middle River

Gators Boys' Basketball

12/2	Stephen Argyle
12/4	Red Lake County
12/8	Warroad
12/11	Mahnomen/Waubun
12/13	WAO @ TRF
12/15	Crookston
12/18	Sacred Heart
12/22	@ WAO
12/30	@ Goodridge Grygla
1/6	@ Stephen Argyle
1/9	@ KCC
1/12	@ LOW
1/13	Roseau
1/15	@ Clearbrook Gonvick
1/19	@ Northern Freeze
1/20	Fertile Beltrami
1/23	Goodridge Grygla
1/29	Northern Freeze
1/30	@ Roseau
2/3	KCC
2/5	@ Warroad
2/12	Win-E-Mac
2/17	@ Climax Fisher
2/19	LOW
2/23	@ Red Lake
2/26	@ Blackduck



Badger Greenbush Middle River

Gators Boys' Wrestling

12/6	@ Wadena Tournament
12/12	@ Grand Forks Central Tournament
12/13	@ Grand Forks Central Tournament
1/1	@ Rumble on the Red Fargodome
1/2	@ Rumble on the Red Fargodome
1/6	Triangular vs Frazee and Moorhead
1/8	@ Blackduck Triangular
1/9	@ Minnewaska Area Tournament

COACH'S COMMENTS KENT CHRISTIAN

Conference Name: North Star and North Border

Section or Region: 8A

Number of Years Coaching: 21

Last Year's Record: 5-22

Returning Starters: Will Foss, Adrian Nelson, Chase Lorenson

Please provide a few stats for returning players:

Adrain Nelson 12.8 PPF, 3.7 RPG 1.2 APG, 2.5 SPG

Will Foss 7.83PPF, 4.1 RPG 1.3 APG, 1.6 SPG

Chase Lorenson 6.8 PPF, 3.5 RPG 1.3 APG, 2.4 SPG

Austin Przekwas 4.2 PPF, 3.6 RPG .6 APG, .8 SPG

Players to Watch: Adrian Nelson, Will Foss, Chase Lorenson, Austin Przekwas

Coach's Outlook/Expectations: We hope to continue to improve as we have been extremely young the past couple years. Although we will still be relatively young we return a good core of players with many of them having game experience. We hope to be the best team we can be and be a team nobody wants to play come playoff time.

Your Pick(s) Section or Region Favorite:

Red Lake County Central and Fertile-Beltrami

What is your projected starting lineup? We will have an open competition for starting spots and playing time. We'll see who comes out and earns it.

Where are they now? Notable alumni: We have had quite a few alumni stick around the area and are doing a variety of jobs in the community.



Carrington

Cardinals Boys' Basketball

12/16	Devils Lake
12/19	Thompson
12/22	St John
12/29	Nedrose
12/30	Watford City
1/8	@ Ramsey Co Tournament Devils Lake
1/9	@ Ramsey Co Tournament Devils Lake
1/10	@ Ramsey Co Tournament Devils Lake
1/13	New Rockford Sheyenne
1/17	@ Northern Cass
1/19	@ Rugby

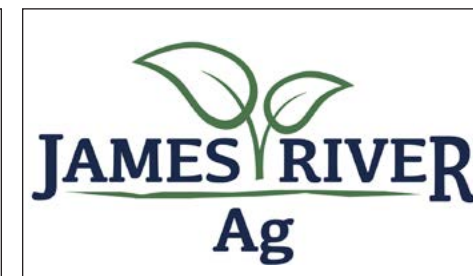
1/22	@ MayPort-CG
1/26	@ HCV
2/3	New Salem-Almont
2/5	Lisbon
2/6	@ Thompson
2/9	@ Griggs Midkota
2/12	@ Four Winds Minnewaukan
2/19	Medina-Pingree-Buchanan
2/27	Grafton
3/2	@ Harvey Wells Co

Carrington

Cardinals Boys' Wrestling

11/22	@ Minot Early Bird Tournament
11/25	@ Oakes
12/5	@ Velva Invite
12/6	@ Velva Invite
12/12	@ Pembina Co North
12/13	Al Larson Tournament

12/20	@ Valley City Invite
1/15	@ MayPort-CG
1/22	@ PCN Triangular
1/24	@ Lisbon Tournament
1/30	@ East West Tournament
1/31	@ East West Tournament



Carrington

Cardinals Girls' Basketball

12/1	South Prairie Max
12/9	@ HCV
12/12	@ Turtle Mountain
12/15	Benson County
12/18	@ Devils Lake
12/19	Thompson
12/29	Hazen
12/30	Dickinson Trinity
1/12	Four-Winds MInnewaukan
1/22	@ Grafton
1/27	Devils Lake
1/31	HCV
2/5	@ Thompson
2/7	@ Central Cass
2/13	Valley City

COACH'S COMMENTS

RANDY HOOEY

Region: 2A

Number of Years Coaching: 8 years, this will be my 9th

Last Year's Record: 12-10

Returning Starters: 3

Please provide a few stats for returning players:

Maddox: 10ppg, 5rpg, 2 steals per game

Taylen: 12ppg, 4rpg, 2 apg

Players to Watch: Taylen Mehning, Maddox McIlonie

Coach's Outlook/Expectations: I expect to take another step forward this year and hopefully get our first Region 2A win. The boys have showed good improvement this off season and looking to carry that over during the season.

Your Pick(s) Region Favorite: Devils Lake, Four Winds, Hillsboro/CV, Thompson, Grafton, MPOG & Harvey/WC

What is your projected starting lineup? Taylen Mehning, Maddox McIlonie, Tate Wolsky, Ewan Aberle, Alec Threadgold

2025 NORTH DAKOTA DIVISION B GIRLS BASKETBALL ALL-STATE

FIRST TEAM

NAME	POSITION	SCHOOL	HT.
Kennison Azure	Senior Guard/Forward	Hatton-Northwood	5'11
o 20.2 ppg, 6.6 rpg, 1.5 apg, 2.3 spg, 1.5 bpg, 47% 2FG, 44% 3FG, 82% FT			
Jersey Vogel	Senior Forward	Linton-Hmb	5'9
o 19.4 ppg, 5.6 rpg, 2.3 apg, 2.8 spg, 46% 2FG, 31% 3FG, 81% FT			
Laela Jensen	Senior Guard	Hettinger-Scranton	5'7
o 18.2 ppg, 6 rpg, 3.5 apg, 4.5 spg, 79% FT			
Addison Neshem	Sophomore Guard	Berthold	5'9
o 20.9 ppg, 7.3 rpg, 4.6 apg, 4 spg, 46% FG, 51% 2FG, 27% 3FG, 71% FT			
Ashley Martodam	Senior Forward	Tgu	5'10
o 21.5 ppg, 8.8 rpg, 4.1 apg, 2.3 spg, 1.1 bpg, 57% 2FG, 30% 3FG, 78% FT			

SECOND TEAM

NAME	POSITION	SCHOOL	HT.
Mashae Miller	Senior Guard	Kenmare-Bowbells	5'6
o 14.5 ppg, 4 rpg, 5 apg, 3 spg, 47% FG, 76% FT			
Morgan Snyder	Sophomore Guard	Central McLean	5'6
o 20 ppg, 5 rpg, 5 spg, 46% FG, 76% FT			
Aubrey Kenner	Junior Guard	Benson County	5'8
o 19.9 ppg, 3.0 rpg, 4.5 apg, 4.0 spg, 44.0% FG, 72.6% FT			
Violet Richman	Freshman Guard	Maple River	5'8
o 19 ppg, 3.5 rpg, 3.7 apg, 3.6 spg, 46% 2FG, 36% 3FG, 86% FT			
Sophia Headley	Senior Guard	Bowman County	5'11
o 17.3 ppg, 9 rpg, 3.8 apg, 4 spg			

(STATS DO NOT INCLUDE THE STATE TOURNAMENT)



Central Cass

Squirrels Boys' Basketball

12/13	HCV
12/16	@ Graftin
12/18	Langdon Area
12/20	Concordia Shootout
12/22	@ Valley City
1/3	@ Four Winds Minnewaukan
1/5	Wahpeton
1/15	Lisbon
1/17	Thompson
1/20	Kindred
1/23	@ Devils Lake Tournament
1/24	@ Devils Lake Tournament
1/30	Oak Grove
2/2	@ Wahpeton
2/5	Valley City
2/12	@ Lisbon
2/14	Fergus Falls @ Moorhead
2/17	@ Kindred
2/20	Devils Lake
2/27	Northern Cass
3/2	@ Oak Grove

COACH'S COMMENTS

MATT NORMAN

Region: Region 1

Number of Years Coaching: 14

Last Year's Record: 9-16

Returning Starters: Keagan Peterson, Easton Holland, Kash Lorenz, & Andrew Ziemer

Players to Watch: Easton Holland, Kash Lorenz, Andrew Ziemer, Kole Buhr, & Ben Nelson.

Coach's Outlook/Expectations:

Central Cass will look to build on the back of a rewarding 2025. We had a lot of unknown variables going into this past year, following the graduation of a large group of seniors. It was fun to watch our team compete throughout the season, and though our execution wasn't perfect, our effort was always there. We were a squad full of youth and little varsity playing experience, but we embraced the challenge and improved consistently. While it was fun to watch our players find successes last season, this year, expectations will be higher.

As a team blessed with a deep bench, we work to turn up the defensive pressure to a higher level. CCHS has several quick and hard-nosed guards who are willing to create extra possessions through their effort and dedication to a defensive mindset. We will need to extend the floor often to keep longer teams from getting clean looks at the rim.

Offensively, we will continue to build on last year's successes. Returning captains Easton Holland and Kash Lorenz were our leading scorers last season and have done a very nice job honing their skills this offseason. There have been countless others putting in hours of extra time in this summer to help provide additional consistent scoring. We're very excited to watch all that hard work pay off as we take another step forward in a competitive region.

To reach our goals this year, Central Cass will have to rely on one another and play a selfless brand of basketball. If we're willing to fight for extra possessions, pass up good shots for great ones, and celebrate each other's successes, we will have another rewarding season.

Your Pick(s) Region Favorite: Kindred

What is your projected starting lineup?

Keagan Peterson, Easton Holland, Kash Lorenz, & Andrew Ziemer

Where are they now? Notable alumni:

Sam Kobbervig (VCSU) & Cole Holzer (Concordia)



Central Cass

Squirrels Girls' Basketball

12/4	@ HCV
12/8	@ Langdon Area
12/11	@ Kindred
12/15	Northern Cass
12/18	@ Oak Grove
12/22	Thompson
12/30	@ Northern State Shootout
1/6	Wahpeton
1/9	@ Valley City
1/15	Lisbon
1/16	@ Devils Lake Tournament

1/17 @ Devils Lake Tournament

1/20 Kindred

1/26 Oak Grove

1/29 @ Wahpeton

2/3 @ Valley City

2/7 Carrington

2/10 @ Graftin

2/12 @ Lisbon

2/14 Devils Lake

2/16 @ Northern Cass

Central Cass

Squirrels Boys' Wrestling

12/2	Devils Lake Dual
12/6	@ Jamestown Tournament
12/11	@ Fargo South Dual
12/12	@ Grand Forks Central Tournament
12/13	@ Grand Forks Central Tournament
12/18	Triangular vs Fargo North and West Fargo
12/20	@ Devils Lake Tournament
1/3	@ Webster Tournament
1/6	@ West Fargo Dual
1/9	Letterman's Tournament

1/10 Letterman's Tournament

1/13 @ Lisbon Dual

1/15 Wahpeton Dual

1/16 @ Rugby Tournament

1/17 @ Rugby Tournament

1/22 @ Grand Forks Central Dual

1/23 @ Storhaug Tournament in Lisbon

1/24 @ Storhaug Tournament in Lisbon

2/3 @ Grand Forks Red River Dual

2/5 @ Fargo Davies Dual



Central Cass

Squirrels Girls' Wrestling

12/2	Devils Lake Dual	1/16	@ West Fargo Dual
12/6	@ Jamestown Tournament	1/17	@ Lisbon Tournament
12/12	@ Carrington Tournament	1/20	Triangular with Fargo and Wahpeton
12/19	@ Valley City Tournament	1/24	@ Napoleon Tournament
1/9	@ Bismarck Rotary Tournament	1/30	Triangular with Carrington and Napoleon
1/10	@ Bismarck Rotary Tournament	1/31	Belle of the Brawl Tournament
1/14	@ Lisbon Dual	2/7	Tournament @ Fargo

COACH'S COMMENTS
TRAVIS LEMAR

Region: EDC

Number of Years Coaching: 28

Last Year's Record: Boys 8-6, Girls 16-2

Returning Starters:

Boys: Derick Jorissen, John Kahl, Gallagher Wheeler, Jacob Urbach, Jake Myren, Logan Antony, Ben Quittschreiber, Iver Kuhne, Hunter Parisien, Riley Miller, Ayden Thummel, Adrian Arens, Briley Maher, McCoy Ferguson, Jennings Kuhne

Girls: Anna White, Lauren Aasmundstad, Ava Crandall, Emma Dutt, Laken Kapaun, Grace Lemar, Emerson Faleide, Taylen Boeder, Emma Schneider

Please provide a few stats for returning players: Returning Qualifiers: Gallagher Wheeler, Logan Antony, Ben Quittschreiber, Ayden Thummel, Briley Maher, McCoy Ferguson, Lauren Aasmundstad, Emma Dutt, Laken Kapaun, Emerson Faleide

Returning State Placers: Derick Jorissen, John Kahl, Hunter Parisien, Anna White, Grace Lemar

Players to Watch: We expect big things out of our returning placers this year. On the boys side, John, Hunter and Derick have put in a ton of time wrestling following the state tournament and getting ready for this season. I fully expect all three of them to be higher on the podium than what they were last year. With the girls, I expect to see the same thing. Anna is looking to win her 4th state title and hasn't stopped wrestling since last year. Grace will be looking to finish her senior year on top, and we expect big things out of both of them.

Coach's Outlook/Expectations: Boys: With the number of kids returning with varsity experience I really feel that we have a shot to compete for a spot at state duals. The East Region is going to be tough again this year, but we think we have the squad to get it done. The boys have put in a ton of work over the offseason, and we hope that will pay dividends when the season starts. We lost some great seniors so finding guys to fill the voids they left behind will be imperative to our success. We do return our 3 state placers and will rely heavily on them this season as leaders and major point scorers at tournaments. Our young guys are committed to being the best they can and if we see the growth out of them that we expect I truly believe we will have multiple kids on the podium in February.

With the girls, this is the most wide open our roster will be from the start of the program. We graduated a ton of talent and girls that have been on the roster since we started the program. We have some holes to fill but with what we have coming back I fully expect us to be a team that is right there at the end competing for a spot in the state dual tournament. We believe our younger girls are going to take a big step up this year and come February will also have multiple wrestlers on the podium at state.

Where are they now? Notable alumni: With the way wrestling is in college, you just don't see many kids from North Dakota competing at the next level. With limited programs in the area and across the United States the opportunities just aren't as available as they are in other sports. I would like to recognize some of my alumni that continue to give back to the sport. On our coaching staff, we have Zach Odden-Lemar, Cade Merrigan, Jeremiah Sullivan, Beron Sinner, Cade Olson-Tingelstad, Jordan Flynn and Catie Sinner who have continued with their wrestling careers, just on the coaching side not as an athlete. We also have Jaden Lemar, head coach at Grafton, and Peyton Lemar, assistant coach at Sioux Valley in South Dakota, who are also giving back to the sport as coaches.

Clearbrook Gonvick

Bears Boys' Basketball

12/2	Red Lake	1/6	@ Kelliher Northome
12/4	Blackduck @ Fosston	1/8	Roseau
12/5	@ Fosston Tournament	1/9	Goodridge Grygla
12/11	@ Ada-Borup-West	1/13	Red Lake County
12/13	KCC @ TRF Super Saturday	1/15	@ BGMR
12/16	@ RLC	1/16	@ WAO
12/18	@ Bagley	1/22	@ Northern Freeze
12/22	Fertile Beltrami	1/23	@ Win-E-Mac
1/6	@ Kelliher Northome	1/27	Sacred Heart
1/8	Roseau	1/30	Stephen Argyle
1/9	Goodridge Grygla	2/5	@ Blackduck
1/13	Red Lake County	2/6	@ Goodridge Grygla
1/15	@ BGMR	2/12	WAO
1/16	@ WAO	2/13	@ Sacred Heart
1/22	@ Northern Freeze	2/17	@ Red Lake
1/23	@ Win-E-Mac	2/20	Bagley
1/27	Sacred Heart	2/24	Mahnomen/Waubun
1/30	Stephen Argyle	2/27	@ Fosston
2/5	@ Blackduck		
2/6	@ Goodridge Grygla		

COACH'S COMMENTS

JEFFREY WESTRUM

Conference Name: North Star Conference

Section: 8A

Number of Years Coaching: Head Coach 3 years, Assistant 6 years

Last Year's Record: 12-15

Returning Starters: Grant Engen, Ryan Gerlofs, Braxton Bjerke (Out for Season, Injury)

Please provide a few stats for returning players: Grant Engen 10.2 ppg, 4.7 rpg, and 3.0 apg, Ryan Gerlofs 6.0 ppg, 4.6 rpg, Braxton Bjerke 16.5 ppg, 4.3 rpg

Players to Watch: Grant Engen, Ryan Gerlofs, and Kailem White

Coach's Outlook/Expectations: We hope to grow and build on our 12-15 finish last season.

Your Pick(s) Section Favorite: RLC

What is your projected starting lineup? Grant Engen, Kailem White, Ryan Gerlofs, Wyatt Westrum, and Trey Goudge

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11/25	Mahnomen/Waubun
12/5	Nevis
12/8	@ Red Lake
12/11	@ Fosston
12/12	Fertile Beltrami
12/16	@ RLCC
12/18	@ Bagley
12/22	@ NCE-UH
1/8	Blackduck
1/9	@ Deer River
1/13	@ LOW
1/15	Kelliher Northome
1/16	@ WAO
1/20	Pine River-Backus
1/22	@ Laporte
1/23	RLCC
1/29	@ WHA
2/2	Red Lake
2/5	Roseau
2/6	Cass Lake Bena
2/10	@ Kelliher Northome
2/13	@ Blackduck
2/17	LOW
2/19	Goodridge Grygla
2/20	Bagley

COACH'S COMMENTS

SCOTT SCHAFER

Conference Name: Northland

Section: 8A

Number of Years Coaching: 2

Last Year's Record: 8-20

Returning Starters:

Emma Fawver, Sarah Imle, Joely Hinrichs-Olson

Please provide a few stats for returning players:

Emma Fawver (11ppg) Joely Hinrichs-Olson (8ppg, 6 rpg)

Players to Watch:

Emma Fawver, Joely Hinrichs-Olson

Coach's Outlook/Expectations: We are looking to be competitive with a majority of the teams in our conference.

Your Pick(s) Section Favorite: Kelliher/Northome

What is your projected starting lineup?

Emma Fawver, Sarah Imle, Mya Engen, Joely Hinrichs-Olson, Ava Larson

Where are they now? Notable alumni:

Last year's All-Conference selection, Allison LaVine is attending BSU on a Track & Field Scholarship. Two-time MN State Champion in the Discus.

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Climax Fisher**Knights** Boys' Basketball

12/1	@ Blackduck	1/22	Fosston
12/5	@ Rothsay	1/23	@ NCE-UH
12/9	Park Christian	1/26	@ Win-E-Mac
12/11	@ Bagley	2/2	@ Crookston
12/12	@ Fosston	2/6	Mahnomen/Waubun
12/18	Win-E-Mac	2/9	Goodridge/Grygla
12/19	@ Kelliher Northome	2/10	Fertile Beltrami
1/6	KCC	2/13	@ Lake of the Woods
1/8	@ Ada-Borup-West	2/17	@ BGMR
1/12	Bagley	2/19	Laporte
1/13	@ Lake Park Audubon	2/20	@ Warren Alverado Oslo
1/16	@ Menahga	2/24	@ KCC
1/20	@ Stephen Argyle	2/27	Stephen Argyle

Climax Fisher**Knights** Girls' Basketball

11/25	KCC	1/13	@ Lake Park Audubon
12/1	@ Blackduck	1/15	@ BGMR
12/2	@ Hillsboro/Central Valley	1/19	Goodridge/Grygla
12/5	@ Rothsay	1/20	@ Stephen Argyle
12/9	Park Christian	1/23	@ NCE-UH
12/11	@ Bagley	1/26	Northern Freeze
12/12	@ Fosston	1/27	Win-E-Mac
12/18	Win-E-Mac	1/30	Crookston
12/19	@ Kelliher Northome	2/5	Fosston
1/2	@ Fertile Beltrami	2/6	Mahnomen/Waubun
1/5	Warren Alverado Oslo	2/10	Fertile Beltrami
1/8	@ Ada-Borup-West	2/17	Sacred Heart
1/12	Bagley	2/20	@ RLCC



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**Dilworth Glyndon Felton****Rebels** Boys' Basketball

12/2	@ Frazee	1/19	Crookson
12/5	@ Hawley	1/20	Pelican Rapids
12/9	@ Pelican Rapids	1/23	Frazee
12/12	Barnesville	1/26	Thief River Falls
12/18	@ East Grand Forks	1/30	@ Barnesville
12/22	@ Staples Motley	2/2	Hawley
12/29	DGF Tournament	2/6	Park Rapids
12/30	DGF Tournament	2/7	@ Kindred
1/2	Detroit Lakes	2/10	@ Ada-Borup-West
1/6	@ Park Rapids	2/13	Staples Motley
1/8	@ Perham	2/14	Dawson Boyd
1/10	@ Mahnomen/Waubun	2/20	Perham
1/15	Breckenridge	2/24	@ Breckenridge

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Dilworth Glyndon Felton

Rebels Girls' Basketball

11/25	@ Breckenridge
12/2	@ Frazee
12/5	@ Hawley
12/9	Pelican Rapids
12/11	@ TRF
12/12	Barnesville
12/16	@ Park Rapids
12/22	@ Staples Motley
12/29	DGF Tournament
12/30	DGF Tournament
1/2	Wadena Deer Creek
1/6	Moorhead
1/8	@ Perham
1/9	Proctor
1/13	@ Pelican Rapids
1/15	Breckenridge
1/20	@ Detroit Lakes
1/23	Frazee
1/27	Hawley
1/30	@ Barnesville
2/6	Park Rapids Area
2/10	@ Ada-Borup-West
2/12	East Grand Forks
2/13	Staples Motley
2/17	@ Crookston
2/20	Perham

COACH'S COMMENTS

JASON SUNDE

Conference Name: Heart O' Lakes

Section: 8AA

Number of Years Coaching: 6th girls (10th overall)

Last Year's Record: 23-6

Returning Starters: Aria Garrett, Ellie Boyd, Greta Devries, Alyvia Couchman

Please provide a few stats for returning players: Aria Garrett (19pts, 10reb) Alyvia Couchman (10pts, 4.5 Assists) Ellie Boyd (9pts, 7reb) Greta DeVries (9pts, 2assists)

Players to Watch: Aria Garrett (MSUM commit) Alyvia Couchman

Coach's Outlook/Expectations: Graduated only 1 senior last year so should be very competitive again this season. Should compete for conference and section championships.

Your Pick(s) Section Favorite: DGF, Perham, Frazee, Pelican Rapids

What is your projected starting lineup? Aria Garrett, Ellie Boyd, Greta DeVries, Alyvia Couchman, Annaliese Aas

Dilworth Glyndon Felton

Rebels Boys' Wrestling

12/6	@ HCV Duals	1/13	Triangular vs Moorhead and Fergus Falls
12/11	@ LPA Triangular	1/16	HOL Tournament @ Perham
12/13	@ Crookston Tournament	1/20	@ Barnesville
12/16	Quad vs Crookston, Frazee, Pelican Rapids	1/22	@ Grand Rapids Quad
12/20	@ Valley City Tournament	1/29	@ Bemidji
1/2	@ Rumble on the Red Fargodome	1/30	@ Pequot Lakes Tournament
1/3	@ Rumble on the Red Fargodome	2/5	Pelican Rapids
1/6	@ Perham Triangular	2/6	@ Detroit Lakes
1/9	@ LPA Terry Teiken Tournament		

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6A BBB – Henning Hornets

8A GBB – EGF Sacred Heart

8A BBB – Red Lake County Rebels

8AA GBB – Barnesville Trojans

8AA BBB – Pelican Rapids Vikings

8A GIRLS HOCKEY – Warroad Warriors

8A BOYS HOCKEY – East Grand Forks (State Champs)

8AA GIRLS HOCKEY – Moorhead Spuds

8AA BOYS HOCKEY – Moorhead Spuds (State Champs)

8A WRESTLING – United North Central

8AA WRESTLING – Perham Yellowjackets

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Fertile Beltrami

Falcons Boys' Basketball

12/9	@ Win-E-Mac
12/11	Fosston
12/16	@ Stephen Argyle
12/22	@ Clearbrook Gonvick
1/6	LPA
1/8	EGF
1/12	Win-E-Mac
1/13	@ Hillsboro-Central Valley
1/15	@ Fosston
1/16	Ada-Borup-West
1/20	@ BGMR
1/22	@ NCE-UH
1/27	@ Mahnomen/Waubun
1/29	Bagley
1/30	Cherry
2/2	Park Christian
2/10	@ Climax Fisher
2/12	@ KCC
2/14	PTP Championship in Fertile
2/17	@ Cass Lake Bena
2/19	Red Lake County
2/20	@ Goodridge Grygla
2/24	@ WAO
2/26	Sacred Heart

COACH'S COMMENTS
NEIL STEFFES**Conference Name:** Pine to Prairie**Section:** 8A**Number of Years Coaching:** 33**Last Year's Record:** 24-6**Returning Starters:** 3**Please provide a few stats for returning players:**

Preston Hanson 20.4 ppg, 6.1 rpg, 3 apg, 3.4 spg

Drew Gullickson 14.3 ppg, 7.5 rpg, 1.6 bpg

Bryer Strem 7.7 ppg, 4.4 apg, 3.1 spg

Gage Henrickson 9.2 ppg, 5.5 rpg

Players to Watch: Drew Gullickson, Preston Hanson, Bryer Strem**Your Pick(s) Section Favorite:** Red Lake County, Stephen Argyle**What is your projected starting lineup?** Not sure at this time**Where are they now? Notable alumni:**

Rylin Petry—NDSU Golf, Caiden Swenby—UMN Crookston Basketball

Fertile Beltrami

Falcons Girls' Basketball

11/25	Kelliher Northome
12/1	Fosston
12/2	Win-E-Mac
12/4	@ Bagley
12/12	@ Clearbrook Gonvick
12/15	Sacred Heart
12/19	@ Stephen Argyle
12/22	@ Mahnomen/Waubun
1/2	Climax Fisher
1/5	Lake Park Audubon
1/6	@ Northern Freeze
1/8	@ NCE-UH
1/13	@ Win-E-Mac
1/15	WAO
1/16	@ Fosston
1/22	BGMR
1/23	Ada-Borup-West
1/29	Bagley
1/30	@ Goodridge Grygla
2/3	Park Christian
2/10	@ Climax Fisher
2/12	@ KCC
2/14	PTP Championship in Fertile
2/17	RLCC

COACH'S COMMENTS
HALEY MOSHER**Conference Name:** Pine to Prairie**Section:** Section 8**Number of Years Coaching:** First year as head coach**Last Year's Record:** 12-13**Returning Starters:** 4**Please provide a few stats for returning players:** NA**Players to Watch:** Bailey Iverson and Madison Stueness**Coach's Outlook/Expectations:** This is a rebuilding year for our girls basketball program. We have all new coaching staff and talented athletes, so I am hoping to see the girls excel and set high goals!**Your Pick(s) Section Favorite:** Sacred heart
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Fertile Beltrami

Falcons Boys' Wrestling

12/6 Fosston Tournament	1/9 @ Terry Teiken Tournament in Lake Park
12/13 @ West Central Area Invite	1/17 @ TRF Tournament
12/19 @ NYM Quad	1/20 Triangular vs Pelican Rapids & WHA
12/20 @ Grafton Tournament	1/27 @ HCV Triangular
12/22 Fosston Bagley	1/30 @ Park Rapids Triangular
1/3 @ Fergus Falls Invite	1/31 Northwest Tournament in Fertile
1/6 @ Crookston	2/5 Mahnomen/Waubun
1/8 @ Blackduck Triangular	



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12/4 Holiday Tournament
12/5 Holiday Tournament
12/11 Fertile Beltrami
12/12 Climax Fisher
12/18 @ Crookston
1/5 Mahnomen/Waubun
1/6 @ Park Christian
1/9 NCE-UH
1/13 WAO
1/16 @ Fertile Beltrami
1/20 @ Bagley
1/22 @ Climax Fisher
1/23 @ LPA
1/29 @ Ada-Borup-West
2/5 @ Red Lake County
2/6 @ Win-E-Mac
2/10 Stephen Argyle
2/13 Cass Lake Bena in Bemidji
2/17 Blackduck
2/19 @ TRF
2/24 Goodridge Grygla
2/27 Clearbrook Gonvick
TBD Oak Grove at UMC

COACH'S COMMENTS

BEN HEMBERGER

Conference Name: Pine to Prairie

Section: 8A

Number of Years Coaching: 20 in Fosston (27 overall)

Last Year's Record: 13-14

Returning Starters: 0

Players to Watch: Jack Sekely, Jake Howard, Darien Holzer

Coach's Outlook/Expectations: We will be young and very inexperienced at the varsity level other than a couple of kids that came off the bench a year ago. It may take some time for our kids to adjust to the varsity level, but I expect them to compete every day in practice and improve as the season progresses.

Your Pick(s) Section Favorite: Red Lake County, Fertile, Stephen-Argyle

What is your projected starting lineup? Too early to tell

Where are they now? Notable alumni:

Ryne Duppong - Concordia (Moorhead) Football

Will Christian - Mayville State Football

Cullen Norland - Concordia (Moorhead) Baseball

Taylor Carlson - Still living the dream in rural Fosston



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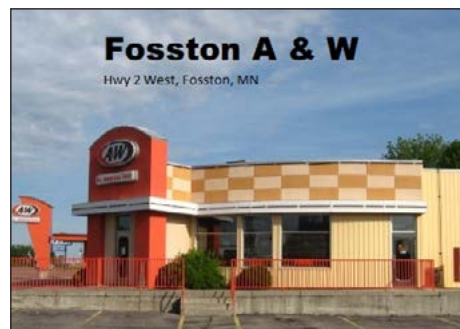
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Girls' Basketball

11/21	@ Park Christian	1/26	Crookston
11/25	@ Northern Freeze	1/29	@ Ada-Borup-West
12/1	@ Fertile Beltrami	2/3	Win-E-Mac
12/2	Bagley	2/5	Climax Fisher
12/8	NCE-UH	2/10	Stephen Argyle
12/9	TRF	2/13	Cass Lake Bena at Sanford Center in Bemidji
TBA	@ RLCC	2/16	RLCC
12/18	BGMR	2/19	WAO
12/19	@ Win-E-Mac		
1/5	@ Sacred Heart		
1/6	@ Mahanomen/Waubun		
1/9	@ Bagley		
1/13	@ Blackduck		
1/15	Clearbrook Gonvick		
1/16	Fertile Beltrami		
1/23	@ LPA		



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Goodridge Grygla**Chargers** Boys' Basketball

12/2	@ RLC	1/20	WAO
12/4	@ LOW	1/23	@ BGMR
12/9	@ Red Lake	1/27	@ Northern Freeze
12/11	@ WAO	1/30	@ KCC
12/13	Stephen Argyle @ TRF	2/2	Stephen Argyle
12/16	TRF	2/6	Clearbrook Gonvick
12/30	BGMR	2/9	@ Climax Fisher
1/2	@ Sacred Heart	2/10	Red Lake County
1/6	Northern Freeze	2/13	KCC
1/9	@ Clearbrook Gonvick	2/17	Sacred Heart
1/12	@ Roseau	2/19	Warroad
1/16	@ Win-E-Mac	2/20	Fertile Beltrami
1/19	Roseau	2/24	@ Fosston

Goodridge Grygla**Chargers** Girls' Basketball

11/20	@ Roseau	1/15	Roseau
11/24	RLCC	1/16	Bagley
11/25	@ Stephen Argyle	1/19	@ Climax Fisher
12/1	@ Win-E-Mac	1/22	WAO
12/4	@ Red Lake	1/23	Sacred Heart
12/9	Blackduck	1/26	Lake of the Woods
12/12	KCC @ TRF	1/30	Fertile Beltrami
12/16	@ WAO	2/2	@ KCC
12/18	Warroad	2/5	Stephen Argyle
1/5	RLCC	2/10	@ BGMR
1/8	BGMR	2/12	Northern Freeze
1/9	@ Northern Freeze	2/17	@ Clearbrook Gonvick
1/13	@ Warroad		

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Hawley

Nuggets Boys' Basketball

12/5	DGF
12/9	@ Staples Motley
12/11	NCE-UH
12/12	@ Pelican Rapids
12/18	Frazee
12/23	@ Detroit Lakes
12/26	Tournament
12/27	Tournament
1/2	TRF
1/6	Breckenridge
1/9	@ Park Rapids Area
1/10	Legacy Christian Academy @ Perham
1/13	@ EGF
1/16	@ Barnesville
1/20	Staples Motley
1/22	Perham
1/30	Pelican Rapids
2/2	@ DGF
2/6	@ Breckenridge
2/10	LPA
2/12	Crookston
2/17	@ Frazee
2/19	Ada-Borup-West
2/20	Park Rapids
2/24	Barnesville
2/27	@ Perham

COACH'S COMMENTS

NATHAN STOA

Conference Name: Heart O'Lakes**Section or Region:** Section 8AA**Number of Years Coaching:** 20**Last Year's Record:** 8-20 (3-13 HOL)**Returning Starters:** 3**Please provide a few stats for returning players:**

Coleman Hoff Sr. (9.5 ppg 2.6 rpg 1.8 apg)

Jaxon Schenck Sr. (7.2 ppg 3.3 rpg 2.0 apg)

Matthew Crompton Jr. (7.8 ppg 5.7 rpg 3.3 apg)

Players to Watch: Owen Becker (Sr), Evan Schenck (Sr), Elliot Lee (Jr), Charles Steer (Jr), Tucker Anderson (Jr), Brody Hadley (Jr), Lincoln Midthun (Sr)**Coach's Outlook/Expectations:** Due to injuries, the start of our season could look a bit different than expected, but that will provide opportunities for others to step into our lineup and grow in a new role.**Your Pick(s) Section or Region Favorite:** East Grand Forks**What is your projected starting lineup?** TBD**Where are they now? Notable alumni:** Noah Nelson (NDSU Football), Brevin Stoa (Bethany Lutheran Basketball), Jack Justesen (UMC Golf), Derek Tibbetts (MSUM Football), Benjamin Geeslin (MSU-Mankato XC/TF)

Hawley

Nuggets Girls' Basketball

11/21	@ Staples Motley
11/25	Barnesville
12/2	@ Perham
12/5	DGF
12/9	Ada-Borup-West
12/12	@ Pelican Rapids
12/16	@ Breckenridge
12/19	Frazee
12/23	@ Detroit Lakes
12/29	Moorhead Tournament
12/30	Moorhead Tournament
1/2	Fargo Davies
1/8	Crookston

1/9	@ Park Rapids Area
1/13	Staples Motley
1/16	@ Barnesville
1/22	Perham
1/23	@ Wadena Deer Creek
1/27	@ DGF
1/30	Pelican Rapids
2/2	@ Menahga
2/6	Breckenridge
2/10	LPA
2/12	@ TRF
2/17	@ Frazee
2/20	Park Rapids Area

COACH'S COMMENTS

JED CARLSON

Conference Name: Heart O' Lakes**Section or Region:** 8AA**Number of Years Coaching:** 10**Last Year's Record:** 14-13**Returning Starters:** Sella Fleming, Addison Sanvik, McKenna Walker, Emily Vetter, Katie Vetter**Please provide a few stats for returning players:**

Sella Fleming: 7.0 ppg, 2.4 apg

Addison Sanvik: 12.5 ppg, 3.0 rpg, 2.1 spg

Katie Vetter: 9.5 ppg, 4.5 rpg, 3.5 steals, 3.3 apg

Emily Vetter: 9.0 ppg, 9.9 rpg (led the HOL), 2.1 steals

McKenna Walker: 8.9 ppg, 5.5 rpg

Players to Watch: We have such a balanced team, and rotated between six starters last season. We also expect seniors Mallory Halvorson, Kendallynn Hill, Greta Brager, and Brooke Geffre to add to that balance. Juniors Josie Schenck, Ali Langerud, Audrina Liebenow, and Audrey Ellingson will also look to help the squad.**Coach's Outlook/Expectations:** We return an experienced group of Seniors who have had success in basketball and in their Fall and Spring activities. We look to compete with the top teams in a loaded Heart O' Lakes conference and very deep Section 8AA. We will look to dictate the pace of play on both ends of the floor and expect improved shooting from a year ago. Our team is very balanced, and full of kids with great character. It should be a fun season!**Your Pick(s) Section or Region Favorite:**

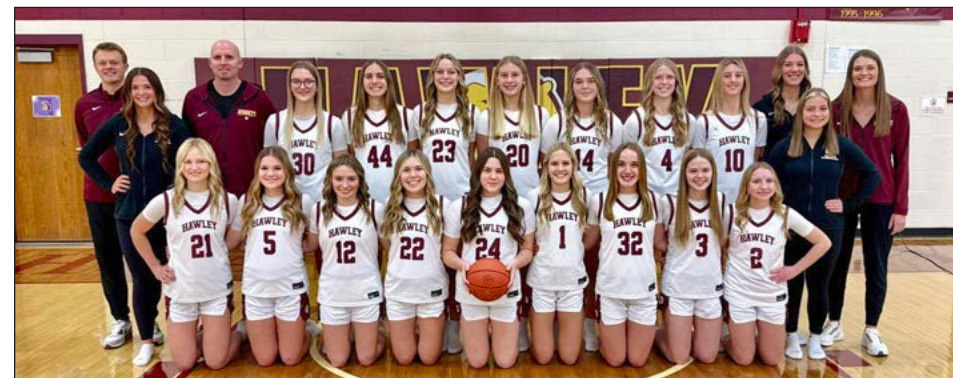
DGF, Pelican Rapids, Perham

What is your projected starting lineup?

PG - Katie Vetter, SG - Sella Fleming, SF - Addison Sanvik, PF - McKenna Walker, C - Emily Vetter

Where are they now? Notable alumni:Izzy Steer is playing college basketball at Wisconsin-Stevens Point
Ingrid Rustad is playing volleyball at NDSCS,
Izzy Johnson is running the show at the Hawley Dairy Queen!
Paige Thompson is the current Head Volleyball Coach for the Perham Yellowjackets.Klevgaard
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Hillsboro-Central Valley

Burros Boys' Basketball

12/13 @ Central Cass	1/27 @ Grafton
12/16 Kindred	2/3 @ MayPort-CG
12/19 @ Devils Lake	2/5 Devils Lake
12/30 @ Thompson	2/9 Thompson
1/2 MayPort-CG	2/12 Park River Area
1/10 @ Milbank, SD	2/13 Ada-Borup-West
1/13 Fertile Beltrami	2/20 Harvey Wells Co
1/16 @ Lisbon	2/24 @ Valley City
1/22 Oak Grove	2/27 Four Winds/Minnewaukan
1/23 @ Northern Cass	3/3 Grafton
1/26 Carrington	

COACH'S COMMENTS

ELLIOT ROTVOLD

Section: Class A – Region 2

Number of Years Coaching: 33rd overall (29th in Hillsboro / 14th for HCV)

Last Year's Record: 8 - 14

Returning Starters: Tyson Leshuk, Chase Haffely, Bryce Miller

Please provide a few stats for returning players:

Chase Haffely 6'2" Senior – 8.3 pts., 6.0 rebs., 3.8 assists

Tyson Leshuk 6'2" Senior – 7.0 pts., 3.2 rebs., 2.0 steals

Bryce Miller 6'4" Junior – 7.2 pts., 5.9 rebs., 3.3 assists, 2.5 steals

Alexander Dufner 6'5" Senior – 9.7 pts., 5.6 rebs.

Brody Rogenes 5'9" Senior – 1.1 pts. 1.0 rebs.

Jaren Reed 5'10" Senior – 1.0 pts., 1.0 rebs

Rylan Buchholz 5'11" Senior – 1.0 pts., 1.0 rebs.

Players to Watch:

Drew Barclay 6'1" Senior – 7.5 pts. (JV)

Griffin Mitzel 6'1" Junior – 7.5 pts. (JV)

Austin Cotton 5'11" Junior – 5.0 pts (JV)

Trey Johnson 6'0" sophomore – 6.5 pts. (JV)

Coach's Outlook/Expectations: The HCV Burros lost a good group of senior players off last year's team, but have a good group of experienced players returning. The Burros struggled offensively at times last season and will need a couple players to step up and be the go to guys on offense. Even with that the team should be able to have balance scoring from 5 to 7 guys. Alexander Dufner led the team in scoring coming off the bench last season and has had a good off-season in preparation. He will be counted on to man the middle for the team and be a big scorer. Bryce Miller had a great off-season and is poised to be a top scorer for the team along with being a defensive stopper. He is a versatile wing player that will have to play lots of positions. Tyson Leshuk is an excellent defender and athlete that plays bigger and can go inside to help with some scoring punch. Chase Haffely is the other returning starter that will be counted on to have a great year as he is a good shooter and great competitor. We will need to find some depth from the next 7 or 8 guys and there will be good competition for playing time. The Burros will look to play a more aggressive style of ball this season in order to use the strengths that they have. We will need more consistent shooting this season and we should get that with a lot of players having good ability to knock down shots. Defensively we will be hard-nosed and tough and will have to turn that into some easy offensive output. The schedule is tough again in Class A and region 2 will be balanced and tough with 4 or 5 teams battling for the crown. The Burros should have an excellent opportunity to be in that mix.

Your Pick(s) Region Favorite: Devils Lake, Four Winds/Minnewaukan, HCV, Grafton, Thompson, Carrington, MPCG, Harvey/Wells County. (Top 4 or 5 will be battling it out for the top 3 spots.)



2025 NORTH DAKOTA DIVISION B BOYS BASKETBALL ALL-STATE

FIRST TEAM

NAME	POSITION	SCHOOL	HT.
Raeshawn Earl	Junior Guard	Hankinson (unanimous)	6'1
o 25.6 ppg, 5.4 rpg, 3.3 apg, 4.0 spg, 1 bpg			
Walker Braaten	Senior Guard	Westhope-Newburg	6'3
o 22.9 ppg, 6.5 rpg, 2.2 apg, 3.5 spg, 53% FG, 66% 2FG, 35% 3FG, 78% FT			
Little Hail Perkins	Senior Forward	Garrison	6'4
o 23.7 ppg, 9.1 rpg, 2 apg, 2.7 spg, 1 bpg, 44% FG, 75% FT			
Ramsey Walz	Senior Forward	Bishop Ryan	6'7
o 18.3 ppg, 11 rpg, 1.4 apg, 1.1 spg, 2.1 bpg, 66% FG, 70% 2FG, 39% 3FG, 67% FT			
Elijah Feather	Senior Guard	Warwick	6'1
o 23 ppg, 9.5 rpg, 2.1 apg, 3.2 spg, 38% FG, 44% 2FG, 31% 3FG, 77% FT			
Blake Larson	Senior Forward	Hettinger-Scranton	6'5
o 21.1 ppg, 10.5 rpg, 2 apg, 1.6 spg, 1 bpg, 57% FG			

SECOND TEAM

NAME	POSITION	SCHOOL	HT.
Braden Bailey	Senior Guard	Westhope-Newburg	5'6
o 17.4 ppg, 1.6 rpg, 4 apg, 1.7 spg, 54% FG, 66% 2FG, 32% 3FG, 70% FT			
Parker Jacobson	Junior Guard	Washburn	6'3
o 23.7 ppg, 4 rpg, 4 apg, 1.5 spg, 56% 2FG, 47% 3FG, 75% FT			
Brennan Johnson	Senior Center	Tioga	6'8
o 27.8 ppg, 17.8 rpg, 3 apg, 1.7 spg, 56% FG, 58% 2FG, 27% 3FG, 52% FT			
Jett Lundeen	Senior Guard	Bishop Ryan	6'1
o 13.8 ppg, 6 rpg, 4.2 apg, 1.7 spg, 48% FG, 57% 2FG, 35% 3FG, 77% FT			
Justus Baker	Senior Guard	Beach	6'1
o 23 ppg, 5 rpg, 3 apg, 4.5 spg			
Wyatt Weekley	Sophomore Guard	Our Redeemer's	6'2
o 13.8 ppg, 4.8 rpg, 3.5 apg, 1.6 spg, 1.2 bpg, 50% FG, 63% 2FG, 38% 3FG, 81% FT			

(STATS DO NOT INCLUDE THE STATE TOURNAMENT)



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Hillsboro-Central Valley

Burros Girls' Basketball

12/2	Climax Fisher
12/4	@ Central Cass
12/9	Carrington
12/12	@ Oak Grove
12/15	MayPort-CG
12/16	@ Hatton Northwood
12/19	Maple River
12/30	@ Thompson
1/6	@ Larimore
1/9	Drayton Valley Edinburg
1/12	@ Grand Forks Central
1/16	@ Harvey Wells Co
1/19	Park River Area
1/23	@ Northern Cass
1/24	Four Winds/Minnewaukan
1/27	@ Grafton
1/31	@ Carrington
2/3	@ MayPort-CG
2/6	@ Devils Lake
2/13	Ada-Borup-West
2/16	Grafton

COACH'S COMMENTS

DUANE CONNELL

Region: Region 2

Number of Years Coaching: HCV – 4 years (30 years total)

Last Year's Record: 10 - 12

Returning Starters: 3

Please provide a few stats for returning players:

Paityn Olson averaged a double double last season. Paityn had 47 blocks to Paige Cotton's 32.

Players to Watch: Paityn Olson, Paige Cotton, Addison Saure

Coach's Outlook/Expectations: We don't have as much depth this year, but we have a lot of returning experience. We should be faster and more athletic this year. We need to get our turnovers down and force more turnovers defensively.

Your Pick(s) Region Favorite: Thompson, Devils Lake, Carrington

What is your projected starting lineup? Paityn Olson, Paige Cotton, KC Hong, Hadley Abentroth, Addison Saure



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Hillsboro Central Valley

Burros Boys' Wrestling

11/25	Triangular vs Grand Forks Central and Lisbon
12/6	HCV Dual Tournament
12/9	@ Thompson Triangular
12/13	@ Crookston Tournament
12/16	@ Cavalier Triangular
12/20	@ Devils Lake Tournament
1/6	@ Kindred Triangular
1/8	@ Grafton Triangular
1/9	@ Central Cass Tournament

1/10	@ Central Cass Tournament
1/15	@ MayPort-CG Triangular
1/16	@ Rugby Tournament
1/17	@ Rugby Tournament
1/22	@ Larimore Triangular
1/24	@ Lisbon Tournament
1/27	Quad with FB, Valley City, Grafton
1/30	East West @ New Salem
1/31	East West @ New Salem

COACH'S COMMENTS

ROB OWENS

Conference Name: East Region Conference

Region: East Region

Number of Years Coaching: 20

Last Year's Record: 14-12

Returning Starters: Brody Pelton, Mason Ouellette, Ethan Kittelson, Jackson Kleckner, Ethan Drake, Justin Torroll, Sawyer Owens, Colton Hunt, Carson Kozojed, Lane Nelson, Zander Dovenmuehler, Easton Beach, Cade Mueller, Brayden Chenault, Devin Wigdahl

Please provide a few stats for returning players:

JUSTIN TORROLL:

Overall record start of 2025 season: 128-64

State Qualifier: 2022, 2024, 2025

State Placer: 8th 2024

CARSON KOZOJED:

Overall record start of 2025 season: 148-62

State Qualifier: 2021, 2022, 2023, 2024, 2025

State Placer: 5th 2023, 7th 2024, 5th 2025

SAWYER OWENS:

Overall record start of 2025 season: 195-25

State Qualifier: 2021, 2022, 2023, 2024, 2025

State Placer: 7th 2022, 2nd 2023, 1st 2024, 1st 2025

BRAYDEN CHENAULT:

Overall record start of 2025 season: 94-68

State Qualifier: 2023, 2024, 2025

State Placer: 7th 2024, 6th 2025

ZANDER DOVENMUEHLER:

Overall record start of 2025 season: 43-72

State Qualifier: 2024, 2025

Coach's Outlook/Expectations: We are hoping to stay healthy and continue getting better each year. We have a great senior class, and we are hoping to see Sawyer back in the finals with a couple of others making their way there as well.

Your Pick(s) Region Favorite: North East Region – PCN, Hillsboro, and Carrington.

What is your projected starting lineup? We have a couple 7th graders who may break into the lineup and it is too early to tell at this point.



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Hillsboro Central Valley

Burros Girls' Wrestling

11/22	@ Lisbon Tournament
12/4	@ Grand Forks Central meet
12/12	@ Carrington Tournament
12/13	@ Grand Forks Central Tournament
12/16	@ Northern Cass Triangular
12/19	@ Valley City Tournament
12/20	@ Grafton Tournament

1/6	@ Kindred Triangular
1/15	@ Devils Lake Triangular
1/17	@ Lisbon Tournament
1/20	Triangular vs Northern Cass & Crookston
1/22	@ Northern Cass Meet
1/24	@ West Fargo Tournament
1/31	@ Central Cass Tournament



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Kindred

Vikings Boys' Basketball

12/16	@ HCV
12/18	Grafton
12/20	Bismarck Shiloh Christian
12/30	MayPort-CG
1/8	Oak Grove
1/9	Fargo North
1/12	@ Lisbon
1/15	Wahpeton
1/20	@ Central Cass
1/23	@ Devils Lake
1/24	@ Four Winds Minnewaukan at Devils Lake
1/27	Valley City
2/5	@ Oak Grove
2/7	Dilworth Glyndon Felton
2/9	Lisbon
2/12	@ Wahpeton
2/13	Morris Area @ Moorhead
2/14	@ Moorhead
2/17	Central Cass
2/27	@ Valley City
3/2	Northern Cass

COACH'S COMMENTS

BRAD WOHL

Region: Region 1A

Number of Years Coaching: 28

Last Year's Record: 25-1

Returning Starters: Brooks Bakko

Players to Watch: Luke Starcevic, Gabe Whipple, Gabe Iverson, Eli Maack, Carter Gronwold, Graham Hesse & Tyler Gronwold

Coach's Outlook/Expectations: We lost five seniors from last year and their production is going to be a challenge to duplicate. We tell like we some players ready to step into a much more significant role. We are hopeful to be competitive come March.

Your Pick(s) Section or Region Favorite: Central Cass or Wahpeton

What is your projected starting lineup? Bakko, Starcevic, Whipple & TBD

Where are they now? Notable alumni:

Karson Ouse – UND Basketball

Presley Peraza – Colorado Christian University Basketball

Jake Starcevic – Army West Point Football



Kindred

Vikings Girls' Basketball

12/1	@ Fargo Davies
12/4	Barnesville
12/11	Central Cass
12/15	@ Valley City
12/18	Northern Cass
12/20	Bismarck Shiloh Christian
12/30	MayPort-CG
1/3	@ Thompson
1/8	Oak Grove
1/10	Bottineau
1/12	@ Lisbon
1/15	Wahpeton
1/16	@ Devils Lake vs Rugby
1/17	@ Devils Lake vs Devils Lake
1/20	@ Central Cass
1/22	Valley City
1/29	@ Carrington
1/30	@ Northern Cass
2/3	@ Oak Grove
2/9	Lisbon
2/12	@ Wahpeton
2/13	Grafton

COACH'S COMMENTS

SAM BRANDT

Region: Region 1 A

Number of Years Coaching: Start of year 9

Last Year's Record: 19-6

Returning Starters: Siera Nipstad & Liza Trenbeath

Players to Watch: Liza Trenbeath, Siera Nipstad, Kate Odegaard & Collins McQuillan

Coach's Outlook/Expectations: We are excited about this young group of 11 players and believe their success will come from effort, discipline, and teamwork. Though small and inexperienced, this team is expected to compete with energy, stay coachable, support one another, and represent Kindred with pride and character. The focus is on growth, embracing challenges, and laying the foundation for a strong future.

Your Pick(s) Region Favorite: Valley City, Thompson, & South Prairie will be tough to beat

What is your projected starting lineup? Liza Trenbeath, Siera Nipstad, & Kate Odegaard

Where are they now? Notable alumni:

Abby Duke- Alabama Softball, next fall at UND for Basketball

Terryn Johnson- MSUM Dragons Womens Basketball

Payton Gette- NDSCS Womens Basketball

Avery Bartels- NDSU Golf, freshman of the year last year

Leah Rolland- BSC Womens Softball

Zoe Sharp- SWMS- track



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Kindred

Vikings Boys' Wrestling

12/6	@ Wahpeton Tournament
12/11	@ Edgeley Dual
12/13	@ Lamoure Tournament
12/16	Horace & Valley City Triangular
12/19	@ Linton HMB Tournament
12/20	@ Linton HMB Tournament
1/6	HCV and Oakes Triangular
1/9	@ Central Cass Tournament
1/10	@ Central Cass Tournament

1/15	@ Milnor Quad
1/16	Triangular in Kindred
1/22	@ MayPort-CG Triangular
1/23	@ Lisbon Tournament
1/24	@ Lisbon Tournament
1/30	@ New Salem Tournament
1/31	@ New Salem Tournament
2/7	@ Napoleon Region Duals
2/14	@ Valley City Region Individuals

COACH'S COMMENTS

JUSTIN LEHMANN

Conference Name: Class B East Region

Region: Class B East Region, Class B SE Dual Region

Number of Years Coaching: 14th year

Last Year's Record: 9-3

Returning Starters: Bristol Swanson (107), Gavin Rude (114), Gavin Swenson (121), Jaeger Jordheim (127), Cameron Kittelson (133), Brock Johnson (139), Noach Swenson (145), Myles Thielges (152), Fisher Johnson (160), Tanner Menge (172), Kasen Nudell (285)

Please provide a few stats for returning players:

Myles Thielges had 95 takedowns last year (school record)

Tanner Menge had 29 pins last year (school record)

Myles Thielges and Brock Johnson reached 100 career wins last year

Potential broken school career records in 25-26:

- Takedowns – Myles Thielges has 242, record is 304
- Escapes – Tanner Menge has 96, record is 110

Wrestlers closing in on 100 career wins:

- Tanner Menge – 93 wins
- Fisher Johnson – 74 wins

Players to Watch: Sophomore Tanner Menge, Juniors Brock Johnson, Fisher Johnson, Noach Swenson, and Myles Thielges

Coach's Outlook/Expectations: We are really excited for the upcoming season. We are returning our entire starting lineup, along with a few other wrestlers who were in and out of the lineup at different points of the season. With no seniors and five juniors,

we are still probably classified as a young team, but we have a lot of varsity experience throughout our lineup. We are led by our junior class that has two returning state place winners in Brock Johnson and Myles Thielges, a likely state place winner in Fisher Johnson, who had his season cut short due to injury, as well as Noach Swenson. Following them are our three sophomores that all have plenty of varsity experience. Tanner Menge is the returning state runner-up at 172. Gavin Swenson was a state place-winner, and Gavin Rude was a state qualifier. After those seven, our lineup will be filled with solid wrestlers. This is a group of wrestlers that have been wrestling together for years and have high hopes and aspirations for the upcoming season.

Your Pick(s) Region Favorite: Lisbon

What is your projected starting lineup?

- 107 – Jaden Rude
- 114 – Anthony Vetter
- 121 – Bristol Swanson
- 127 – Nolan Menge
- 133 – Gavin Swenson
- 139 – Gavin Rude
- 145 – Noach Swenson
- 152 – Brock Johnson
- 160 – Myles Thielges
- 172 – Fisher Johnson
- 189 – Tanner Menge
- 215 – Open
- 285 – Kasen Nudell

Where are they now? Notable alumni:

Carter Schmitz – NDSU student, NDHSAA Wrestling Official

Kindred-Richland

Vikings Girls' Wrestling

12/5 @ Wahpeton Tournament	1/10 @ Bemidji Tournament
12/11 @ Edgeley Dual	1/17 @ Lisbon Tournament
12/13 @ Grand Forks Central Tournament	1/22 at MayPort-CG Meet
12/16 Horace & Valley City Triangular	1/24 @ West Fargo Horace Tournament
12/19 @ Valley City Tournament	1/31 @ Central Cass Tournament
1/6 HCV and Oakes Triangular	

COACH'S COMMENTS

JUSTIN LEHMANN

Conference Name: Class B East Region

Region: Class B East Region

Number of Years Coaching: 14th year

Last Year's Record: No Duals

Returning Starters: Taryn Roesler (106), Maia Miller (118), Naomi Miller (142), Lydia Lange (142), Ida Berg (155)

Please provide a few stats for returning players:

Taryn Roesler – returning state champion at 106
Naomi Miller – returning 6th place at 142

Players to Watch: Taryn Roesler, Naomi Miller

Coach's Outlook/Expectations: We don't have high numbers in our girls program yet, but we do have a couple of returning state place winners as the leaders of our team. Junior Taryn Roesler was the state champion at 106 pounds last year and will look to defend her title this year. Junior Naomi Miller placed 6th last year and will look to climb the podium. Our other three returning girls were new to wrestling last year but made huge strides and will be looking to qualify for the state tournament this year. Overall, our numbers may be small, but we still have high hopes for the handful of girls that we have.

Your Pick(s) Region Favorite: Grand Forks

What is your projected starting lineup?

112 – Taryn Roesler
118 – Maia Miller
142 – Naomi Miller
148 – Lydia Lange
155 – Ida Berg



Kittson County Central

Bearcats Boys' Basketball

12/2 Northern Freeze
12/8 @ Sacred Heart
12/9 Roseau
12/13 Clearbrook Gonvick @ TRF
12/15 WAO
12/18 @ Stephen Argyle
12/22 @ EGF
1/6 @ Climax Fisher
1/9 BGMR
1/13 @ Northern Freeze
1/15 @ Roseau
1/20 RLC
1/22 LOW
1/23 Stephen Argyle
1/26 Warroad
1/29 Sacred Heart
1/30 Goodridge Grygla
2/3 @ BGMR
2/5 @ WAO
2/10 @ Warroad
2/12 Fertile Beltrami
2/13 @ Goodridge Grygla
2/19 Grafton
2/24 Climax Fisher
2/27 @ Crookston

COACH'S COMMENTS

TRENT JEROME

Conference Name: North Star conference

Section or Region: Section 8

Number of Years Coaching: Done with 4 and starting year 5

Last Year's Record: 22-8

Returning Starters: Eli Peterson, Brody Scalese, Brock Scalese, and Kellen Johnson

Please provide a few stats for returning players:

Kellen Johnson 15 PPG 6 RPG 3 APG
Brody Scalese 10 PPG 5 RPG 2.5 APG
Eli Peterson 9 PPG 4 APG

Players to Watch: Kellen Johnson, Eli Peterson, Brody Scalese

Coach's Outlook/Expectations: We return a strong core from last year's Section Championship runner-up team, and this group has the firepower to make another deep postseason run. Our identity starts with unselfish ball movement, great spacing, and shooters at every spot on the floor. These guys compete, they trust each other, and they show up for one another every day. If we stay disciplined, keep defending, and continue to value every possession, this team has the potential to play its best basketball when it matters most.

Your Pick(s) Section or Region Favorite: Red Lake County Rebels

What is your projected starting lineup? Eli Peterson, Brock Scalese, Brody Scalese, James Cerkowniak, and Kellen Johnson

Where are they now? Notable alumni:

Kaden Vig- Defensive end for the University of North Dakota
Ty Vig- Starting 5 man for M state Fergus Falls

Kittson County Central

Bearcats Girls' Basketball

11/21 @ TRF	1/15 Warroad
11/25 @ Climax Fisher	1/16 @ BGMR
12/1 BGMR	1/19 @ Stephen Argyle
12/5 @ Win-E-Mac	1/22 LOW
12/12 @ Goodridge Grygla	1/26 @ WAO
12/16 Stephen Argyle	1/27 Roseau
12/19 @ Sacred Heart Tournament	2/2 Goodridge Grygla
12/20 @ Sacred Heart Tournament	2/5 RLCC
12/22 @ EGF	2/6 @ Northern Freeze
1/2 @ RLCC	2/9 @ Sacred Heart
1/5 Northern Freeze	2/12 Fertile Beltrami
1/8 @ Roseau	2/17 WAO
1/12 @ Ada-Borup-West	2/20 @ Kelliher Northome

Kittson County Central

Bearcats Boys' Hockey

11/25	Crookston	12/31	@ Roseau Tournament
12/2	@ MayPort-CG	1/3	Park Rapids Area
12/9	@ RLF	1/6	RLF
12/12	@ LOW	1/10	International Falls
12/13	@ International Falls	1/13	Thief River Falls
12/16	@ Bagley Fosston	1/17	@ Wahpeton
12/20	MayPort-CG	1/22	@ Crookston
12/22	LOW	1/24	@ Wadena Deer Creek
12/29	@ Roseau Tournament	1/31	@ Park Rapids Area
12/30	@ Roseau Tournament	2/10	Bagley/Fosston

Lake of the Woods

Bears Boys' Basketball

12/2	Littlefork Big Falls	1/16	Laporte
12/4	Goodridge Grygla	1/22	@ KCC
12/8	Blackduck	1/27	Kelliher Northome
12/9	@ Laporte	1/29	International Falls
12/11	@ International Falls	1/30	Stella Maris Academy
12/16	@ Warroad	2/2	@ Blackduck
12/18	@ Littlefork Big Falls	2/6	@ Ely
12/22	Floodwood	2/9	Bagley
12/29	@ International Falls Tournament	2/13	Climax Fisher
12/30	@ International Falls Tournament	2/19	@ BGMR
1/9	Bigfork	2/20	@ Floodwood
1/12	BGMR	2/23	@ Kelliher Northome
1/15	@ Northern Freeze	2/24	@ Roseau

COACH'S COMMENTS

RYLAN HENRICKSON

Conference Name: North Border

Section: 8A East

Number of Years Coaching: 5

Last Year's Record: 4 W - 20 L

Returning Starters: All starters are returning. Seven different kids started more than one game last season.

William Tange, Kodiak Dorrow, John Forrest, Nolan Martinson, Oscar Maki, Preston Thompson, Lucas Holen

Please provide a few stats for returning players:

John Forrest as a Freshman 11.4 ppg 44% FG also led the team with 125 Rebounds and 35 assists

Nolan Martinson as a Freshman averaged 10 ppg and led the team in Freethrow and 3-Point percentages

Players to Watch: William Tange averaged 5.2 ppg and 5 reb last season. This will potentially be their 3rd season as a starter. We are looking for Will to have a big senior season. He has been putting in work in the gym and the weight room the last several months.

Oscar Maki ended up playing a lot of minutes as our point guard last season as a Freshman. They have grown 2 to 3 inches taller and their shoulders have broadened and put on some muscle compared to last season.

Coach's Outlook/Expectations: I hope we take a leap from last season. I don't know if we are going to win a ton of games, but I expect we will be much more competitive this season. With all the starters returning and players coming back taller and stronger than the previous season.

Your Pick(s) Section Favorite: Cass Lake is always tough in our Subsection because they put in a ton of work in the offseason. Red Lake County will be tough again this year as defending champs in Section 8.

What is your projected starting lineup? I'm not making any preseason predictions with 7 different kids getting significant minutes last season. Also, the last 2 seasons there have been players that shocked me the first day of practice taking several leaps forward compared to the previous season. Looking forward to seeing the boys compete and earn spots.

Where are they now? Notable alumni:

Cale Zemke: United States Coast Guard
 Brady Zemke: United States Coast Guard
 Chad Brueyere: United States Marine Corps
 Hayden Renemo: Family Farm
 Waylon Johnson: Family Farm
 Landen Maki: Welder in the Ironworkers Union
 Shaedon Bowman: Attending college at Bemidji State University
 Wyatt Shaw: LOW Sheriff Deputy
 Ashton Peterson: Attending college at Rainy River
 Joshua Dorow: Attending College at Idaho State University
 Garrett Jensen: Working at Lund Boats and attending vocational school



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Lake of the Woods

Bears Girls' Basketball

11/25	@ Roseau
12/5	Cass Lake Bena
12/9	@ Laporte
12/11	Red Lake
12/12	Pine River Backus
12/16	@ Blackduck
12/19	@ Isle
12/20	@ Isle
1/6	International Falls
1/8	@ Kelliher Northome
1/12	Warroad
1/13	Clearbrook Gonvick
1/15	@ Northern Freeze
1/20	@ Nevis
1/22	@ KCC
1/23	WHA
1/26	@ Goodridge Grygla
1/27	Kelliher Northome
1/30	@ Red Lake
2/2	@ Warroad
2/5	Blackduck
2/9	Bagley
2/10	@ Littlefork Big Falls
2/17	@ Clearbrook Gonvick
2/20	Roseau

COACH'S COMMENTS

DALE BRUNE

Conference Name: North Border**Section or Region:** 8A**Number of Years Coaching:** 5 years Head Girls Varsity**Last Year's Record:** 5-18 overall 3-8 in conference**Returning Starters:**

Kendal Bowman

Kaylee Pieper

Lexi Brune

Ava Haack

Please provide a few stats for returning players:

Kendal	11.9 pts	6.3 rebounds
Kaylee	5.4 pts	3.6 rebounds
Lexi	6.5 pts	4.4 rebounds
Ava	11 pts	10.3 rebounds

Coach's Outlook/Expectations:

To be honest, I have no idea what to expect. We will need last year's starters to play significant minutes and step up as a full unit this year. We have 6 players in 10th-12th grade that will be the core Varsity and then there are 7 incoming Freshmen that will have to do some spot duty in every game. We are looking at a rougher start but are also hoping to make big improvements by the end of the season.

Your Pick(s) Section or Region Favorite: Kelliher / East Grand Forks Sacred Heart**What is your projected Starting lineup?** Kendal Bowman, Kaylee Pieper, Lexi Brune, Ava Haack, Sophie Block



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THE NORTHERN STAR KRWB

Lake of the Woods

Bears Boys' Hockey

11/21	@ Red Lake Falls
11/25	@ International Falls
12/2	@ Bagley-Fosston
12/6	@ MayPort-CG
12/9	@ Fort Frances
12/12	KCC
12/16	Red Lake Falls
12/19	Wadena Deer Creek
12/29	@ Roseau Tournament
12/30	@ Roseau Tournament
12/31	@ Roseau Tournament
1/3	@ Ely
1/9	@ Moose Lake Willow River
1/13	Bagley-Fosston
1/16	Ely
1/20	@ Greenway
1/23	Two Harbors
1/24	Park Rapids Area
1/27	TRF
1/30	@ KCC
2/2	Fort Frances
2/7	@ Park Rapids Area
2/12	International Falls

COACH'S COMMENTS

BRETT NYLANDER

Conference Name: Northwest**Section:** Section 8A**Number of Years Coaching:** 3**Last Year's Record:** 4-19-0**Returning Starters:** Dawson Canfield, Jonah McDougal, Zack Brouse, Jack Bessler**Please provide a few stats for returning players:****Dawson Canfield:** 23GP, 13G, 12A, 25PTS**Jonah McDougal:** 23GP, 5.76GAA, .855SV%**Zack Brouse:** 23GP, 1G, 3A, 4PTS**Players to Watch:** Dawson Canfield, Jonah McDougal, Zack Brouse, Thad Olson

Coach's Outlook/Expectations: We have a young team and a short bench. We will have 5 players that should be playing at the Bantam level, so experience will be a factor. Our goals are simple; develop young talent and improve throughout the season. As always, this will be a Bears team that is hard to play against and never quits.

Your Pick(s) Section Favorite: EGF**Where are they now? Notable alumni:**

NHL Alum: Keith Ballard (retired), Alex Lyon (Buffalo Sabres)
D1 NCAA Alum: Derek Olson (Air Force), Matt Gens (St Cloud), Jon Waibel (Minnesota), Corey Rudd (Army), Brent Olson (Air Force), Brett Nylander (Air Force), Aaron Gens (Alaska), Jay Clark (Army), John Clark (Army), Greg Beller (Yale)



October 10, 2025

For Immediate Release:

From: Tom Critchley; MBCA Executive Director

For further information: <http://www/mshsca.org/boysbasketball>

2025 MBCA Hall of Honor

The MBCA Hall of Honor has been established to honor those persons who have helped to improve/promote/ and or serve basketball in Minnesota. Honorees have been longtime supporters of their local teams or have given outstanding service to the game of basketball. Awards are given in four categories: Officials, Media, Coach - Head/Assistant, and Friend of Basketball. Hall Of Honor inductees can be nominated by a MBCA member, the MBCA Executive Board, or the MBCA Hall of Fame committee.

The following individuals will be inducted as members of the MBCA Hall of Honor in 2025:

- **Matt Bare; Friend of Basketball** – Matt has worked for the Timberwolves for 22 years. Over the last 17 years, Matt has dedicated his efforts to engaging with the youth, Coaches, and high school basketball communities, forming meaningful relationships with hundreds of coaches and volunteers across Minnesota and beyond. His work has helped over 4,000 youth and high school teams experience the unique opportunity to play on the Target Center court helping to create lifelong memories for those players. Through his commitment to community engagement and youth outreach, Matt has been instrumental in helping the Timberwolves build the top-rated youth basketball department in the NBA. During the pandemic, Matt found another way to stay connected to the basketball community by launching the *Bare's Den Podcast*, which features in-depth conversations with high school basketball coaches and other key contributors to the game.
- **Jim Birkemeyer; Media** – “Birk” has been a dedicated radio broadcaster since 1982, bringing the excitement of basketball and other sports to listeners with his unique ability to “paint the picture” of the game. Known for his passion and energy, Jim’s broadcasts, with his “cliché words”, are designed to make listeners feel as though they are right there in the action, whether it’s a high-profile game or a season-long rivalry. Throughout his career, Jim has earned a reputation for his commitment to fairness, always keeping the audience engaged and voicing respect regardless of the score or the athletes on the court. His passion extends beyond play-by-play, with the creation of “Coaches Corner” programs, the “Good Student Awards,” and other initiatives that have positively impacted coaches, programs, and student-athletes.



- **Ron Groth; Official** – Ron started his career officiating in Omaha, Nebraska in 1971 while going to school; he continued officiating when he moved to the Twin Cities in 1974. During his tenure as an official he worked over 1,600 games, including State Tournament and Section Championships. Ron and his main partner, fellow Hall of Honor inductee Doug Johnson, officiated the Big 9 Conference and countless games in the Twin Cities metro area for boys and girls basketball. He served multiple terms as President of the Suburban Officials Association. Ron coached youth football and basketball and in addition to his work on the court officiated high school football, with his last game being the State Tournament.
- **Brad Johnson; Friend of Basketball** – Brad has served Minnesota Schools for over 5 decades. He has been a Teacher, Coach, Activities Director, and High School Principal at Spring Valley and Rushford-Peterson; a total of 38 years (18 at Spring Valley and 20 at R-P). In his time at Spring Valley he coached basketball at all levels; junior high, junior varsity, and he was the Head Coach for 13 years. Brad was instrumental in the success at Rushford-Peterson including 7 State Championships in 5 different sports. He is currently in his 16th year as the MSHSL Region 1A Executive Secretary. As an administrator Brad served on the Region 1A Committee and managed Boys Basketball Tournaments for the Region. He also served on the MSHSL Board of Directors; 2003-2007. Brad was named to the MSHSL Hall of Fame in 2024.
- **Doug Johnson; Official** – Doug grew up in Tracy, MN, in a family with annual state basketball tournament tickets and gained a love for high school basketball at an early age. Coinciding with a 30-year teaching and coaching career based in Woodbury, Doug officiated basketball (and also football) for most of three decades from the late 1970s to the early-2000s; over 1,450 games. Most of his basketball-officiating career was spent working with his friend and St. Olaf classmate, Ron Groth, in the Twin Cities and southern Minnesota. Later in his career, Doug and his son, Greg, officiated many weekend and summer league games together.

- **Steve Makowske; Official** – Steve has been a registered official with the Minnesota State High School League for 47 years. He has worked more than 5,000 college and high school games in his career. In 2010 he was a member of the first class to receive the MSHSL Distinguished Service Award. Steve helps lead the officials training and observer programs for the League and in 2020 he became the State Coordinator of Basketball Officials. Steve has been a presenter at MBCA Fall Clinics and has been a great ally for Coaches in rules initiative movements in Minnesota and the country. He is a proud member of the Gopher State Officials Association, serving on the board for 20+ years. Steve also serves as the State Golf Class A Tournament Manager.
- **John Otto; Coach** – Coach Otto has spent his entire educational career of 58 years serving Ulen-Hitterdal schools. His teaching and coaching career began at Ulen in 1968. In the first 34 years of his 58 years at Ulen-Hitterdal, John served as the Head Football Coach (34 years), Head Boys Basketball Coach at Ulen (68-69) and when Ulen and Hitterdal merged in 1969 he became the Boys B Squad Coach for 23 years (69 to 93). During the last 10 years of that 34 year stint (93 to 02) he served as the Girls Basketball Head Coach. John also coached Summer Rec Baseball (Pee Wee, Little League, Babe Ruth) for 34 years as well as Legion Baseball Coach for Twin Valley/Ulen-Hitterdal for 12 years. Since retirement the last 24 years, he has continued to serve as a Volunteer Football Coach, substitute teacher, and bus driver. John drives Sport Buses for all the sports the school has in its Athletic Programs and even serves as the score keeper during Boys and Girls basketball games.
- **Neil Tesdahl; Coach** – Neil started his teaching/coaching career in 1987 at Wells-Easton where he served as an assistant coach for Varsity FB and boys tennis. He moved to Crosby-Ironton in 1988 where over his tenure as a Ranger, he coached boys Junior High baseball, Varsity girls softball, ninth grade girls basketball, ninth grade boys basketball, assistant Varsity football, and boys basketball JV/varsity assistant. Upon his retirement from teaching in 2024 and moving to Chanhassen, he hit the gridiron once again assisting the Shakopee Sabers FB program. Neil has received the following honors; Butch Nash Assistant Coach of the Year for football, the MSHSCA and MBCA Assistant Coach of the Year for basketball, MFCA 35 year service award, and the 2024 Bob McDonald Leaving a Lasting Legacy award. Neil was inducted into the Crosby-Ironton Hall of Fame in 2024.

The honorees will be honored guests, recognized, and presented with an award at the MBCA Fall Clinic Awards Luncheon at the Mpls. Hyatt Regency, Friday, October 24, 2025.

Lake Park Audubon
Raiders Boys' Basketball

11/29	Henning
12/2	Rothsay
12/4	@ WHA
12/5	Mahnomen/Waubun
12/9	NCE-UH
12/12	@ Underwood
12/16	Breckenridge
12/18	@ Park Christian
12/29	Border West
12/30	TBD
1/6	@ Fertile Beltrami
1/8	Win-E-Mac
1/13	Climax Fisher
1/15	Ada-Borup-West
1/17	@ NCE-UH
1/20	@ Crookston
1/23	Fosston
1/27	Park Christian
1/29	@ Mahnomen/Waubun
2/5	Brandon Evansville
2/7	Ada-Borup West @ Target Center
2/10	@ Hawley
2/12	@ Bagley
2/19	@ Frazee
2/24	@ Hillcrest
2/27	Battle Lake

COACH'S COMMENTS
LANDON SCHULTZ

Conference Name: Pine to Prairie
Section or Region: 6A
Number of Years Coaching: 5
Last Year's Record: 7-20
Returning Starters: Luca Beske, Troy Nerdahl, Leif Shervey
Please provide a few stats for returning players:
Luca Beske - 20 ppg, 4 rebounds & 3 assists per game
Troy Nerdahl - 8 ppg
Players to Watch: Mac Voth, Luca Beske, Tydan Eiter
Coach's Outlook/Expectations: We have some younger underclassmen that will be pushing for more impactful roles this season & have a large group of seniors that are fairly experienced. We are going to look to play at a fast pace & be a tough-nosed defensive team.
Your Pick(s) Section or Region Favorite: Park Christian, Benson, Henning
What is your projected starting lineup? Luca Beske, Mac Voth, Tydan Eiter, Leif Shervey, Jackson Kastel
Where are they now? Notable alumni: Jesse Bergh - trying out for the G-League & Grant Pederson - Concordia Cobber alum, currently coaching boys basketball at Detroit Lakes

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Lake Park Audubon

Raiders Girls' Basketball

11/21	@ Bagley
11/25	Crookston
12/4	NCE-UH
12/5	Mahnomen/Waubun
12/12	@ Underwood
12/16	@ New York Mills
12/18	Henning
12/19	Park Christian
12/29	@ Pelican Rapids Tournament
12/30	@ Pelican Rapids Tournament
1/5	@ Fertile Beltrami
1/8	Win-E-Mac
1/13	Climax Fisher
1/15	Ada-Borup-West
1/16	Sebeka
1/20	Breckenridge
1/22	@ Park Christian
1/23	Fosston
1/26	@ NCE-UH
1/29	@ Mahnomen/Waubun
2/2	@ Frazee
2/7	Ada-Borup-West @ Target Center
2/9	@ Rothsay
2/10	@ Hawley
2/17	Battle Lake
2/19	Hillcrest

COACH'S COMMENTS KAILA CAPOUCH

Name of Team: Lake Park Audubon Raiders

Conference Name: Pine to Prairie

Section: 6A

Number of Years Coaching: 4th

Last Year's Record: 18-7

Returning Starters: Kendra Nelson- Guard
Gracie Olson- Point Guard
Ellen Schuauer- Guard
Flynn Mattson- Guard/Forward
Ava Cucich- Guard
Katelyn Smith- Guard

Players to Watch:

Kendra Nelson- team captain - leader on and off the court
Gracie Olson- point guard- runs offense & great defender
Ellen Schuauer- all around player

Flynn Mattson- strong guard that fights the bigs
Ava Cucich- explosive player off our bench- spark plug

Katelyn Smith- flexible player off the bench

Coach's Outlook/Expectations: Have a lot of returning players who have a lot of playing experience at the varsity level. Hoping for a competitive year with a winning record.

**Listen for Lake Park Audubon
Radio Coaches on the Coaches Corner
Saturday Mornings on KRJB 106.5FM**

United Clay Becker

Badgers Boys' Wrestling

12/2	@ Sauk Centre Triangular	1/9	Terry Teiken Tournament
12/6	@ Fosston Tournament	1/15	@ NYM Triangular
12/11	Triangular vs Alexandria and DGF	1/16	HOL Tournament @ Perham
12/12	Barnesviller	1/20	@ Sebeka Triangular
12/13	@ Crookston Tournament	1/29	Triangular vs LPGE and Pelican Rapids in Hawley
12/18	@ Fergus Falls Triangular	1/31	@ Larimore Tournament
12/20	@ Grafton Tournament	2/6	@ Detroit Lakes
1/6	@ Park Rapids Quad		



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Lisbon

Broncos Boys' Basketball

12/13	@ Maple River
12/16	@ Richland
12/19	@ Enderlin
12/22	@ Lamoure Litchville Marion
1/2	Sargent County
1/5	@ Valley City
1/8	Oakes
1/12	Kindred
1/15	@ Central Cass
1/16	HCV
1/20	Northern Cass
1/27	@ Oak Grove
1/30	Wahpeton
2/2	Valley City
2/5	@ Carrington
2/6	MayPort-CG
2/9	@ Kindred
2/12	Central Cass
2/19	@ Northern Cass
2/27	Oak Grove
3/2	@ Wahpeton

COACH'S COMMENTS
JASON KUNZE**Conference Name:** ND Class A**Region:** Region 1**Number of Years Coaching:** 3rd**Last Year's Record:** 13-9**Returning Starters:** Cameron Cordero, Jordan Bittner (torn ACL out for season), Owen Gilbert**Please provide a few stats for returning players:**

Cameron Cordero- 13.7 pts, 3 reb, 1.5 stl, 3 asst, 22 3pt made

Jordan Bittner- 11.5 pts, 4.5 reb, 1 asst, 2 stl, 34 3 pt made

Owen Gilbert- 7 pts, 6.8 reb, 1 blk

Players to Watch: Cameron Cordero, Owen Gilbert, Hayden Enger, Colby Maus, Evan Tuhy, Sully Kelsen, Carter Keller

Coach's Outlook/Expectations: The 25-26 Broncos will be led by an experienced group of seniors which includes returning All-Region selection, Cameron Cordero. He led the Broncos in scoring last season and looks to bring more to his game in his final season as a Bronco. Jordyn Bittner is a two year returning starter that was third in scoring and led a good defensive game for the Broncos. The Broncos also look for big minutes from seniors Owen Gilbert and Colby Maus. Owen is the top returning bench player that worked his way into the starting lineup for a couple of game at the end of the season. He will look to fill in on the scoring end and be the rim protector the Broncos have been looking for. Coby played some huge minutes off the bench last season. He came in and played tough defense and gave the Broncos a spark on the offensive end. After missing his sophomore season, junior Hayden Enger returns to help the Broncos. Hayden is another long body that will look to be counted on for scoring and rebounding. He's another player that looks to protect the paint on the defensive end as well. The 25-26 Broncos have some other bench players they look for big minutes from. Juniors Evan Tuhy and Blake Qual, along with sophomores Sully Kelsen and Carter Keller look to get minutes in varsity games while leading the junior varsity.

Your Pick(s) Region Favorite: My top 4 for the region are:

1. Kindred
2. Wahpeton
3. Lisbon
4. Central Cass

What is your projected starting lineup?

Cameron Cordero, Colby Maus, Evan Tuhy, Owen Gilbert, Hayden Enger

Where are they now? Notable alumni: Cameron Cordero signed with Mayville State to play basketball this fall for next season.

Lisbon

Broncos Girls' Basketball

12/2	@ Northern Cass
12/5	@ Richland
12/9	@ Wahpeton
12/12	Oakes
12/16	Oak Grove
12/19	@ Enderlin
12/22	@ Lamoure Litchville Marion
1/6	@ Valley City
1/9	Wyndmere Lidgerwood
1/12	Kindred
1/15	@ Central Cass
1/20	Northern Cass
1/23	@ Oak Grove
1/27	Wahpeton
1/29	Valley City
1/31	@ Grafton
2/5	@ Sargent County
2/6	MayPort-CG
2/9	@ Kindred
2/12	Central Cass
2/13	TBD
2/17	Carrington

COACH'S COMMENTS
KARA TUHY**Conference Name:** DNA**Region :** Class A, Region1**Number of Years Coaching:** 11th year coaching, 2nd year as head coach**Last Year's Record:** 3-18**Returning Starters:** Senior Ryatt Wertman, Juniors Brynley Differding, Brynn Wiltse and Kamryn Hoff**Please provide a few stats for returning players:**

Ryatt W – 9 ppg

Brynley D – 8 ppg, 7 rpg

Brynn W – 8 ppg, 6 rpg

Players to Watch: Seniors Mara Kempel and Carly Mairs will add defensive hustle and outside scoring. Sophomores – Lailie Dick will give us some post presence and Ava Adair great court awareness. Incoming freshmen are an athletic class that will give us some size and compete for varsity spots: Jada Nims, Kennady Hartl, Mara Nelson, Emily Waletzko, Lexi Huether, Morgan Gentzkow, Audra Kempel, Madi Hoff and Kaylee Erdmann

Coach's Outlook/Expectations: We knew last year would be a learning year with young players and no varsity experience, besides the jump to class A. Girls spent the summer in the gym and worked hard to shore up ball control and scoring threats plus are better prepared for the physicality. I am expecting our confidence and abilities on the court to continue to grow towards us being competitive in Region 1.

Your Pick(s) Region Favorite: Valley City and Kindred**What is your projected starting lineup?** Ryatt, Brynley, Brynn. Remaining spots will depend on what I see in November!**Where are they now? Notable alumni :**

Elizabeth Lyons and Jamie Reinke are 2018 and 2019 grads who are two of our top career Bronco players. They will be joining me in the gym this year as assistants, which is very exciting!

Watch Lisbon Sports on
Yourliveevent.com



Lisbon

Broncos Boys' Wrestling

11/25	@ HCV Triangular
12/4	Oakes Dual
12/6	@ Wahpeton Tournament
12/11	@ Valley City
12/13	@ Carrington Tournament
12/18	@ Carrington
12/20	@ Valley City Tournament
1/8	South Border Dual
1/9	@ Central Cass Lettermen's
1/10	@ Central Cass Lettermen's
1/13	Central Cass Dual
1/15	@ North Sargent Quad
1/22	@ LMM Quad
1/23	Storhaug Tournament
1/24	Storhaug Tournament
1/30	East West at New Salem
1/31	East West at New Salem

COACH'S COMMENTS

RICH LACINA

Conference Name: East Region/ South East Region Duals

Number of Years Coaching: 24

Last Year's Record: 13-3

Returning Starters: We return everyone except for Aiden Hinkle (Our HWT last year)

Please provide a few stats for returning players:

Noah Anderson and Eli Lyons both placed 3rd at state last year and look to find the top of the podium. Cruz Reinke took 4th last year. Griffen Greenley took 4th as well at state.

Players to Watch: The whole team!

Coach's Outlook/Expectations: We are going to give it heck and try to win both sides.

Your Pick(s) Section or Region Favorite: Lisbon

What is your projected starting lineup?

107- Nyus Lyons
114- Micah Froemke
121- Noah Anderson
127- Greyson Lyons
133- Gavin Robertson
139- Ryan Enge
145- Griff Greenley
152- Ryan Enge/Ian Anderson
160- Cruz Reinke
172- Eli Lyons
189- Riley Lacina
215- Madden Schwab
285- Brock Lyons

Where are they now? Notable alumni:

Boeden Greenley at NDSU



Lisbon

Broncos Girls' Wrestling

12/5	Lisbon Tournament
12/6	Lisbon Tournament
12/12	@ Carrington Tournament
12/16	@ West Fargo Triangular
12/18	@ Carrington DUal
12/19	@ Ashley Triangular
12/20	@ South Border Border Brawl
1/2	@ Fargodome Rumble on Red
1/3	@ Fargodome Rumble on Red
1/6	@ Grand Forks Central Triangular
1/9	@ Bemidji Tournament
1/10	@ Bemidji Tournament
1/13	Central Cass
1/16	Storhaug Tournament
1/17	Storhaug Tournament
1/22	Lisbon Quad
1/24	@ West Fargo Tournament
1/31	@ Casselton Belle of the Brawl

COACH'S COMMENTS

JACOB REVIER

Region: East

Number of Years Coaching: 5

Last Year's Record: 10-10

Returning Starters: Melina Rebsom, Addison Bouman, Mady Crellin, Arlie Ramerman, Lyla Gillespie, Emersyn Schwab, Veda Carlblom, Viloet Hehn, Alexis Reinke, Ava Carlblom, Cora Oster, Lilly Oster, Nevaeh Buffett, Ella Sad

Please provide a few stats for returning players:

Emersyn Schwab State 4th, Ava Carlblom State Runner-up, Nevaeh Buffett State 5th, Ella Sad State 4th

Players to Watch: Emersyn, Ava, Neveah, Ella, Adaleene Hansen

Coach's Outlook/Expectations: Looking forward for the sport to continue to grow and develop across the country. Hoping to have a solid last year for our 10 seniors.

Your Pick(s) Section or Region Favorite: Lisbon

What is your projected starting lineup? Melina Rebsom, Addison Bouman, Mady Crellin, Arlie Ramerman, Lyla Gillespie, Emersyn Schwab, Veda Carlblom, Viloet Hehn, Alexis Reinke, Ava Carlblom, Cora Oster, Lilly Oster, Nevaeh Buffett, Ella Sad

Where are they now? Notable alumni:

Jenna Baarson competing at University of Jamestown

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Mahnomen Waubun

Thunderbirds

Boys' Basketball

12/2	Sacred Heart
12/4	@ Ada-Borup-West
12/5	@ LPA
12/9	Northern Freeze
12/11	@ BGMR
12/12	Park Christian
12/16	Cass Lake Bena
12/19	@ NCE-UH
12/22	@ Breckenridge
1/5	@ Fosston
1/10	DGF
1/13	NCE-UH
1/15	Bagley
1/19	Red Lake
1/22	Ada-Borup-West
1/23	@ Park Christian
1/27	Fertile Beltrami
1/29	LPA
2/3	Win-E-Mac
2/6	@ Climax Fisher
2/10	Nevis
2/13	Deer River @ Bemidji
2/17	@ Red Lake County
2/19	Stephen Argyle
2/24	@ Clearbrook Gonvick

COACH'S COMMENTS
JOHN CLARK JR**Conference Name:** Pine to Prairie**Section:** 8A**Number of Years Coaching:** 20 plus**Last Year's Record:** 8-17**Returning Starters:** Brody Lhotka, Ethan Jackson, Tate Houdek, Anthony Thompson**Coach's Outlook/Expectations:** We expect to be much improved from last season. We bring most of our players back who gained valuable experience last year. Hoping to improve as the year progresses and make a run in the playoffs**Your Pick(s) Section or Region Favorite:** RLC**Where are they now? Notable alumni:**

Nick Lerud currently resides in Florida, Sam Lerud currently resides in Callaway.



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Mahnomen Waubun

Thunderbirds

Girls' Basketball

11/21	RLCC
11/25	@ Clearbrook Gonvick
12/2	Sacred Heart
12/4	Ada-Borup-West
12/5	@ LPA
12/9	Northern Freeze
12/11	@ BGMR
12/12	Park Christian
12/16	@ Pelican Rapids
12/19	@ NCE-UH
12/22	Fertile Beltrami
1/5	Crookston
1/6	@ Fosston
1/8	@ Park Christian
1/13	NCE-UH
1/15	Bagley
1/19	Red Lake
1/22	@ Ada-Borup-West
1/23	Win-E-Mac
1/27	@ WHA
1/29	LPA
2/6	@ Climax Fisher
2/10	Nevis
2/12	@ RLCC
2/19	Stephen Argyle

COACH'S COMMENTS

JON SYVERSON

Conference Name: PTP**Section:** 8A**Number of Years Coaching:** 3rd with girls program**Last Year's Record:** 17-12**Returning Starters:** Peyton McArthur Gordon, Kenley Syverson**Please provide a few stats for returning players:**

Peyton McArthur Gordon 8ppg 7rpg 3apg

Kenley Syverson 11ppg 5rpg 3 dog

Katie Zima 2ppg 2rpg 2spg

Players to Watch: Peyton, Kenley and Katie**Coach's Outlook/Expectations:** I expect our girls to play hard, compete no matter the opponent and improve every week. We will have a lot of young and inexperienced players this year, so it should be fun watching them grow.**Your Pick(s) Section Favorite:** Sacred Heart & Northome Kelliher**Where are they now? Notable alumni:** All of our former players are doing well and the Thunderbird program is proud of them.

Mahnomen Waubun

Thunderbirds

Boys' Wrestling

12/4	Crookston in Waubun
12/6	@ HCV Dual Tournament
12/9	@ WHA Triangular
12/13	@ Crookston Tournament
12/18	@ Frazee Triangular
12/20	@ Monticello Invite
1/2	@ Rumble on Red at Fargodome
1/3	@ Rumble on Red at Fargodome
1/8	@ Park Rapids Triangular
1/9	@ Terry Teiken Invite in Lake Park

1/16	@ Roseau Triangular
1/17	@ TRF Tournament
1/20	@ Sebeka Triangular
1/23	Quad at Mahnomen
1/27	@ BGMR Triangular
2/5	@ Fertile Beltrami

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Maple River

Raiders Boys' Basketball

12/13	Lisbon
12/15	Medina
12/18	Griggs-Midkota
12/22	@ MayPort-CG
1/3	@ Edgeley Kulm Montpelier
1/6	@ Valley City Barnes Co Tournament
1/8	@ Valley City Barnes Co Tournament
1/9	@ Valley City Barnes Co Tournament
1/13	Enderlin
1/16	@ Sargent County
1/19	Hatton-Northwood
1/26	@ Ellendale
1/27	Barnes Co North
1/30	@ Tri State
2/3	Hankinson
2/6	@ Richland
2/9	Wyndmere Lidgerwood
2/12	@ Oakes
2/17	@ LLM

COACH'S COMMENTS

CHASE CARPENTER

Conference Name: District 1

Section or Region: Region 1

Number of Years Coaching: 6 Years as an assistant,
1 under Ethan Preston, and 5 under Jay Kocka

Last Year's Record: 13-10, 6-2 @ home

Returning Starters: Blake Theurer, Preston Dows,
Colby Weshnevski

Please provide a few stats for returning players:

Blake Theurer - 9.8 PPG, 2 RPG, 64 Total Assists, 45 Total 3's Made
Colby Weshnevski - 6.3 PPG, 4.5 RPG, 33 Total Assists
Preston Dows - 3.5 PPG, 4.1 RPG, 60 Total Assists
Damien Norrie - 2.6 PPG, 2.7 RPG, 22 Total Assists

Players to Watch: Blake Theurer, Colby Weshnevski, Preston Dows

Coach's Outlook/Expectations: Have an older group that has played together for many years. We lost about 80% of our scoring from last year (Tee Sylling and Carter Baasch) from our top 2 positions, so finding ways for players to step into a scoring role and getting other teammates involved. We will lack in size, but will have to counter that with playing hard and physical. Need to find guys that I can trust to handle the ball consistently.

Your Pick(s) Section or Region Favorite: Hankinson and Oakes will be the teams to beat in our District

What is your projected starting lineup? Blake Theurer, Preston Dows, Damien Norrie, Colby Weshnevski, and Owen Tichy

Where are they now? Notable alumni: Jordan Haseleu - Teaches and coaches at Central Cass



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Maple River

Raiders Girls' Basketball

12/2	Medina
12/4	@ Oak Grove
12/9	@ Valley City Barnes Co Tournament
12/11	@ Valley City Barnes Co Tournament
12/12	@ Valley City Barnes Co Tournament
12/19	@ HCV
12/22	@ MayPort-CG
12/29	Grafton
1/2	Edgely Kulm Montpelier
1/10	LLM
1/12	@ Oakes
1/15	Wyndmere Lidgerwood
1/19	Hatton Northwood
1/20	@ Richland
1/22	Hankinson
1/27	Barnes Co North
1/29	@ Sargent County
1/30	@ Tri State
2/2	Enderlin
2/5	@ Griggs Midkota

COACH'S COMMENTS
NATHAN HOOTS**Region:** District 1 & Region 1**Number of Years Coaching:** 8**Last Year's Record:** 19-7**Returning Starters:** Violet Richman, Abigail Killoran, Claire Ihry**Please provide a few stats for returning players:**

Violet Richman: 18.2ppg/3.3rpg/84steals/92assts/50-3ptFG

Abigail Killoran: 6.2ppg/4.4rpg/42steals/43assts

Carly Hovelson: 5.2ppg/4.0rpg

Claire Ihry: 4.5ppg/3.1rpg/19steals/34assts

Hallie Besette: 3.6ppg/2.4rpg/28steals/41assts

Players to Watch:

Carly Hovelson returning from missing the final 23 games of the season last year after an ACL tear.

Lila Richman

Sophia Satrom

Hallie Besette

Aliyah Hannig

Coach's Outlook/Expectations: We are very excited to build off of another positive year for our program. Although losing two solid seniors from that team that lost in the State Qualifier game is tough, we have high hopes once again. It will be great to bring back one of our leaders in Carly Hovelson who missed the final 23 games of the season due to a knee injury, and Violet Richman returns looking to build off an all-state season. They will have plenty of other options on this team to work with as saw lots of growth from several players this past year.

Your Pick(s) Region Favorite: LaMoure-L-M is the favorite in Region 1

What is your projected starting lineup?

All the players mentioned above as returning starters and players to watch are in the mix for the starting 5

MayPort

Ice Dawgs Boys' Hockey

11/22	@ Morris Benson
11/25	@ Grafton
11/29	@ Bottineau
12/2	KCC
12/6	LOW
12/12	@ Crookston
12/19	Bismarck
12/20	@ KCC
12/22	@ Red Lake Falls
12/29	@ Roseau Tournament
12/30	@ Roseau Tournament

12/31 @ Roseau Tournament

1/8 Bagley Fosston

1/10 Wadena Deer Creek

1/15 Red Lake Falls

1/16 Morris Benson

1/27 Wahpeton

1/31 @ Fergus Falls

2/6 @ Bismarck

2/7 @ Hazen

2/10 @ Devils Lake

2/14 TBD

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MayPort-CG

Patriots Boys' Basketball

12/12	@ North Star
12/15	@ Thompson
12/18	@ Four Winds Minnewakan
12/22	Maple River
12/30	@ Kindred
1/2	@ HCV
1/6	@ Valley City Tournament
1/8	@ Valley City Tournament
1/9	@ Valley City Tournament
1/15	@ Grafton
1/22	Carrington (Finley Sharon School)
1/23	@ New Rockford Sheyenne
1/27	@ Northern Cass
2/3	HCV
2/6	@ Lisbon
2/10	Grafton
2/14	Rugby
2/16	Devils Lake
2/19	Oak Grove
2/27	@ Harvey Wells County
3/3	Thompson

COACH'S COMMENTS
TAYLOR KUNKEL**Conference Name:** Class A**Region:** Region 2**Number of Years Coaching:** 11**Last Year's Record:** 11-12**Returning Starters:** Bricker Johnson, Noah Djibonon, Wyatt Perkins, Connor Dockter**Players to Watch:** Bricker Johnson, Noah Djibonon, Wyatt Perkins

Coach's Outlook/Expectations: May-Port CG looks to build off a year of learning from the 24-25 season. We were very young last year and a lot of guys gained valuable experience. We graduated two seniors and will return two juniors from last years team. The boys have brought a lot of intensity and energy into the offseason in the weight room and on the court.

We will look to use the experiences gained last year to propel us in our new region and division. We know that the physicality, style of play, and intensity will change in our new region. The guys have responded well and we look forward to a new challenge. We return 8 players that saw significant time on the court last year and have made great strides this offseason. Our scoring leaders in Noah Djibonon and Bricker Johnson will be looked at to create opportunities for others, while also being able to score. Defensively, we should be able to defend well and stay in front of the other teams that we will play. A big emphasis will be placed on finishing possessions. Wyatt Perkins will have the duty of guarding most teams best scorer, while Sam Weaver will be a strong post presence for us. Shooting guards Jayd Larson, Cross Kitchen, and Connor Dockter will attack when they can and find open space on the floor. Case Judisch can go inside or play outside and can create mismatch opportunities at times.

Patriot Basketball looks forward to the 2025-26 season as we know that we can compete at a high level. It may take some time to get acclimated to the new division but hope to be playing our best when it matters most.

Your Pick(s) Region Favorite: Devils Lake**Where are they now? Notable alumni:**

Landon Koenig, Ole Miss Baseball, Xyler Carlson-Mayville State Football, Marshall Judisch-Mayville State Baseball, Logan Krueger-Mayville State Football, Jake Hutter- Mayville State Baseball

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MayPort-CG

Patriots Girls' Basketball

12/5	South Prairie @ Minot
12/6	Bottineau @ Minot
12/9	Oak Grove
12/12	Sargent County
12/15	@ HCV
12/16	@ Thompson
12/22	Maple River
12/30	@ Kindred
1/6	Four Winds Minnewakan (Finley Sharon School)
1/8	@ Benson County
1/15	@ Grafton
1/20	@ Devils Lake
1/23	@ New Rockford Sheyenne
1/26	Thompson
1/27	@ Northern Cass
2/3	HCV
2/5	Grafton
2/6	@ Lisbon
2/10	@ Carrington
2/14	Rugby
2/17	Harvey Wells County

COACH'S COMMENTS
KEENAN KONSCHAK**Conference Name:** Red River Valley Conference**Region:** Region 2**Number of Years Coaching:** 3**Last Year's Record:** 18-7

Returning Starters: Kiaza Carlson 16.4ppg, 2.4rpg, 5.0apg, 3.8spg – Hudson Zerface 11.9ppg, 4.3rpg, 2.9apg – Jordyn Carpenter 18.0ppg, 5.7rpg, 2.3apg, 4.2spg – Paelyn Strand 3.1ppg, 7.7rpg, 0.5apg, 1.8bpg

Please provide a few stats for returning players:
Kylie Kroepelin 2.6ppg, 2.4rpg, 0.4apg – Ella Flaten 1.3ppg

Players to Watch: Kiaza Carlson, Hudson Zerface, Jordyn Carpenter, Kya Hurst, Addy Sage, Claire Kolling, Suri Gourd, Marah Johnson, Presley Brown, Tylie Brodina, Ava Beck

Coach's Outlook/Expectations: The 2025-26 Patriots will be moving up to the very competitive Class A division. The team has all the tools that can create some very good basketball. We have guards that can score and take care of the ball. Adjusting to the new class and teams will most likely take time, but the overall goal of being great teammates will lead to success. There are some very, very good teams in Region 2, so the Patriot defense will be tested.

Your Pick(s) Region Favorite: Thompson, Devils Lake**What is your projected starting lineup?**

- 1.) Kiaza Carlson
- 2.) Jordyn Carpenter
- 3.) Hudson Zerface
- 4.) Kylie Kroepelin
- 5.) Paelyn Strand



Norman County East-Ulen Hitterdahl

Titans Boys' Basketball

12/2	Breckenridge
12/5	@ Park Christian
12/9	@ LPA
12/11	@ Hawley
12/16	@ Ada-Borup-West
12/19	Mahnomen/Waubun
12/29	Rothsay
1/2	@ Bagley
1/3	West Central Area
1/8	@ Frazee
1/9	@ Fosston
1/13	@ Mahnomen/Waubun
1/15	Park Christian

1/17	LPA
1/20	Ada-Borup-West
1/22	Fertile Beltrami
1/23	Climax Fisher
1/27	Henning
1/29	@ Win-E-Mac
2/6	@ Detroit Lakes
2/12	Barnesville
2/17	@ Perham
2/19	@ New York Mills
2/23	Crookston
2/24	Underwood
2/27	Hillcrest Academy

COACH'S COMMENTS

KAIN SCHOW

Conference Name: Pine-to-Prairie

Section: 6A

Number of Years Coaching: 10 years (1st as HC)

Last Year's Record: 13-15

Returning Starters: Jace Braseth, Bryce Braseth, Brock Fox, Parker Anderson

Please provide a few stats for returning players:

Jace Braseth [20.5 PPG, 3P% 29.4]

Bryce Braseth [10.2 PPG, 3.7 SPG]

Brock Fox [9.7 PPG, 2.5 SPG]

Parker Anderson [6 RPG, 1 BPG]

Players to Watch: Jace Braseth, Bryce Braseth, Brock Fox

Coach's Outlook/Expectations: I expect us to enter the year as a favorite in our half of Section 6A. We have a huge group of seniors who are eager to prove themselves and bring back some notoriety to the Titans basketball program.

Your Pick(s) Section Favorite: Park Christian, NCE-UH, Henning

What is your projected starting lineup? Jace Braseth, Bryce Braseth, Brock Fox, Parker Anderson, Axel Kiono

Where are they now? Notable alumni: Aidan Flaten (Class of 2024) - playing year 2 of basketball at Rochester Community College
Broden Lien (Class of 2021) - played 2 years of basketball at SDSU, currently a volunteer coach with local basketball teams

Brett Braseth (Class of 2017) - assistant coach under Brett Maass at Detroit Lakes High School

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Norman County East-Ulen Hitterdahl

Titans Girls' Basketball

11/20	Underwood
11/25	Rothsay
12/4	@ LPA
12/8	@ Fosston
12/9	@ New York Mills
12/16	@ Ada-Borup-West
12/19	Mahnomen/Waubun
12/22	Clearbrook Gonvick
1/2	@ Bagley
1/3	West Central Area
1/6	@ Henning
1/13	@ Mahnomen/Waubun

1/19	Fertile Beltrami
1/23	Climax Fisher
1/26	Lake Park Audubon
1/29	Park Christian
1/30	Ada-Borup-West
2/5	@ Win-E-Mac
2/9	@ Park Christian
2/13	@ Crookston
2/16	Ashby
2/19	Laporte
2/20	Battle Lake

COACH'S COMMENTS

JODI FLATEN

Conference Name: Pine-to-Prairie

Section: 6A

Number of Years Coaching: 24 in various sports & levels. Head GBB Coach the first 4 years of the Titans co-pairing, many years off, and now back!

Last Year's Record: 3-24

Coach's Outlook/Expectations: I believe the Titans GBB team is ready for a fresh start with a new style of play and a renewed team culture. We have many players who are eager to embrace that challenge and who will bring a strong work ethic and a will to win into the season. With a new coaching staff, there may be some adjustments along the way, but our returning players are prepared to compete. I expect this season to be an exciting step forward for our program.

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Northern Cass

Jaguars Boys' Basketball

12/12	North Border
12/19	@ Cass Lake Bena
12/29	at Carrington vs Watford City
12/30	@ Carrington vs Nedrose
1/2	@ Richland
1/6	Oak Grove
1/8	@ Wahpeton
1/13	Valley City
1/17	Carrington
1/20	@ Lisbon
1/23	HCV
1/27	MayPort-CG
1/29	Drayton Valley Edinburg
2/2	@ Oak Grove
2/9	@ Valley City
2/10	Cavalier
2/12	@ Midway Minto
2/17	Barnes County North
2/19	Lisbon
2/27	@ Central Cass
3/2	@ Kindred

COACH'S COMMENTS

BRYCE LAXDAL

Region: Class A Region 1

Number of Years Coaching: 8th Yr at NC

Last Year's Record: 15-6

Returning Starters: Myles Frohlich, Parker Zieske, Hudson Rietschel

Please provide a few stats for returning players:

Hudson - School Record 68 Made 3s last year. Brooks Crockett 53 Made 3s last year

Players to Watch: Brooks Crockett was our 6th man last year, he had a really good summer.

Coach's Outlook/Expectations: We lost a lot of size to graduation, we will have good ball skills and outside shooting. When we are hot we will be tough, when we are off - rock fights

Your Pick(s) Region Favorite: Kindred

What is your projected starting lineup?

Myles F, Hudson R, Chris H, Brooks C, Parker Z

Where are they now? Notable alumni:

Trey Husar - SDSU Baseball

Landon Moser - Jamestown Basketball

Northern Cass

Jaguars Girls' Wrestling

11/22	@ Lisbon Triangular
12/2	@ Valley City
12/11	@ Roseau Triangular
12/13	@ Grand Forks Tournament
12/16	Home Triangular
12/19	@ Valley City Triangular
12/20	@ Grafton Tournament

1/2	Rumble on the Red Fargodome
1/3	Rumble on the Red Fargodome
1/6	@ Edgeley Kulm Montpelier
1/17	@ Lisbon Tournament
1/22	Home Triangular
1/31	@ Central Cass Tournament

COACH'S COMMENTS

GABE DAVIDSON

Region: East Region

Number of Years Coaching: 4

Returning Starters: Avery Davidson, Isabelle Erickson

Please provide a few stats for returning players: Isabelle is a 2 time state qualifier. Avery is a state qualifier last year in her first year. Also finished 2nd in the state in takedowns on the year with 91.

Players to Watch: I expect Avery and Belle to have strong seasons. They both are hard workers and will be hungry to improve and build on their respective finishes from last season.

Coach's Outlook/Expectations: Our girls team is growing fast. We are anticipating around 10-12 wrestlers on our team. Avery and Belle will be good leaders for our team going forward. We are excited to compete in duals and hopefully regional duals this year.

What is your projected starting lineup?

100 - open	136 - Anabel Steinberger
106 - Hannah Johnson	142 - Abri Sorensen
112 - Lucy Johnson	148 - Joslynn Johnson
118 - Lylla Pritchard/Makenna Affield	155 - Evelyn Johnson
124 - Avery Davidson	170
130 - Isabelle Erickson / Lola Johnson	190 - Ryanne Davis
235 -	

Northern Cass

Jaguars Girls' Basketball

12/2	Lisbon
12/5	@ Grafton
12/9	@ Valley City Barnes County Tournament
12/11	@ Valley City Barnes County Tournament
12/12	@ Valley City Barnes County Tournament
12/15	@ Central Cass
12/18	@ Kindred
12/29	@ Carrington vs Dickinson
12/30	@ Carrington vs Hazen
1/6	Oak Grove
1/9	@ Wahpeton

1/13	Valley City
1/17	Carrington
1/20	@ Lisbon
1/23	HCV
1/27	MayPort-CG
1/29	@ Oak Grove
1/30	Kindred
2/3	Wahpeton
2/9	@ Valley City
2/16	Central Cass

COACH'S COMMENTS

KOLBY VANDER WAL

Conference Name: Division A

Region: Region 1

Number of Years Coaching:

5th year coaching basketball, 1st year all NC Girls Head Coach

Last Year's Record: 8-17

Returning Starters: 4

Please provide a few stats for returning players:

Tess Jalbert	8 ppg - 3.8 Reb Avg - 21 Asst's
Liv Olson	2 ppg - 4.3 Reb Avg - 14 Asst's
Kadence Husar	4.2 ppg - 3.7 Reb Avg - 60 Asst's
Carly Rider	4.4 ppg - 2.8 Reb Avg - 26 Asst's
Carson Melander	0.2 ppg - 0.5 Reb Avg - 3 Asst's

Players to Watch: Tess Jalbert, Liv Olson, Kadence Husar, Carly Rider, Emma Hovdenes, Carson Melander

Coach's Outlook/Expectations: I'm confident we're going to have a great season. This summer, the girls showed tremendous growth and really came together as a team. Their chemistry is strong because many of them have played alongside each other for years, and that experience shows. On top of that, we have a talented young group stepping up who will complement our veteran leaders and add depth to our roster.

Your Pick(s) Region Favorite: Valley City and Northern Cass

What is your projected starting lineup?

Kadence Husar, Tess Jalbert, Carly Rider, Carson Melander, Liv Olson

Where are they now? Notable alumni:

Haydien and Halle Crockett both playing basketball at University of Jamestown

Emma and Ellie Lucas both playing volleyball at VCSU

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Northern Cass

Jaguars Boys' Wrestling

11/22	@ Lisbon Triangular
12/1	@ HCV Triangular
12/6	@ Hillsboro Dual Tournament
12/11	@ Roseau Triangular
12/13	@ Grand Forks Tournament
12/15	@ MayPort-CG Triangular
12/16	Home Triangular
12/20	@ Grafton Tournament
1/2	Rumble on the Red Fargodome
1/3	Rumble on the Red Fargodome
1/6	TBD Triangular
1/9	@ Central Cass Tournament
1/10	@ Central Cass Tournament
1/15	@ Forman Tournament
1/22	TBD Triangular
1/23	@ Lisbon Tournament
1/24	@ Lisbon Tournament
1/31	@ LLM

COACH'S COMMENTS
GABE DAVIDSON

Region: SE region duals. East region.

Number of Years Coaching: 4

Returning Starters: Isaac Davidson, Remington Burnside, Atticus Gietzen, Jackson Ness, Nai Kur, Luke Walski

Please provide a few stats for returning players:

Luke Walski is a returning state qualifier.

Players to Watch: With his first full season under his belt, Luke Walski was able to qualify for state tournament. He had a great off season of lifting weights and should be a force at 189 this year.

Isaac Davidson will return after a season ending injury. He was able to accumulate 20 wins as a 7th grader in half a season last year. He should have a strong year at 107.

Coach's Outlook/Expectations: Again, we are a young team, with 8th graders making up the majority of our team. We will hopefully get a few upper classmen that make their way back to wrestling after a couple years off. We will continue to build on the foundation that has been set.

A season ending injury to Anders Hovdenes is a tough blow. He has been a key part of our team since our first year. He will be missed.

What is your projected starting lineup?

107 – Isaac Davidson	145 –
114 – Owen Steinberger	152 – Trevor Lee
121 – open	160 – Nai Kur
127 – open	172 – Atticus Gietzen
133 – Remington Burnside	189 – Luke Walski
139 – Jackson Ness	Hwt – Kayden Williams

Where are they now? Notable alumni:

Reed Volden returns to assistant coaching role.



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Park Christian

Falcons Boys' Basketball

12/2	Ada-Borup-West
12/5	NCE-UH
12/9	Climax Fisher
12/12	@ Mahnomen/Waubun
12/16	Bagley
12/18	LPA
12/20	Perham @ Concordia
1/2	Rothsay
1/6	TBD
1/10	Henning @ Perham
1/13	@ Ada-Borup-West
1/15	@ NCE-UH
1/20	Win-E-Mac

1/22	@ Underwood
1/23	Mahnomen/Waubun
1/27	@ LPA
1/29	@ Ashby
1/31	Hillcrest
2/2	@ Fertile Beltrami
2/6	West Central Area
2/10	@ Breckenridge
2/17	New York Mills
2/20	@ Frazee
2/24	@ Sacred Heart
2/27	Nevis

Park Christian

Falcons Girls' Basketball

11/21	TBA
11/25	@ Battle Lake
12/2	Ada-Borup-West
12/5	@ Sacred Heart
12/9	@ Climax Fisher
12/12	@ Mahnomen/Waubun
12/16	Bagley
12/19	@ LPA
12/29	@ Perham Tournament
12/30	@ Perham Tournament
1/8	Mahnomen/Waubun
1/10	@ WHA
1/13	@ Ada-Borup-West

1/16	@ West Central Area
1/20	Win-E-Mac
1/22	LPA
1/27	Breckenridge
1/29	@ NCE-UH
1/31	Hillcrest
2/3	@ Fertile Beltrami
2/6	@ Mayer Lutheran
2/9	NCE-UH
2/17	@ New York Mills
2/19	@ Underwood
2/20	Rothsay

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Red Lake County

Rebels Boys' Basketball

12/2	Goodridge Grygla
12/4	@ BGMR
12/9	@ EGF
12/11	Red Lake
12/13	@ Northern Freeze
12/16	Clearbrook Gonvick
12/19	@ Ada-Borup-West
12/30	@ Sacred Heart
1/6	TRF
1/8	Stephen Argyle
1/9	@ WAO
1/13	@ Clearbrook Gonvick
1/15	@ Crookston
1/17	Nevis @ BSU
1/20	@ KCC
1/22	Roseau
1/26	Sacred Heart
1/27	@ Stephen Argyle
1/30	WAO
2/5	Fosston
2/10	@ Goodridge Grygla
2/12	Northern Freeze
2/17	Mahnomen/Waubun
2/19	@ Fertile Beltrami
2/24	@ Win-E-Mac
2/27	Cass Lake Bena

COACH'S COMMENTS
STEVE PHILION**Conference Name:** North Star**Section:** Section 8A**Number of Years Coaching:** 52**Last Year's Record:** 31-3**Returning Starters:** Connor Duden, Ethan Johnson, Will Gieseke**Please provide a few stats for returning players:**

Duden: 19.8ppg, 4.8 rpg, 2.2apg, 1.6spg,

Gieseke: 10.7, 4.6, 4.0, 1.6,

Johnson: 4.9, 3.1, 1.3, .8,

Gunnar Halverson: 2.3, 2.1, .7, .3

Ben Gullingsrud: 6.0, 2.6, .9, 1.2

Players to Watch: Logan Vettleson, Alex Renner, Nick Suchy, Atley Vettleson, Thor Thompson, Benji Bramer, Nate Powers, Dylan Lundeen**Coach's Outlook/Expectations:** Looking for another good season with a lot of experience back and some talented JV players from last year moving up.**What is your projected starting lineup?**

Connor Duden, Will Gieseke, Ethan Johnson, Gunnar Halverson, Ben Gullingsrud

Where are they now? Notable alumni:

Owen Chervestad basketball at UMC

Red Lake County Central

Mustangs Girls' Basketball

11/21	@ Mahnomen/Waubun
11/24	Goodridge Grygla
12/1	@ Crookston
12/5	BGMR
12/12	Stephen Argyle @ TRF
12/15	Fosston
12/16	Clearbrook Gonvick
12/18	@ WAO
1/2	KCC
1/5	@ Goodridge Grygla
1/8	WAO
1/12	@ Win-E-Mac
1/13	Northern Freeze
1/15	@ Blackduck
1/19	@ BGMR
1/22	Stephen Argyle
1/23	@ Clearbrook Gonvick
1/26	@ Sacred Heart
2/2	@ Northern Freeze
2/5	@ KCC
2/6	Bagley
2/9	Win-E-Mac
2/12	Mahnomen/Waubun
2/17	@ Fertile Beltrami
2/20	Climax Fisher

COACH'S COMMENTS
MITCH BERNSTEIN**Conference Name:** Northern Galaxy**Section or Region:** Section 8A**Number of Years Coaching:** This will be my 6th season as head coach**Last Year's Record:** 12-15**Returning Starters:** Aubrey Halverson, Alexa Chervestad, Emma Hendrickson and McKaelyn Frizzle**Please provide a few stats for returning players:**

McKaelyn Frizzle averaged 11.1 ppg and 8 rpg,

Aubrey Halverson averaged 9.1 ppg and 6.6 rpg and shot over 81% from the TF Line.

Players to Watch: Aubrey, Alexa, McKaelyn and Isabelle Paradis**Coach's Outlook/Expectations:** We are looking to continue to improve and get an above .500 record for the 1st time since the 2019-2020 season.**Your Pick(s) Section or Region Favorite:** I believe it will be between Sacred Heart and Kelliher/Northhome again.**What is your projected starting lineup?** Aubrey Halverson, Emma Hendrickson, Natalee Hendrickson, McKaelyn Frizzle and Alexa Chervestad

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Red Lake Falls

Eagles Boys' Hockey

11/21	LOW	12/31	@ Proctor Tournament
11/28	@ Crookston	1/10	@ Park Rapids Area
12/1	Park Rapids Area	1/13	Detroit Lakes
12/2	Wadena Deer Creek	1/15	@ MayPort-CG
12/6	Morris-Benson	1/16	International Falls
12/9	KCC	1/20	@ Bagley-Fosston
12/11	Bagley-Fosston	1/24	Greenway
12/16	@ LOW	1/30	@ International Falls
12/20	@ Greenway	1/31	@ Fort Frances
12/22	MayPort-CG	2/2	@ Wadena Deer Creek
12/29	@ Proctor Tournament	2/5	@ TRF
12/30	@ Proctor Tournament	2/10	Crookston

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Roseau

Rams Boys' Basketball

12/1	TRF
12/4	@ EGF
12/9	@ KCC
12/11	@ Warroad
12/16	@ Sacred Heart
12/18	EGF
12/22	@ TRF
1/2	Stephen Argyle
1/3	Menahga
1/8	Wadena-Deer Creek
1/9	@ Clearbrook Gonvick
1/12	@ Stephen Argyle
1/13	@ BGMR
1/15	KCC
1/19	@ Goodridge Grygla
1/22	@ Red Lake County
1/23	Northern Freeze
1/26	WAO
1/30	BGMR
1/31	Crookston
2/5	@ Northern Freeze
2/9	@ International Falls
2/17	Warroad
2/19	@ Crookston
2/24	Lake of the Woods

COACH'S COMMENTS

RYAN DEBOCK

Conference Name: Northwest Conference

Section: Section 8AA

Number of Years Coaching: 4 Years

Last Year's Record: 10-17

Returning Starters: Jordan Borowicz, Aiden Evitts

Please provide a few stats for returning players:

Jordan Borowicz: 23.8 ppg, 7.2 reb, 4.5 ast.

Aiden Evitts: 8.6 ppg, 4.9 reb.

Players to Watch: Jordan Borowicz and Aiden Evitts will be returning as the leaders of the group. We will rely on both of them in all facets of the game, but most importantly to help elevate the rest of the team who doesn't have a lot of combined experience.

Coach's Outlook/Expectations: We will be young and undersized so there will be a lot of learning and I'm sure there will be some growing pains, but we have a lot of talent as well so if it all comes together we could be a pretty difficult matchup.

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Roseau

Rams Girls' Basketball

11/25	@ LOW
12/2	TRF
12/9	Northern Freeze
12/11	@ Warroad
12/16	@ Crookston
12/18	@ International Falls
12/22	Stephen Argyle
1/2	Menahga
1/8	KCC
1/9	@ BGMR
1/13	EGF
1/15	@ Goodridge Grygla
1/16	@ TRF
1/20	Crookston
1/23	Northern Freeze
1/27	@ KCC
1/29	BGMR
1/30	@ Clearbrook Gonvick
2/2	International Falls
2/6	@ WAO
2/12	@ Stephen Argyle
2/13	Warroad
2/17	@ EGF
2/19	@ Win-E-Mac
2/20	LOW

COACH'S COMMENTS
KENNETH HAYDEN

Conference Name: Northwest Conference
Section or Region: Section 8AA
Number of Years Coaching: 15 years
Last Year's Record: 8-19
Returning Starters: Anna Ulvin, Brooklyn Hulst, Audrey Hayden, Emma Olson
Please provide a few stats for returning players:
Brooklyn Hulst: 12.7 PPG, 6.4 RPG, 4.1 APG, 4.4 SPG
Emma Olson: 5.3 RPG
Audrey Hayden: 15.7 PPG
Players to Watch:
Brooklyn Hulst will be the floor captain running the point guard, causing turnovers with her defense. She fills up the stat columns in on offense and defense
Anna Ulvin will be coming back from injury last year and will be crucial for her leadership, rebounding, and scoring
Audrey Hayden will be looked as an important part for the Rams rebounding and scoring attack
Coach's Outlook/Expectations: We will look to use our speed and athleticism on both the defensive and offensive sides of the ball to run a faster pace game
Your Pick(s) Section or Region Favorite: DGF, Perham, Hawley

Roseau

Rams Boys' Hockey

11/21	@ Grand Forks Red River
11/25	@ TRF
11/28	West Fargo Sheyenne
11/29	Moorhead
12/5	Grand Rapids
12/6	Rock Ridge
12/12	Sartell
12/13	@ Brainerd
12/18	@ Bemidji
12/29	Roseau Tournament
12/30	Roseau Tournament
12/31	Roseau Tournament
1/2	@ St Michael Albertville

1/3	@ St Cloud Tech
1/6	Warroad
1/10	Brainerd
1/13	@ East Grand Forks
1/16	Bemidji
1/22	@ Warroad
1/24	Elk River
1/27	@ Crookston
2/2	TRF
2/6	@ Proctor
2/7	@ Cloquet-Esko
2/12	East Grand Forks

Roseau

Rams Girls' Hockey

11/21	Buffalo
11/22	Sartell
11/24	@ TRF
12/5	Breck
12/6	Gentry Academy
12/12	@ Moorhead
12/13	@ Alexandria Area
12/18	Bemidji
12/20	St Cloud Tech
12/29	@ Eden Prairie Tournament
12/30	@ Eden Prairie Tournament

12/31	@ Eden Prairie Tournament
1/3	Brainerd
1/6	Warroad
1/8	@ East Grand Forks
1/13	Crookston
1/17	@ Brainerd
1/23	@ Crookston
1/27	@ Warroad
1/30	Rock Ridge
1/31	Moorhead

COACH'S COMMENTS
AMANDA GILES

Conference Name: Greater Minnesota
Section: Section 8AA
Number of Years Coaching: 11 years (25-26 will be 12 years); Roseau - 7 years Total (25-26 will be 8 years); RHS - 4 Years as Varsity Head Coach (25-26 will be year 5); 1 Year as varsity assistant coach; RYH (12U) - 2 years as head coach
River Lakes (HS) - 2 years as Varsity Head Coach
St. Cloud Youth Hockey (15U) - 2 years as head coach
Last Year's Record: 21-6-1
Returning Starters:
Jasmine Hovda - Sr, Captain, Forward; Karina Christianson - Sr, Forward; Ella Ketring - Jr, Captain, Forward; Greta Hedlund - Jr, Forward; Tatum Preteau - Jr, Forward; Amelia Kvien - Jr, Defense; Launa Ullman - Jr, Defense; Madi Lisell - Jr, Goalie

Please provide a few stats for returning players:
Jasmine Hovda - 18 G, 28 A, 46 P in 27 games;
Ella Ketring - 17 G, 15 A, 32 P in 28 games;
Karina Christianson - 6 G, 8 A, 14 P in 28 games;
Amelia Kvien - 4 G, 9 A, 13 P in 28 games;
Greta Hedlund - 5 G, 7 A, 12 P in 28 games;
Launa Ullman - 2 G, 9 A, 11 P in 28 games;
Madi Lisell - 18-6-1 record in 24-25, 2.39 GAA, 0.900 Save Percentage
Players to Watch: Jasmine Hovda has been a scoring force and leader since 8th grade. This 4 time captain will lead our team again this season and hopefully continue her productivity in the offensive zone. She has been in the top 3 scorers every HS season. Jas is extremely talented in all aspects of the game, speedy, and is an extremely hard worker. She sets the tone for our team and will be tasked with mentoring the many new players that will be taking on new roles this season.

Ella Ketring has been a big, strong force for us since 8th grade. Her 32 points last season were a career high and we'll need her to step up that production again this season. She has always been extremely good in the defensive end so we will be depending on her ability to set the tone defensively for our forwards this season. This season will be her first as a captain, but she has always been a leader in our locker room. She is very talented in all aspects of the game, extremely strong, big physical presence, fast, and a great teammate. Madi Lisell was huge in net for us last season and will be needed even more this year after losing 52% of our scoring and 3 out of our 5 defenseman from last season.
Amelia Kvien and Launa Ullman will play a huge role in leading our defensive corp. After losing 3 of our 5 defenseman last year, they will be logging a lot of minutes for us and will be leaned on for mentorship of the new incoming defenseman.
Coach's Outlook/Expectations:
We are looking to continue last year's success with a core of players based around our returners who have a lot of skill and experience, however we will need our younger/newcomers to step into new, bigger roles. We lost 52% of our scoring from last year, so our older players are going to need to pick up where our seniors from last year left off, but I'm hopeful and confident that our Juniors and Seniors are up for that challenge. Madi Lisell is going to have to be a brick wall in net this year again. Last year, we could outscore teams, this season we're going to need to be better defensively to be successful.
Your Pick(s) Section Favorite: Moorhead, Alexandria
Where are they now? Notable alumni:
Memphis Mertens - Concordia College (D3)
Lily Erickson - St. Cloud State University (D1)
Payton Remick - St. Cloud State University (D1)
Sophie Helgeson - Linkoping Hockey Club (SDHL, Professional Swedish Women's league)

Roseau

Rams Boys' Wrestling

12/6 @ Fosston Tournament	1/8 @ Pillager Quad
12/8 @ PCN	1/9 @ Central Cass Tournament
12/11 Triangular vs Northern Cass and PCN	1/10 @ Central Cass Tournament
12/13 @ Rock Ridge Tournament	1/16 Triangular with Mahanomen Waubun and Hibbing
12/19 @ NYM Quad	1/17 @ TRF Tournament
12/20 @ Grafton Tournament	1/27 @ Fosston Triangular
1/2 @ Blackduck Quad	1/29 @ Crookston Triangular
1/6 @ Park Rapids Quad	

COACH'S COMMENTS
JIMMY MACK**Conference Name:** Northwest Conference**Section:** Section 8A**Number of Years Coaching:** 4 years as head coach, 21 years as a high school wrestling coach**Last Year's Record:** 10-9**Returning Starters:**

Senior - Peyton Wold;
 Juniors - Tristan Carrizales and Owen Cummings;
 Sophomores - Toby Bryan, Chris Barlow, Keane Johnson, Barron Muirhead;
 Freshman - Brayden Krank, Hayden Picard, Brevyn Agre, and Cael Mack;
 8th Grade - Meryk Ullman

Please provide a few stats for returning players:Returners with Winning Records from last season

Toby Bryan 29-13; Owen Cummings 17-15; Cael Mack 18-17;
 Keane Johnson 15-15; Brayden Krank 13-13

Players to Watch:

Sophomore Toby Bryan will be a strong contender at the HWT weight class for the next three years. He was the Minnesota 9th Grade League State Champ last season and looks to take accomplishments to the next level.

Freshman Cael Mack will return to the 107 lbs weight class again this season after finishing last season with a winning record. He has fully grown into 107 spot this year.

Junior Owen Cummings should have a good season again this year as he will most likely fit into the same weight class as well after finishing last season with a winning record.

Junior Tristan Carrizales finished last season on a hot streak. If he can get himself into the right weight class this season, he'll have a lot of success this season.

Coach's Outlook/Expectations: We've finally grown into a little more experienced team after being a very young team the past three seasons. With still only 1 senior on the roster and losing three student athletes over the past two summers who transferred for "better opportunities", I still believe we'll be an improved dual team from last year's 10-9 team record. I like the makeup of the team and we've got a great group of kids who work really hard in the practice room.

Your Pick(s) Section Favorite: Frazee or United North Central(Menahga)

Roseau

Rams Girls' Wrestling

COACH'S COMMENTS

JIMMY MACK

Conference Name: Northwest Conference**Section:** 8

Number of Years Coaching: 4 years as head coach, 21 years as a high school wrestling coach

Returning Starters:

Senior - Mylee Vacura, Victoria Calunga, Jasmine Barlow
 Sophomores - Morgan Skoien, La'Meyah Williams, Teresa Calunga
 8th Grade - Kendyl Mack, Kamil Williams

Please provide a few stats for returning players:

Returners with Winning Records from last season
 Morgan Skoien 18-9, State entrant at 190 lbs last season
 Kendyl Mack 19-9
 Jasmine Barlow 16-9

Players to Watch:

Morgan Skoien - Will return back to the 190 lbs weight class this season looking physically stronger then last season. As a Freshmen, Morgan become the programs first girls state entrant. Her upside is really high and the sky is the limit for Morgan.

Kendyl Mack - Kendyl had a great 7th grade season last year compiling a 19-9 record at the 100 lbs weight class despite being a bit undersized. This offseason, she has grown into the weight class and has the potential to go quite far this offseason.

Jasmin Barlow - One of three seniors for the Rams this season. Jasmine looks to improve off her strong finish last year with a winning record. The small but quick and strong Barlow gives the Rams a very solid start to the lineup with her and Mack leading off.

Coach's Outlook/Expectations: We look to add more girls to the program this season, but things have slowly improved in terms of numbers and quality of wrestlers for the girls program. Regardless, we return a solid core of girls that most girls teams would be excited to send to the mat. I look for our individuals to have even more success this season and have a handful of individuals who will place at the individual section tournament with the chance to send a few to represent Roseau at the state tournament.

Your Pick(s) Section Favorite: Bemidji

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Sacred Heart Eagles Boys' Basketball

12/2	@ Mahnomen/Waubun
12/4	@ WAO
12/8	KCC
12/9	@ Stephen Argyle
12/13	Roseau @ TRF
12/18	@ BGMR
12/22	Northern Freeze
12/30	RLC
1/2	Goodridge Grygla
1/6	WAO
1/9	@ Cherry
1/10	@ Mountain Iron Buhl
1/13	Stephen Argyle
1/17	Cass Lake Bena
1/26	@ RLC
1/27	@ Clearbrook Gonvick
1/29	@ KCC
2/2	East Grand Forks
2/5	@ TRF
2/7	@ Northern Freeze
2/12	Ada-Borup-West
2/13	Clearbrook Gonvick
2/17	@ Goodridge Grygla
2/21	@ Thompson
2/24	Park Christian
2/26	@ Fertile Beltrami

COACH'S COMMENTS DESTRY STERKEL

Conference Name: North Star Conference

Section: Section 8A (West)

Number of Years Coaching: 11 years and entering year 12

Last Year's Record: 16-11

Returning Starters: SR. Ike Sundby; JR Jake Ortiz ;
SO Nick Satterlund

Players to Watch: SR Gabe LeTexier; SR Reez Eckerdt;
SR Reynolds Goodluck; SR Aryan Bhutani; JR Nathan Kaiser;
JR Caleb Ihry

Coach's Outlook/Expectations: We bring in a lot of guys who have had a really successful JV career and gained a lot of Varsity experience last season when we fought through injury and sickness for the entire year. We hope those experiences can translate to some more consistent basketball this year. We will play a lot of juniors and seniors and hope their leadership can help make a deep playoff run. We have now implemented a full-time strength and conditioning coach/program at Sacred Heart, and the guys have bought into becoming the strongest and fastest versions of themselves alongside being an unselfish and motivated group. We feel that we can use depth and experience to propel us to another great year of Eagles basketball.

Your Pick(s) Section Favorite: Fertile-Beltrami, Red Lake County and Stephen-Argyle are going to be incredibly tough to beat in a very deep 8A-West subsection. If I was forced to pick one, I would give the preseason nod to Fertile-Beltrami, but I do think many teams can end up being the Section 8A winners.

What is your projected starting lineup? Ike Sundby, Jake Ortiz, Nick Satterlund, Nathan Kaiser and Gabe LeTexier

Where are they now? Notable alumni: Josiah Sundby is in his sophomore year at Mayville State for basketball. Parker Erickson is in his freshman year at St. Cloud State for baseball.

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Sacred Heart Eagles Girls' Basketball

11/21	@ Northern Freeze
11/22	Crookston
11/25	Ada-Borup-West
12/1	Stephen Argyle
12/2	@ Mahnomen/Waubun
12/5	Park Christian
12/12	@ WAO
12/15	@ Fertile Beltrami
12/19	Hillcrest Academy
12/20	Sacred Heart Tournament
1/5	Fosston
1/6	WAO
1/9	@ Chisholm
1/10	@ Mountain Iron Buhl
1/13	@ Stephen Argyle
1/17	Cass Lake Bena
1/20	BGMR
1/23	@ Goodridge Grygla
1/26	RLCC
1/27	Northern Freeze
1/29	@ TRF
2/2	@ Breckenridge
2/6	@ BGMR
2/9	KCC
2/16	EGF
2/17	@ Climax Fisher

COACH'S COMMENTS BRIAN LOE

Conference Name: Northern Galaxy Conference

Section: Section 8A

Number of Years Coaching: 2nd year @ Sacred Heart (Prior Varsity experience in Thief River Falls, MN, Grygla, MN and Gilbert AZ)

Last Year's Record: 24-8

Returning Starters: Izzy Cwikla (12), Finley Horken (11), Leah Sundby (11), Lexi Lawrence (11), Lydia Risky (11)

Please provide a few stats for returning players:

Lexi Lawrence: 17pts/8.9reb/game. Lydia Risky: 11.3pts/4.9rebs/game. Finley Horken 11pts/3.3ast/2.4stls/game. Leah Sundby 10.6pts/4.5ast/2.6stls

Lexi Lawrence and Lydia Risky both reached 1k points last year as Sophomores. Leah Sundby and Finley Horken are very likely to reach 1k points this year as Juniors.

Players to Watch: Lexi Lawrence, Finley Horken, Leah Sundby

Coach's Outlook/Expectations: We have high expectations for the year, essentially returning all starters and contributors from last season. We expect to be able to defend well and utilize our size and athleticism to make it difficult for teams to guard us.

Your Pick(s) Section Favorite: Section 8a favorites: KCC, WAO, EGF SH, Northome Keliher, Cass Lake

What is your projected starting lineup? Izzy Cwikla, Finley Horken, Leah Sundby, Lexi Lawrence, Lydia Risky



Sargent County

Bulldogs Boys' Basketball

12/12	Valley City
12/15	LLM
12/19	@ Napoleon
12/30	Hatton Northwood
1/2	@ Lisbon
1/10	@ Linton HMB
1/13	@ Ellendale
1/16	Maple River
1/17	@ Edgeley Kulm Montpelier
1/20	Wyndmere Lidgerwood
1/22	@ Barnes Co North
1/24	@ Drayton Valley Edinburg
1/27	Tri State
1/30	@ Hankinson
2/3	Richland
2/6	@ Wyndmere Lidgerwood
2/10	Oakes
2/12	@ Enderlin
2/17	South Border

Sargent County

Bulldogs Girls' Basketball

12/5	@ South Border
12/9	@ Ellendale
12/12	@ MayPort-CG
12/18	LLM
12/19	@ Napoleon
12/20	Washburn at Jamestown
12/30	Hatton Northwood
1/2	@ Four Winds Minnewaukan
1/3	@ Benson County
1/8	Oakes
1/10	@ Linton HMB
1/12	@ Enderlin
1/17	@ Edgeley Kulm Montpelier
1/20	Wyndmere Lidgerwood
1/23	Richland
1/26	@ Hankinson
1/29	Maple River
2/2	Tri State
2/5	Lisbon



Stephen Argyle

Storm Boys' Basketball

12/2	@ BGMR
12/6	WAO
12/9	Sacred Heart
12/13	Goodridge Grygla @ TRF
12/16	Fertile Beltrami
12/18	KCC
12/19	Littlefork Big Falls
12/22	@ Roseau
12/30	@ TRF
1/6	BGMR
1/8	@ RLC
1/9	Roseau
1/13	@ Sacred Heart

1/16	@ Northern Freeze
1/20	Climax Fisher
1/23	@ KCC
1/27	RLC
1/30	@ Clearbrook Gonvick
2/2	@ Goodridge Grygla
2/3	@ WAO
2/6	@ Warroad
2/9	@ Crookston
2/10	@ Fosston
2/13	Northern Freeze
2/19	@ Mahnomen/Waubun
2/27	@ Climax Fisher

Stephen Argyle

Storm Girls' Basketball

11/21	WAO
11/25	Goodridge Grygla
12/1	Sacred Heart
12/12	RLCC
12/16	@ KCC
12/19	Fertile Beltrami
12/22	@ Roseau
1/2	@ Northern Freeze
1/5	@ BGMR
1/9	@ Win-E-Mac
1/13	Sacred Heart
1/19	KCC
1/20	Climax Fisher
1/22	@ RLCC
1/26	EGF
1/27	@ Warroad
1/29	@ WAO
2/2	BGMR
2/5	@ Goodridge Grygla
2/9	@ Crookston
2/10	@ Fosston
2/12	Roseau
2/16	Northern Freeze
2/19	@ Mahnomen/Waubun

COACH'S COMMENTS

DAVID SMITH

Conference Name: Northern Galaxy

Section: 8A

Number of Years Coaching: 2 years as Head Coach at Stephen Argyle

Last Year's Record: 9-14

Returning Starters: Jocelyn Groven, Emily Marquis, Ayla Woinarowicz

Please provide a few stats for returning players:

Stats are average per game:

Ayla Woinarowicz – 16.7 PPG, 12 RPG, .6 APG

Emily Marquis – 6.6 PPG, 2.9 RPG, 1.6 APG

Jocelyn Groven – 7.4 PPG, 3.3 RPG, 2.2 APG

Players to Watch: Ayla Woinarowicz

Coach's Outlook/Expectations: We are looking to improve on our record from last year, but more importantly looking to play consistently. We hope to do a better job on defense which will allow us to flow into our offense better than we did last year. Offensively, we need to be stronger with our guard play in order to utilize our forwards and post players which will be our strength going into the season.

Your Pick(s) Section Favorite: Sacred Heart

What is your projected starting lineup? Projected lines are hard at this point as we have some spots that are open and there are many players fighting for those positions. We feel that the 3 returning players will be in that line up but we have players right on the heels competing for a spot on that starting lineup. The first few weeks will be very competitive, and we will have to see how the starting lineup develops.

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Thief River Falls

Prowlers Boys' Basketball

12/1	@ Roseau
12/5	EGF
12/16	@ Goodridge Grygla
12/18	Roseau
12/19	@ Warroad
12/22	@ Ada-Borup-West
12/30	Stephen Argyle
1/2	@ Hawley
1/6	@ RLC
1/8	Northern Freeze
1/12	@ Grafton
1/15	@ Park Rapids Area
1/20	@ EGF
1/22	@ Barnesville
1/26	@ DGF
1/27	@ Crookston
1/30	Wadena Deer Creek
2/5	Sacred Heart
2/10	Pelican Rapids
2/13	Crookston
2/16	@ Win-E-Mac
2/19	Fosston
2/20	Warroad
2/24	@ Perham
2/26	@ Mahnomen/Waubun
2/27	@ Bemidji

Thief River Falls

Prowlers Girls' Basketball

11/21	KCC	1/15	Crookston
11/25	@ Win-E-Mac	1/16	Roseau
12/2	@ Roseau	1/20	Ada-Borup-West
12/5	EGF	1/22	Barnesville
12/11	DGF	1/27	BGMR
12/15	Northern Freeze	1/29	Sacred Heart
12/16	Warroad	1/30	@ Warroad
12/19	@ Wadena Deer Creek	2/5	@ Crookston
12/22	WAO	2/9	@ EGF
12/29	@ Fergus Falls Tournament	2/12	Hawley
12/30	@ Fergus Falls Tournament	2/17	@ Perham
1/9	@ Rock Ridge	2/19	@ Park Rapids Area
1/10	@ Hermantown	2/20	@ Fosston

COACH'S COMMENTS

JONATHAN HAMS

Conference Name: Northwest**Section or Region:** 8AA**Number of Years Coaching:** 15 years as a head coach**Last Year's Record:** 15-10**Returning Starters:** Bridger Wilcox, Wyatt Nelson**Please provide a few stats for returning players:**

Bridger Wilcox 21.8 pg (46%) 3.8 apg 6.9 rpg

Wyatt Nelson 9.7 pg (47%) 1.9 apg

Players to Watch: Bridger Wilcox, Wyatt Nelson, Tucker Grindelind**Coach's Outlook/Expectations:** We look forward to competing against what looks to be a tough section again. If we are able to improve after losing 3 starters in 2 bench players we look to compete with the top quarter of the section**Your Pick(s) Section or Region Favorite:** Barnesville**What is your projected starting lineup?**

Bridger Wilcox, Wyatt Nelson, Dylan Osowski, Jett Cornelius, Tucker Grindelind

Where are they now? Notable alumni:

Kyle Sanden Minneapolis Metro Area, Jack and Caleb Rosendahl playing basketball at Bethel

Thief River Falls

Prowlers Boys' Hockey

11/21	St Cloud Cathedral
11/25	Roseau
12/2	Bemidji
12/5	@ Detroit Lakes
12/6	Hopkins
12/11	@ Northern Lakes
12/16	@ Warroad
12/19	Princeton
12/20	Sauk Rapids-Rlce
12/22	@ Crookston
12/26	TRF Tournament
12/27	TRF Tournament
1/6	Crookston



1/10	WF Sheyenne
1/13	@ KCC
1/16	@ Little Falls
1/17	@ Fergus Falls
1/20	@ EGF
1/22	@ Red River
1/23	Greenway
1/27	@ LOW
1/29	Warroad
2/2	@ Roseau
2/5	Red Lake Falls
2/10	EGF

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Prowlers Girls' Hockey

11/21	Sartell
11/22	Delano
11/24	Roseau
11/28	TRF Tournament
11/29	TRF Tournament
12/9	@ EGF
12/12	Detroit Lakes
12/13	Fergus Falls
12/16	Warroad
12/19	@ LPGE
12/20	@ Northern Lakes

12/30	Proctor/Hermantown
1/5	@ Crookston
1/8	@ Detroit Lakes
1/9	@ Fergus Falls
1/13	@ Warroad
1/20	EGF
1/23	Mankato East
1/27	@ EGF
1/30	@ Cloquet
1/31	@ Grand Rapids

COACH'S COMMENTS

BRETT JOHNSON

Conference Name: Greater Northwest**Section:** 8A**Number of Years Coaching:** 9 years in TRF – 16 years total**Returning Starters:** Lila Dallager, Parker Olsonawski, Marley Anderson, Grace Knutson, McKenna Carr**Players to Watch:** Lila Dallager, Grace Knutson**Coach's Outlook/Expectations:** I think we should be in the mix for a section championship**Where are they now? Notable alumni:** Kali Knutson – St. Mary's University Women's hockey

Thief River Falls

Prowlers Boys' Wrestling

11/26	@ Melrose Tournament
12/4	Triangular vs Bemidji, Perham
12/6	@ Wadena Deer Creek Triangular
12/9	Triangular vs DL and Fosston Bagley
12/12	@ Grand Forks Central Tournament
12/13	@ Grand Forks Central Tournament
12/16	@ Park Rapids Triangular
12/20	@ Valley City Tournament
1/6	Triangular with Bemidji and GF Central
1/9	@ Minnewaska Tournament
1/10	@ Bemidji Invite
1/13	Triangular with BGMR and Mahnomen Waubun
1/17	TRF Tournament
1/22	@ Grand Rapids Quad
1/27	@ Fergus Falls Triangular
1/29	@ Moorhead
1/30	@ WHA Tournament
2/2	@ UMC Triangular with Crookston and Barnesville

COACH'S COMMENTS

KENNY GEISER

Conference Name: Northstar

Section: 8AA

Number of Years Coaching: 23

Last Year's Record: 15-7

Returning Starters: Kaiden Nelson, Lincoln Davis, Thomas Eidsmoe, Brian Berg, Tristan Hruby, Ian Jacobson, Damien Kazmierczak, Elias Motta, Aiden Eidelbes, Landen Larson, Hunter Miller, Chandler Pream, Joey Bruggeman

Please provide a few stats for returning players:

Landen Larson and Lincoln Davis are returning state entrants, Elias Motta returns with 30 plus wins from last season

Players to Watch: Lincoln Davis, Landen Larson, Brian Berg, Elias Motta, Kaiden Nelson

Coach's Outlook/Expectations: We aim to be top 4 in the section and hope to push for a section finals appearance

Your Pick(s) Section Favorite: Perham**What is your projected Starting lineup?**

107-Kaiden Nelson; 114-Konner Jensen; 121-Lincoln Davis; 127-Thomas Eidsmoe; 133-Brian Berg; 139-Ian Jacobson; 145-Aiden Eidelbes; 152-Tristan Hruby; 160-Elias Motta; 172-Landen Larson; 189-Hunter Miller; 215-Chandler Pream; HWT-Joey Bruggeman

Where are they now? Notable alumni:

Griffin Lundeen is wrestling at Northern State, Kale Geiser is wrestling at Northland, Cody Wiene and Damon Ferguson are at MSUM-Moorhead; Brady Kasprick is at Concordia.



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Thompson

Tommies Boys' Basketball

12/12	Wahpeton
12/15	MayPort-CG
12/19	@ Carrington
12/30	HCV
1/5	Harvey Wells Co
1/8	@ Grafton
1/15	Rugby
1/17	@ Central Cass
1/20	@ Oak Grove
1/23	Turtle Mountain @ Devils Lake
1/24	DesLacs Burlington @ Devils Lake
1/27	@ Langdon Area
1/30	Four Winds Minnewaukan
2/6	Carrington
2/9	@ HCV
2/12	Grafton
2/17	@ Ada-Borup-West
2/19	East Grand Forks
2/21	Sacred Heart
2/27	@ Devils Lake
3/3	@ MayPort-CG

COACH'S COMMENTS

SETH KUCHAR

Conference Name: Division A

Region: Region 2

Number of Years Coaching: 3 Head at Park River Fordville Linkin- 1st at Thompson

Last Year's Record: 17-10

Returning Starters: None

Please provide a few stats for returning players:

Noah Hippen- 4.4 ppg, 4.5 rpg, 1.1 spg
Gavin Oster- 5.9 ppg, 2.4 rpg, .4 spg

Players to Watch: Noah Hippen, Gavin Oster

Coach's Outlook/Expectations: We have a lot of varsity minutes to fill with only Noah and Gavin seeing time off the bench last year. We will be looking for new guys to fill those starting roles but I look forward to seeing who steps up into those opportunities.

Your Pick(s) Region Favorite: Four Winds/Devils Lake

Where are they now? Notable alumni: Here are guys from last year's team that are playing ball at the next level:

Karter Peterson- UND Football
Gavin Krogstad- Mayville State Basketball
Thomas Schumacher- Crookston Baseball
Drew Odenbach- Crookston Baseball



Go Tommies!



Thompson

Tommies Girls' Basketball

12/5	Kenmare @ Minot	1/16	Valley City @ Devils Lake
12/6	South Prairie @ Minot	1/17	Turtle Mountain @ Devils Lake
12/9	@ Grafton	1/22	Harvey Wells Co
12/16	MayPort-CG	1/26	@ MayPort-CG
12/19	@ Carrington	1/29	@ Four Winds Minnewaukan
12/22	@ Central Cass	2/2	@ East Grand Forks
12/30	HCV	2/5	Carrington
1/3	Kindred	2/10	Oak Grove
1/6	@ Langdon Area	2/13	@ Devils Lake
1/9	Devils Lake	2/17	Wahpeton
1/13	Grafton		

COACH'S COMMENTS

JASON BREND

Conference Name: NA (formerly the Red River Valley Conference)

Section or Region: Class A / Region 2

Number of Years Coaching: head coach - 22 years

Last Year's Record: 22-6

Returning Starters: Addison Sage, Kya Hurst, & Claire Kolling

Players to Watch: Abigail Olson, Norah Goulet, Nylah Goulet, Andie Schwab, Jena Schwabe, Jocy Oster, Vaya Trenbeath.

Coach's Outlook/Expectations: The Tommies return a handful of key players with big game experience along with a group of underclassmen who are eager to step into the spotlight and show their abilities. This group of girls play well together and have good knowledge of the game. They will have a nice mix of quickness and athleticism which should allow them to continue to play strong team defense and have a diverse scoring attack.

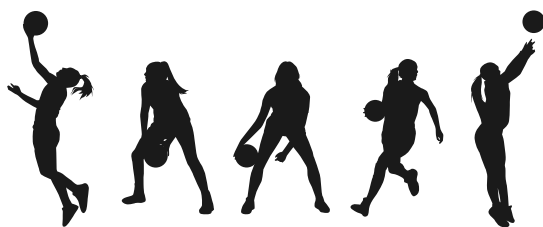
Your pick(s) section or region favorite: Devils Lake, Carrington, and May-Port-CG are all strong programs that once again return a strong nucleus of players.

What is your projected starting lineup?

Too early to tell. Competition for each starting spot began as last season ended. On Nov. 17 We will continue the evaluation process to see who has earned starting spots.

Where are they now? Notable alumni:

- 1) Jordan Tozer will be participating in track & field at the University of St. Cloud.
- 2) Sydney Schwabe will be participating in basketball and volleyball at Lake Region State College.
- 3) Olivia Dick will be participating in fastpitch softball at the University of North Dakota.
- 4) Mackenzie Hughes will be playing basketball at the University of North Dakota.



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Warroad

Warriors Boys' Basketball

11/28	@ Esko	1/13	@ International Falls
11/29	@ Duluth Marshall	1/26	@ KCC
12/1	@ Northern Freeze	1/27	EGF
12/2	WAO	1/29	Littlefork Big Falls
12/5	@ Crookston	2/3	Crookston
12/8	@ BGMR	2/5	BGMR
12/11	Roseau	2/6	Stephen Argyle
12/16	LOW	2/10	KCC
12/19	TRF	2/12	@ EGF
12/29	@ Pequot Lakes	2/17	@ Roseau
1/2	Wadena Deer Creek	2/19	@ Goodridge Grygla
1/3	Menahga	2/20	@ TRF
1/8	@ Bagley		

Warroad

Warriors Girls' Basketball

11/21	Blackduck	1/27	Stephen Argyle
11/25	International Falls	1/30	TRF
12/2	WAO	2/2	LOW
12/4	BGMR	2/3	Crookston
12/5	@ Crookston	2/5	@ BGMR
12/8	Kelliher Northome	2/10	@ International Falls
12/9	@ Littlefork Big Falls	2/13	@ Roseau
12/11	Roseau	2/17	Bagley
12/16	@ TRF		
12/18	@ Goodridge Grygla		
1/3	Menahga		
1/6	@ EGF		
1/8	@ Bagley		
1/12	@ LOW		
1/13	Goodridge Grygla		
1/15	@ KCC		
1/20	Northern Freeze		
1/22	Littlefork Big Falls		



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Warroad

Warriors Boys' Hockey

11/21	Delano
11/22	St Cloud Cathedral
11/28	Moorhead
11/29	@ Bemidji
12/2	East Grand Forks
12/5	Rock Ridge
12/6	Grand Rapids
12/8	@ International Falls
12/12	@ Mahtomedi
12/13	@ Orono
12/16	Thief River Falls
12/29	Grand Forks RR
12/30	Grand Forks Central
12/31	Notre Dame
1/6	@ Roseau
1/9	@ Cloquet
1/10	@ Hermantown
1/16	@ Detroit Lakes
1/17	@ WF Sheyenne
1/20	@ Crookston
1/22	Roseau
1/24	Hibbing
1/27	International Falls
1/29	@ TRF
2/2	@ East Grand Forks
2/10	Bemidji
2/13	@ Little Falls
2/14	@ Little Falls

COACH'S COMMENTS JAY HARDWICK

Name of Team: Warroad Boys Hockey

Conference Name: Mariucci

Section: 8A

Number of Years Coaching: 14

Last Year's Record: 20-7-1

Please provide a few stats for returning players:

Ryan Shaugabay 20g-34a-54pts

Broden Hontvet 8g-28a-36pts

Gavin Andersen 14g-13a-27pts

Sam Hard 8g-10a-18pts

Coach's Outlook/Expectations: Return a lot of players from last year and with new Bantam players we should have a lot of healthy competition.

Where are they now? Notable alumni:

Grant Slukynsky – Western Michigan University

Hampton Slukynsky – Western Michigan University

Daimon Gardner – St. Cloud State

Jayson Shaugabay – University of Minnesota-Duluth

Carson Reed – University of Alaska – Fairbanks

Blake Norris – University of Wisconsin Stevens Point

Matt Hard – Concordia College

Anthony Foster – University of Minnesota – Crookston

Carson Pilgrim – Tri-City (USHL)

Erick Comstock – Watertown (NAHL)

Murray Marvin-Cordes – Jainsville (NAHL)

Ryan Lund – Austin (NAHL)

Taven James – Aberdeen (NAHL)

Draydin Johnson – West Bend (NA3HL)

Warroad

Warriors Girls' Hockey

11/21	@ Holy Family Catholic
11/22	@ River Lakes
11/25	Bemidji
11/28	Andover
12/2	@ Crookston
12/5	Gentry Academy
12/6	Breck
12/11	@ EGF
12/16	@ TRF
12/19	St Cloud Tech
12/29	Crookston

12/30	Albert Lea
12/31	North Shore
1/6	Roseau
1/8	@ Bemidji
1/13	TRF
1/16	@ Orono in Bemidji
1/17	@ Hill Murray in Bemidji
1/22	@ Edina
1/27	Roseau
1/29	@ Moorhead
1/31	Rock Ridge

Win-E-Mac

Patriots Boys' Basketball

12/4	@ Fosston (Tournament)
12/5	@ Fosston (Tournament) TBD
12/9	Fertile Beltrami
12/12	Bagley
12/18	@ Climax Fisher
12/19	@ Greenway
12/20	@ Blackduck
1/5	Kelliher Northome
1/6	Ada-Borup-West
1/8	@ LPA
1/12	@ Fertile Beltrami
1/16	Goodridge Grygla
1/20	@ Park Christian
1/23	Clearbrook Gonvick
1/26	Climax Fisher
1/29	NCE-UH
1/30	@ Bagley
2/3	@ Mahnomen/Waubun
2/6	Fosston
2/10	@ WAO
2/12	@ BGMR
2/16	TRF
2/17	Crookston
2/20	Northern Freeze
2/24	Red Lake County
2/26	@ East Grand Forks

COACH'S COMMENTS
JERID COURNEYA

Conference Name: Pine to Prairie

Section: 8A

Number of Years Coaching: 18 Years, 5th as Head Coach

Last Year's Record: 10-18

Returning Starters: Joe Courneya, Hayden Jonson,
Jayden Haugen, Rian Bergh

Please provide a few stats for returning players:

Joe Courneya 23.6 PPG, 1066 Career points, 3.9 APG, 5.4 RPG,
2 SPG, 81% FT

Hayden Johnson 13.3 PPG, 477 Career points, 3 APG, 5.8 RPG

Jayden Haugen 4.3 PPG, 3.3 APG, 4.7 RPG

Players to Watch: Joe Courneya, Hayden Johnson, Jayden Haugen

Coach's Outlook/Expectations: With our strong class of Juniors
we expect to improve on last years win total as many players have
Varsity experience.

Your Pick(s) Section Favorite: Fertile Beltrami

Where are they now? Notable alumni: Justin Courneya 2024
graduate is a Sophomore playing College Basketball at Concordia-
Moorhead

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Patriots Girls' Basketball

11/21	Clearbrook Gonvick
11/25	TRF
12/1	Goodridge Grygla
12/2	@ Fertile Beltrami
12/5	KCC
12/12	Bagley
12/16	Northern Freeze
12/18	@ Climax Fisher
12/19	Fosston
12/23	@ Blackduck
1/6	Ada-Borup-West
1/8	@ LPA
1/9	Stephen Argyle
1/12	RLCC
1/13	Fertile Beltrami
1/15	@ Laporte
1/20	@ Park Christian
1/23	@ Mahnomen/Waubun
1/27	Climax Fisher
1/30	@ Bagley
2/3	@ Fosston
2/5	NCE-UH
2/9	RLCC
2/12	WAO
2/13	BGMR
2/19	Roseau

COACH'S COMMENTS

PAUL KASTER

Conference Name: Pine to Prairie

Section: 8A

Number of Years Coaching: 9 years Head Coach

Last Year's Record: 3 - 23

Returning Starters: Lauren Kaupang, Paige Breitbach

Please provide a few stats for returning players:

Lauren Kaupang 12.8 PPG 7.9 REB; Paige Breitbach 5.6 PPG 3.6 REB 2 AST; Clara Kolden 7.3 PPG; Ensley Haskett 6.3 PPG 7.8 REB

Players to Watch: It's time for them to decide!

Coach's Outlook/Expectations: We will have an abundance of youth this year with a dose of good experience thrown in. We will be relying on that experience to help develop and bring along that youth and if those 2 parts can mesh we should have a fun season.

Your Pick(s) Section Favorite: Sacred Heart, KCC, Kelliher/ Northhome

What is your projected starting lineup? It's going to be open for the taking, we will see if our younger players can push each other into developing into that role of "Starter".

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